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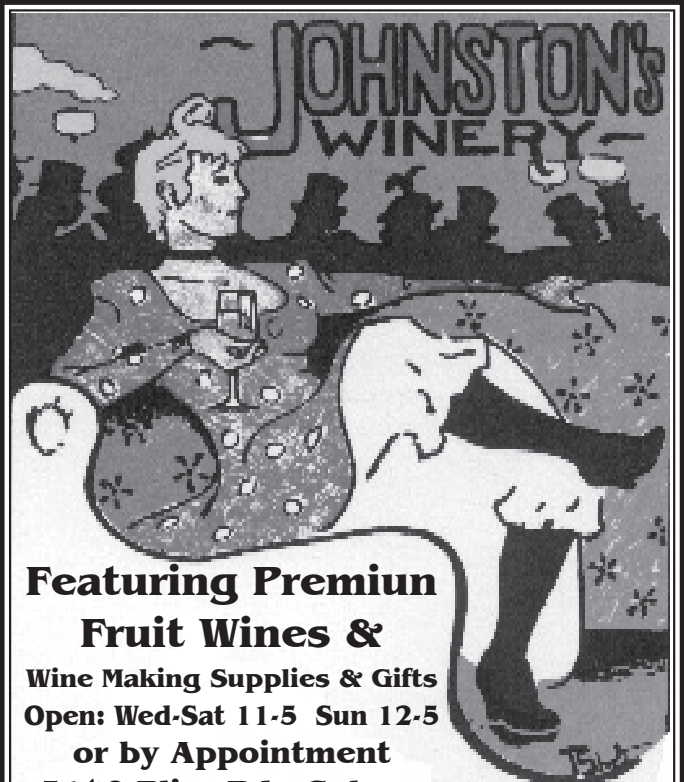
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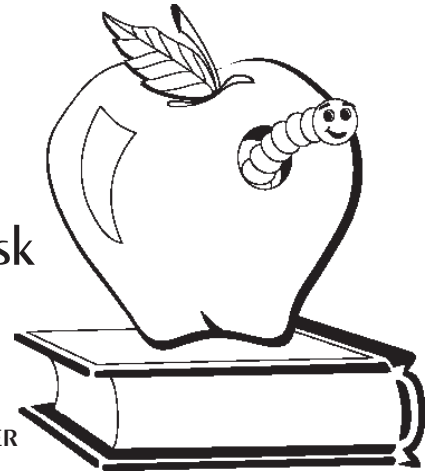
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- THURS 3 EdinBURG ZONING BOARD MEETING 7pm
- SUN 6 SACANDAGA LAKE RING OF FIRE AT DUSK
- MON 14 EdinBURG School BOARD 4pm
- Fri 11 Always REMEMBER 9-11
- Fri 11 SACANDAGA SENIORS 1:00pm
- MON 15 EdinBURG HISTORICAL SOCIETY 7pm Ed COMUNITY CENTER
- THURS 17 EdinBURG TOWN BOARD MEETING 6:30pm
- THURS 24 EdinBURG PLANNING BOARD 7pm
- Fri 25 SACANDAGA SENIORS 1:00pm

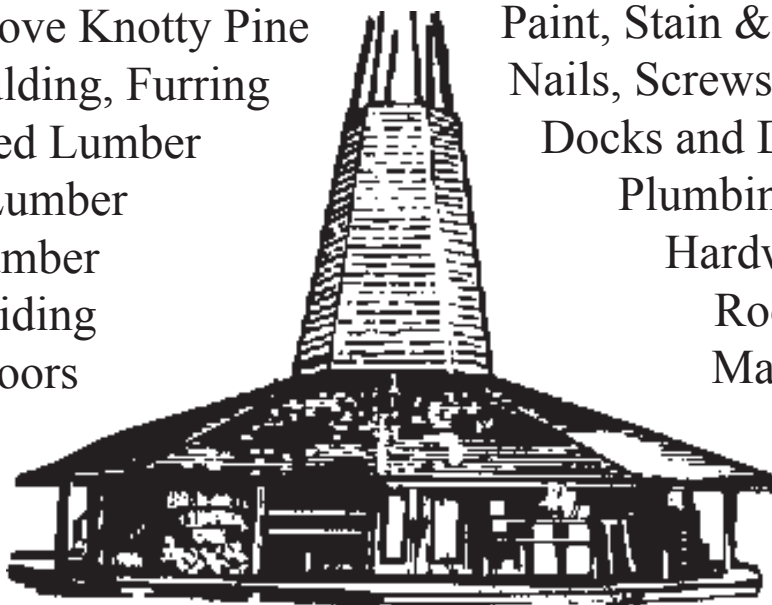


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Birthdays - Anniversaries & Other



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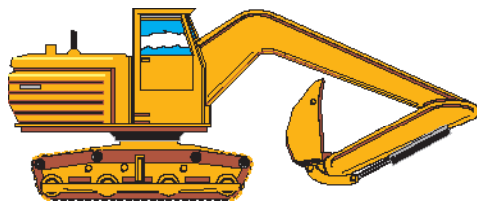
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Edinburg Historical Society

On Tuesday, September 15, 7 p.m. the Edinburg Historical Society will hold its monthly meeting at the Edinburg Community Center on Military Road. Children and parents from Mr. Sitt's former fourth grade class at Edinburg Common School will give a presentation on local history to culminate their studies. A student will be selected to receive the 2015 Nellie Tyrrell Award.

Officers for 2016 are: Maria Spaeth, president; Marge Ludwig, treasurer; Claudette Koza, secretary; Cynthia Kurtz, curator; Priscilla Edwards, Town of Edinburg Historian. Trustees are George Blackwood, Joyce Marcellino, Paul Fernhout and Priscilla Edwards. Lifetime Trustees are Bruce Brownell, Fred Brownell, Dorothy Edwards, Tressa Hopkiins, Marie Penino, Norma Porteus, Robert Stangle.

Don't forget to send us your recipes and stories for our new cookbook which will have an historic twist. Send us your recipes and family stories, a memory, funny story or tender moment. You do not have to be a member of EHS or reside in Edinburg.

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All stories and recipes are welcome. Mail your recipes and stories to Andrea Blackwood, 4 Morris Road, Edinburg, NY 12134 or email them to cckoza@yahoo.com.

The Edinburg Historical Society continues to raise funds for the restoration and maintenance of the Copeland Historic Site. Your donation of \$25 will purchase a share certificate for yourself, as a gift, in honor of a loved one or in memory of a loved one. Upon receipt of your donation, a certificate will be sent to the recipient you request and the name will be posted in the Copeland Covered Bridge. Send your request to the Edinburg Historical Society, PO Box 801, Northville, NY 12134. Forms are available at our website.

Visit the Society's website: www.EdinburgHistoricalSociety.com. All meetings and programs are free and open to the public.

Contact Maria Spaeth, president for further information at thespaeths@ymail.com or 863-7063.

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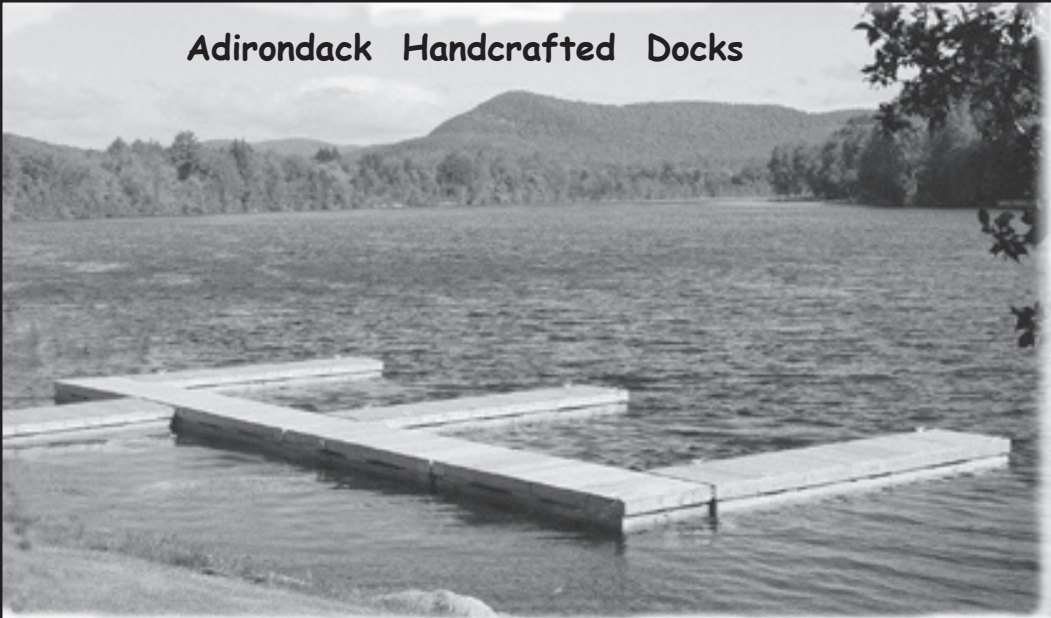
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HealthLink Littauer's WELLNESS WORDS

*Submitted by Carol Tomlinson R.N.
B.S., Community Health Educator*

STAND UP FOR HEALTH!

The studies just keep coming. Sitting for long periods may be very bad for your health and even your life expectancy. Sitting too much may cause health problems even if you exercise regularly.

Researchers at the Mayo Clinic have found that the longer you sit, the higher your risk of developing such health issues as:

- High blood pressure
- Heart disease (increases nearly 125%)
- Type 2 diabetes
- Weight gain
- Stress intolerance

Many of us sit about 8 hours a day in a vehicle, before the TV, doing crafts or puzzles, or other sedentary activities. Sitting for long periods is known to cause large muscles to burn less fat, blood sugars and triglycerides to rise, and blood to flow more sluggishly.

Experts say that sitting can cause health problems even if you exercise regularly. So while a 30 minute swim or fast walk may be great for you, it may not undue 8 hours of sitting. If you do exercise for 30 minutes, remember your health is

also affected by those other 23 ½ hours.

So what can you do if you already have a health problem that limits your mobility? First, check with your doctor about what movements are best for you. He or she may even recommend a physical therapist to introduce you to safe exercises.

But don't stop there! You need to follow through and make a commitment to moving gently for a minute, or preferably two, each hour you are awake.

Experts advise:

Don't sit if you can stand. And,
Don't stand if you can move.

When you must sit for long periods, break it up with small active movements such as tapping your toes, seated heel or toe raises. Do lower leg raises or tighten muscles in your back, lower abdomen and/or buttocks.

Other tips for being more active include:
Stand or move around while on the phone.
While watching TV, remind yourself to stretch, tighten and release your muscles or get up and walk around for the length of a commercial and or at the end of the show.
Invite friends for a walk instead of a meal.
Do ankle circles or shoulder rolls while stopped at red lights.

Park further away from the store you want to visit.

Suggest breaks in long meetings or activities such as playing cards with friends, and especially while riding in a vehicle. Get up and stretch or walk around and encourage others to do the same.

The impact of movement, even leisurely movement, can be profound for your health. The old adage, "move it or lose it," is a valuable tool for a healthy life!

For more information, visit mayoclinic.org, contact your healthcare provider or HealthLink Littauer at 736-1120. You can e-mail us at healthlink@nlh.org, see our website at nlh.org, or visit our NEW wellness center at 2 Colonial Court in downtown Johnstown, Monday - Friday, 9 a.m. - 5 p.m. We're your community health & wellness service of Nathan Littauer Hospital and Nursing Home.



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♥ Blood Pressure Screening	9/15 4 – 7 p.m.	HealthLink 2 Colonial Court	1 session (Tuesday). One in four people have high blood pressure, which increases their risk for heart attack and stroke! Since there are usually no symptoms, this condition is often referred to as the ‘Silent Killer.’ GET IT CHECKED...FREE! No appointments necessary
Body Fat Analysis	9/15 4 – 7 p.m.	HealthLink 2 Colonial Court	1 session (Tuesday). Measuring body fat is a better indicator of overall health than total weight! With a simple, non-invasive test, learn your percentage of body fat & body mass index (BMI), and get the recommended range for your physique. FREE! No appointments necessary
Cholesterol + HDL + Glucose Screening	9/15 4 – 7 p.m.	HealthLink 2 Colonial Court	1 session (Tuesday). Are YOU at risk for heart disease or diabetes? Professional blood test results in 5 minutes (for glucose, 3 hour fasting suggested). Cholesterol + Glucose \$10, Cholesterol + HDL \$15. All three tests only \$18! No appointments necessary
Organization & Time Management	9/16 11:30 – 12:30 or 6:30 – 7:30	HealthLink 2 Colonial Court	1 session each (Wednesday). Just in time...to simplify your life and de-stress! Learn some new and easy organization and time management techniques that will have you feeling less pressured and stress-free! FREE! To attend either session, call 736-1120
Improve Balance & Prevent Falls!	9/23 1 – 3 p.m.	Fulton County YMCA	1 session (Wednesday). Every year, almost 11,000 older adults die as a result of falling...and over 400,000 are hospitalized! Learn how to reduce YOUR chances of becoming a statistic. FREE! To attend, call Office For Aging 736-5650 (transportation available)
ViP Luncheon: Addiction...	9/23 11:30 a.m. – 1 p.m.	Nathan Littauer Hospital	1 session (Wednesday). Especially For Adults 50+... Enjoy a buffet style luncheon followed by a presentation on addictions including prescription drug abuse, their warning signs and community resources available. Luncheon fee: \$5 ViP members, \$6 public. Call 736-1120 by 9/21
Map & Compass	9/23 & 9/30 6 – 9 p.m.	HealthLink 2 Colonial Court	2 sessions (Wednesdays). Don't leave home without them! Learn to read a ‘topo’ and use a compass, plot your current position, navigate to new locations, the significance of ‘magnetic north’ and more! \$15 fee payable at door (map & compass provided). To attend, call 736-1120
The Butt Stops Here!	9/24 – 11/5 11:30 a.m. – 12:30 p.m.	HealthLink 2 Colonial Court	7 sessions (Thursdays). Let us help you break free from tobacco! Get the tools and support you need to become smokefree at last. You may be eligible for free nicotine replacement therapy! Attend first session at NO obligation. \$40 fee (scholarships available). To attend, call 736-1120
Hiking For The Health Of It!	9/26 Meet 10 a.m.	Jockeybush Lake	1 session (Saturday). Rated Easy ~ 4 Miles RT. We'll hike along a scenic stream to this clear, deep lake surrounded by tall pines with large boulders along the shore to sit on and enjoy lunch! \$6 guide fee payable in advance to reserve your space. To attend, call 736-1120

SEPTEMBER SUPPORT GROUPS: No Enrollment Necessary ~ For details, visit nlh.org or call 736-1120

→ Breastfeeding 9/2	Nathan Littauer 12:30 p.m.	→ Diabetes 9/21	Nathan Littauer 10 a.m.
→ Cancer 9/8	Nathan Littauer 5 p.m.	→ Breastfeeding 9/21	Nathan Littauer 6:30 p.m.
→ Better Breathers 9/10	HealthLink 1 p.m.	→ Heart Disease 9/22	HealthLink 4 p.m.
→ Alzheimers 9/10	HealthLink 4 p.m.	→ TOPS Wednesdays	Nathan Littauer 5:30 p.m.

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A Report from the Great Sacandaga Lake Association

by *Peter M. Byron, President*

*Summer is really here! The heat is up and
rafters are everywhere.*

Annual GSLA Membership Meeting

Our annual membership meeting at the Edinburg Fire Hall was a great success and a great planning tool for next year's activities.

The 'State' of the Association is Great! Membership is growing and newly implemented membership initiatives are working. Board member, Lynette Metz began last year with a direct mail solicitation to lake owners and moved it up a notch by organizing and implementing the successful GSLA booth at the Northville Rotary's Woodworking and Fine Arts Weekend. During the early summer, e-burst renewal messages were sent to previous members who were receiving e-bursts but had not renewed their membership. Some of these previous members had left the area but

others were appreciative of the notice and renewed! We hope our records are more in line with the membership lists. If not, drop us an email!

The Association also received notice from our e-burst vendor that our recent e-message to membership warning of 'boat piracy' on the lake exceeded the open rate expected for not-for-profits! The timely updates on lake issues are gaining a lot of attention and praise from members! We promise to keep the notices coming If you are not a member, you are missing timely information on lake topics. Go to www.gsla.org for information on membership.

Great Sacandaga Protection Committee (SPC) Update. Travis Mitchell, Co-Chair of the SPC, provided an overview of the group's legislative, level and lobbying efforts. He reported great attendance at the summer fundraiser held at Lanzi's. He answered member questions regarding the latest SPC initiatives and announced that the next SPC fundraiser would be held in October. Everyone should keep an eye on their website or the GSLA website (www.gsla.org) for the details.

Invasive Species Protection. Henry Hughes who

Continued Next Page ➡ ➡



Craig Thomas,
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From Previous Page

is Chairman of the Great Sacandaga Lake Advisory Council (GSLAC) as well as a GSLA Board Member briefed the membership on the manner in which the GSLAC with monetary support from the GSLA, is funding the Lake Steward Program. It was reported that the stewards talk to an average of 100 skippers on each weekend day at the large boat launches at Broadalbin and Northville. Their message is simple ... let's work together to keep invasives out of the Great Sacandaga. Hopefully, everyone around the lake is reading from the same book ... "Wash, Clean and Dry" your boat before you launch on the lake and tell your friends and guests likewise.

Boat Noise and Speed on the Lake. As was the case last year, the biggest membership concern was boat noise and speed on the lake. In response to this concern, the GSLA invited a member of the Saratoga Sheriff's Department navigation unit to the meeting. The Deputy was GREAT! He explained his duties on the Saratoga County portion of the lake. He noted that the faster boats on the lake are capable of reaching 90 – 100 mph! Just to set the context: a regulation football field is 360

feet long. If some boats are truly traveling at 90 mph they would 'motor' over a football field in 2.7 seconds! Our discussion with the Deputy was a useful first step and provided what we hope will be the beginning of a thoughtful discussion on the issue and the promotion of safety on the lake.

Representatives from the Great Sacandaga Lake Association will be meeting with the Saratoga County Sheriff's Office to receive further information and share ideas on boater safety. The Association has spoken to representatives of lake groups and invites other lake organizations to share their thoughts on this issue with the GSLA with a goal of keeping boaters, swimmers and other lake users safe on the Great Sacandaga. We are interested in hearing from those GSLA members who were unable to attend and share their thoughts at the annual membership meeting.

Where do we go from here?

We are midway through the month of August. It is time for our Association to review its progress and growth during the first eight months of the year. We need to continue what has been successful and listen to our membership for future directions. We use the fall and winter months for planning and program development and seek member recommendations. The lake as a community is only as strong as we make it. Member comments are important to our Association. If you like what you read about the Great Sacandaga Lake Association and want to keep the GSLA as an informed voice on the lake, join! Association membership is open to everyone who enjoys the lake and is not restricted to permit holders. A \$25 family membership is a great deal (especially when it includes FREE boater safety classes)!

Keep thinking good thoughts. Enjoy the weather and friendship on the lake.

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Sept. 3th OFA Congregate Meal 11:30-12:30

Stuffed shells, Italian blend vegetables, Tossed salad, Garlic roll, mandarin oranges. We will celebrate all June birthdays with a cake provided by Marge Decker.

Red Rooster Program at 12:30

Joe Sullivan, Past Chair of the Sacandaga Protection Committee will discuss "Preserving the Way of Life Around the Sacandaga."

Sept. 10th OFA Congregate Meal 11:30-12:30

Macaroni and cheese, Stewed tomatoes and zucchini, Green beans, Wheat Bread, Rice pudding.

Red Rooster Program at 12:30

Ralph Enokian will present, "An Introduction to the Armenian Genocide: The First Major Genocide of the 20th Century"

Sept. 17th OFA Congregate Meal 11:30-12:30

Chicken cacciatore, Rotini in sauce, Italian blend vegetables, Garlic roll, Fresh fruit cup.

Red Rooster Program at 12:30

Lynne Rubscha, Commissioner for the Fulton County Board of Elections will discuss "Voting Practices"

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Sept. 24th OFA Congregate Meal 11:30-12:30
Roast turkey with gravy, Stuffing, Red cabbage,
Dinner roll, Cinnamon cake with glaze.

Red Rooster Program at 12:30

Jim Conkling, President, Sacandaga Task Force
for Senior Living will provide an Update on all
STFSL Initiatives. Home Care Partners will also
hold their monthly Blood Pressure Clinic.

You may attend Red Rooster Programs
without attending the meal. Feel free to come for
the program, or bring a bag lunch and join us!
Programs are held Thursdays at the Red Rooster
Café (Pink Chicken) at the corner of Bridge and
Main Sts. Northville.

Call Fulton County OFA at 736-5650 to make
lunch reservations. If you are unable to attend
the lunch, please call OFA by 9 am to cancel your
meal! If the OFA meal site is closed, there will be
no program that day. Chair Yoga taught by Ony
Antonucci is held each Thurs. from 10:30 to 11:30.
Cost of classes is \$5 per week or 6 sessions for \$25.
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Additional information about STFSL can
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Michael Burnett

Director 863-6922

The library returns to fall and winter hours. On Fridays, the library will close at noon through the month of March.

The Sacandaga Book Group begins its seventh season on Tuesday, Sept 8 at 10 am in the library's program room. Marge Decker will lead a discussion of "Painted Girls" by Cathy M Buchanan. This heartrending novel set in Belle Epoque Paris is a tale of two remarkable sisters rendered uniquely vulnerable to the darker impulses of "civilized society." The group is open to all who wish to participate.

SVAN's Artist Exhibit will feature Edinburg photographer Harry Wirtz. His works will be available from Sept 1 - Oct 29. A reception will be

Hours:	
September - March	
Monday	9am - Noon
Tuesday	9am - 8pm
Wednesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - Noon
Saturday	9am - Noon

held on Sept 15 from 6 to 8 pm.

Story Time will be held on Mon, Sept 15 and 29 at 10 am, coordinated by Hadley Jacobs. Bring your pre-school children for stories, snack, and craft.

"Teen Time" is scheduled for Tues, Sep 22; 330-430 pm. Wii games and board games will be available for play, along with snacks and drinks.

Check out our Facebook pages for information about LEGO Club and other events.

Book displays in the children's area will cover "Back to School" and "Autumn".

Watch for these titles to be arriving:

Badlands – TJ Box

Friction – Sandra Brown

Devil's Bridge – Linda Fairstein

X – Sue Grafton

Murderer's Daughter – Jonathan Kellerman

Silver Linings – Debbie Macomber

After You – Jojo Moyes

Brush Back – Sara Paretsky

Nature of the Beast – Louise Penny

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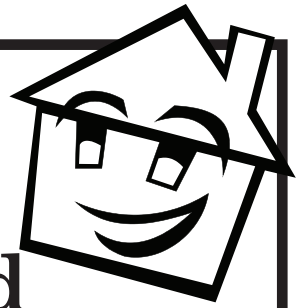
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DID YOU KNOW THAT—

*by Town of Edinburg Historian,
Priscilla L. Edwards*

The first 25 years

Several years passed from the time Abijah Stark-the first recorded settler in what is now Edinburgh- and his wife Elizabeth and 2 children settled in 1787 on property located just north of the current Edinburgh/Providence town lines on South Shore Rd.

Prior to this time this territory was part of Balls Town (Ballston). It became part of Galway in 1792 and Providence in 1796. Providence held its first organizational meeting on the 1st Tuesday in April 1796 at the Baptist Meeting House. This included the people from what would become "Northfield" and later "Edinburgh". Many of the same men that were active in Providence politics would be the same in Edinburgh.

In the 1790's more and more families had settled along the Sacandaga River north of Abijah Stark's homestead. So many in fact that by 1801 these folks decided it was time to break away from Providence, creating a town of their own. March 13, 1801 saw the birth of the new town of "Northfield". In Oct. 1801 Samuel S. Barker of Providence billed Saratoga County \$1.25 for drawing up the petition for the Town of Northfield.

According to Edinburgh's original Town Records book the first organizational meeting was held on April 7, 1801 "for the purpose of choosing town officers at the dwelling house of James Goodwin".

Israel Woodford was elected town clerk for the year and Robert Sumner, supervisor. Willard

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Trowbridge, Jordan Sprague and Jonathan Smith were chosen as assessors. From "Day One" in order to maintain a town and pay its expenses-taxes must be raised-thus the need for assessors to determine the value of each land owners property.

Thurston Wells, Sampson Hosley and Ephraim Potter: elected commissioners of highways and Daniel Washburn Jr. and John Sumner: overseers of the poor.

Constables elected were Jordan Sprague and Abel Brown. The office of constable was quite important and carried much respect. His duties were to serve writs, tend to custody of jurors and keep the peace. Dialing 911 and expecting a state trooper or sheriff's deputy to be on the scene was a long way into the future in 1801. Edinburg no longer has a constable.

Jordan Sprague was elected to the important position of tax collector. Daniel Washburn Jr., Charles Rhodes, Joshua Wells, David Cole, Jonathan Townsend, John Hamilton, Arba Perry, Samuel Rogers, James Andrus, Reuben Cornell and Nathaniel Bass: overseers of highways.

The town was divided into road districts with an overseer or path master in charge of each district. The path master could hire the necessary man power-usually a neighbor along his section of road-to make necessary repairs and maintenance to the road.

James Goodwin, Elisha Mix and Daniel Washburn Jr. were elected fence viewers and damage prizers. Even in the early days of our town one was expected to put up fences around his property. The duty of the fence viewers and damage prizers was to check all fences on a regular basis, reporting all damages to the owner and the town. If the fences went un-repaired the owner was

Continued Next Page ➡ ➡

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REAL ESTATE

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at fault if a neighbor's animals wandered onto his property and did damage.

The pound keepers, William Fellow and Isaac Deming kept the pound to receive animals that wandered at will illegally.

Two laws were voted into effect in 1801: voted to raise \$50. for support of the poor and that hogs shall run at large. The next annual meeting would again be held at the dwelling house of James Goodwin.

A special meeting was held for each road to be laid out. 4 roads were created in 1801 and one altered from the previous year.

On Nov. 9, 1801 a special meeting was held at Daniel Washburn's for the purpose of consulting proper means to build a bridge over the Sacandaga River near Jonathan Anderson's. Vote passed. This bridge crossed the river in the general area of the Anderson school house on S. Shore Road, hitting the western shore of the river just north of the Northampton town line.

1802 saw a few changes in town-5 more roads were laid out with highway overseers increasing in number to 13. Once again \$50. was to be raised in taxes to support the poor. Jordan Sprague was to keep Wm. Clark at 17 shillings per week per year. Hogs could continue to run at large but with a "good and sufficient yoke". Boar hogs could not run (after 2 months old) between May 1 and Dec. 25. Any running during this time- the owner will be fined a \$1. per hog or forfeit the hog. Ram sheep will not run at large-if so the owner will also be fined \$1. or forfeit the sheep.

The reason for these laws? Hogs dig with their snouts and can totally destroy a garden-thus the reason for a yoke. Boar hogs have tusks and can be very dangerous, even attacking humans as well as destroying crops. A law passed in 1829 required

Continued Next Page 

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337 Center Line Rd, Providence
MLS 201516364 \$69,000
 Affordable single wide w/ vaulted
 ceiling on 26 acres!



222 Ridge Rd, Northville **MLS**
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199 Sinclair Rd, Edinburg
MLS 201512727 \$369,000



4742 State Hwy 29, Ephratah
MLS 201407674 \$36,000

- South Shore Rd, Day
- **MLS 201412072 \$39,000**
- Wow! 10' Lake access and building lot!
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- **MLS 201403500 \$19,500**
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- Cameron Rd, Day
- **MLS 201222438 \$20,000**
- Surveyed parcel, public lake access and boat docking nearby. Great price!



131 Sinclair Rd, Edinburg
MLS 201508910 \$239,000



314 County Hwy 143, Northville
MLS 201512138 \$169,000



REAL ESTATE



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a ring in the nose of any hogs running at large to prevent damage. Ram sheep also have horns which again can be very dangerous to humans if allowed to run at large.

There were not many changes with the 1803 meeting. It was approved to pay \$5. to a person for each wolf killed in town. Wolves could be a real problem as they preyed on farmers' livestock. Two more roads were also laid out.

In 1805 approval was made to build a pound but it would be 1816 before \$40. was raised to build one 40' square and was built in Ely Beecher's barnyard with Ely apparently becoming the permanent pound keeper. The money in the hands of the overseer of the poor was to be paid to the supervisor to defray town expenses. \$50 was still raised each year for support of the poor and more and more roads continued to be built or altered.

By 1807 the number of fence viewers had increased from 3 to 8 and were to be paid 6 shillings per day for their work. The following year they were to receive 75 cents per day.

Several changes in 1808- Northfield became Edinburgh as another town of Northfield was discovered in NYS. James Goodwin, who had hosted the annual meetings for years now operated an inn. Meetings continued to be held at the inn for many more years. \$60. was taken from support of the poor (this was obviously in excess of what was needed to care for the poor) to repair bridges and bad roads.

A NYS legislative act in 1812 created a public school system state-wide. The annual meeting of 1813 established a Commission of Schools consisting of John Younglove, Guy Culver and Ephraim Potter. John Goodwin, Ely Beecher and Willard Trowbridge were selected as Inspectors of Schools. \$80. was to be raised for the benefit of the common school.

Taxes were an issue in 1819 when a committee- John Hamilton, Solomon Slate, Samuel Stimson Jr. and Ely Beecher- were chosen to examine the claim of Alexander St. John and others, that they were paying taxes twice on their land in Edinburgh. Land was also broken off from Edinburgh in 1919 to form the Town of Day.

The assessed value of Edinburgh in 1820 was \$169,373.

Voters-at a special meeting in 1825-voted unanimously not to comply with an act of the NYS Legislature to build a county poor house. Voters petitioned to have the Town of Edinburgh exempt from the law.

Mar. 7, 1826 marked 25 years since our town was established and annual meetings were held. The meeting was held at Goodwin's Inn-now run by James son, Harvey. Ely Beecher was still the pound keeper. Ram sheep and hogs still ran at large under the specific rules established many years before. Some things had changed-many more roads now existed, requiring maintenance. The number of highway overseers had risen to 28. The population had increased by a couple hundred more residents.

The future would see many more changes.



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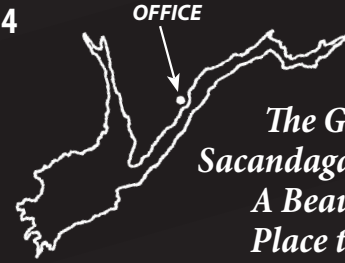


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BROADALBIN \$275,000 137 Kasson Dr. Amazing Sunsets: Private, 2 BR 1BA home. Open floor plan— knotty pine interior, woodstove, full basement, central air, garage. 72' beach w/dock & moorings. MLS#201516312 **LS106**

GSL LAKESIDE



DAY \$329,000 69 Pine Ridge Rd. 2 BR furnished home, fireplace, open floor plan in excellent condition. Many newer updates. 166.7' Beach **LS104**

GSL LAKEFRONT



DAY \$249,000 2614 South Shore Rd. Cozy LOG HOME: 2+ BR w/fireplace on large lot. Large pole barn (14' x 30'). Lake views, 50' beach. MLS # 201516461 **LF107**

GSL LAKEFRONT



DAY \$329,000 1157 North Shore Rd. Spacious 4 BR, 3 BA Furnished Home, open floor plan, stone fireplace, finished lower level, garage. 93.3' beach w/dock. **LF103**

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GSL LAKE ACCESS



BROADALBIN \$225,000 739 County Highway 110. Charming 3 BR 1.5 BA home on 2.55 beautiful landscaped acres. Newer updates, wood floors, large open porch, sun room. 3 car detached garage/barn. 10' beach. **LA145**

GSL LAKE ACCESS



BROADALBIN \$97,500 160 Shady Bay Ln. Unfinished chalet w/loft. 10' beach nearby. Owner financing available. MLS#201517345 **LA108**

GSL LAKE ACCESS



BROADALBIN \$149,900 116 Cayuga Ave. 2BR 2BA Home in good condition located on dead end road. Knotty pine interior, cathedral ceilings, 2 sheds. 10' sandy beach w/2 moorings. **LA106**

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DAY \$259,000 40 Pine Ridge Rd. Contemporary 2BR 1.5 BA home on 2.6 acres w/lake views. Country kitchen, hardwood floors, fireplace. Garage, 10' beach. **LA146**

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DAY \$69,500 1947 North Shore Rd. 2 BR rustic Cottage across the road from lake w/views and 10' beach. Open floor plan, enclosed porch & deck. No well or septic. **LA133**

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Page 5 of 8

8 Things Happy People Do

There are two types of people in the world. Those who chose to be happy and those who chose to be unhappy. What is happy? The Merriam Webster dictionary defines it as feeling pleasure and enjoyment because of your life, situation, etc. We know happiness doesn't come from fame, fortune, or material possessions. Happiness comes from within. The richest person in the world could be miserable and right outside his door a poor, homeless person could be happy with their life. Happy people are happy because they make themselves happy. They have a positive outlook on life and are at peace with themselves. What is it that makes a person happy? It's simple, ask any happy person and they'll tell you. Here are eight things I've learned from happy people:

Don't hold grudges - Happy people understand it's better to forgive and forget than to let negative feelings interfere with their positive feelings. Holding a grudge can cause depression, anxiety and stress. If you let it go you'll have a clear conscience and more energy to enjoy what's good in your life

Treat everyone with kindness - It's been scientifically proven that being kind makes you happier. Every time you perform a selfless act your brain produces serotonin, a hormone that eases tension and lifts your spirits. Treating people with love, dignity and respect also helps you to build stronger, long lasting relationships. Happy people make time for family and friends.

See problems as challenges - Happy people don't use the word "problem" the brain interprets the word problem as a negative situation. A challenge is viewed as something positive, an opportunity, something to overcome. When facing an obstacle in life look at it as a challenge. Life isn't always fair. Focus on what you can control and change it for

the better.

Be grateful for what you have - Happy people don't worry about what they don't have. You'll feel better if you "count your blessings" instead of yearning for what you don't have.

Live in the present - Happy people don't waste time dwelling in the past or worrying about the future. Stop and smell the roses enjoy what's happening right now. Notice the little things. Life is too short to worry about what no longer matters. Try meditating, you don't need to be a Zen master to do it. Sit quietly for a few minutes breath deeply and slowly, it quiets the mind and helps to calm the nerves.

Wake up at the same time every morning - Waking up at the same time every morning stabilizes your circadian rhythm (body clock), increases productivity, and helps maintain a calm and centered state.

Eat well - Junk food makes you tired. Everything you eat affects your body's ability to produce hormones, which affects your mood, energy, and focus. Eat foods that keep your body and mind in good shape. Add more fruits and vegetables to your diet.

Exercise - Studies have shown that exercise boosts happiness levels as much as antidepressants do. Exercise can increase your self-esteem and give you a sense of accomplishment.

Many spiritual practices follow these same principals. You can find similar prescriptions for happiness in The Bible, Patanjali's Sutras, the works of Buddha and the vast amount of books available on spiritualism. All of them have one thing in common. If you live your life with Acceptance, Forgiveness and Gratitude you will be on the road to happiness, and who doesn't want to be happy? So Accept who you are, Forgive yourself and others for past mistakes, and Be Grateful for everything you have right now. The world is a beautiful place if you stop and appreciate it. Use all of your senses. Listen, look, taste, smell, and feel it. Your life is now, enjoy it and be happy.

May you be happy - May you be healthy
May all creatures on this earth large and small be free from suffering, Namaste

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Ready... set... GO register today for the CM5K!

It's right around the corner - CMK and Associates' second annual CM5k Run/Walk is taking place on Saturday, September 5th, 2015! This 5K walk/run will start at the Waterfront Park in Northville at 9:30am (8:30am registration).



After an incredibly successful first Annual CM5k event, CMK has taken their preparation to the next level and anticipates a fantastic event! This year's race will feature prizes for first, second and third place winners in different age groups, to be determined by timing chips included with each runner's bib. All who preregistered by August 17th are guaranteed a CM5K tek running shirt in their specified size. There will be some additional tek shirts available to day-of registrants, however sizes and availability are not guaranteed - so consider it a "warm up" and sprint on over to the registration to get yours on a first-come basis!

Preregistration will still be available online until September 3rd at cm5krace.com. Contact Stacey Darling at 863-8904 or stacefdarling@gmail.com for more information. Pre-registration is \$20, or day of registration is \$25, and all proceeds will go entirely to support the nonprofit organization, Sacandaga Helping Hands.

CMK is thankful to the Village of Northville and its local businesses, the Northville Fire Department and several individuals who have come together to make this event happen with sponsorships and volunteer efforts. We can't wait to see you there!

- Adam Reimers (c)518.774.5226
- Amanda Senese (c)518.775.8637
- Anthony Biviano (c) 518,429,9297
- Barbara Klueg (c) 518.774.3610
- Brian Miller (c) 518.866.9267
- Bryn Brown (c) 518.312.6759
- Charles Haglegans (c)518.774.0895
- Christian C. Klueg (c) 518.332.0218
- Christine Gerber (c) 518.848.7425
- Colleen DeCristofaro (c) 518.281.4467
- Cynthia Gifford (c) 518.669.4481
- Darci Miller (c) 518.859.8210
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- Michele VanAlstynne (c) 518.361.1234
- Peter Dworman (c) 518.774.6317
- Richard Roberts (c) 518.435.5543
- Ronald Royal (c) 518.369.5199
- Robert Taylor (c) 518.331.8442
- Russell Klippel (c) 518.461.0696
- Santo Russo (c) 518.848.4903
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Fish House Sunday Breakfast

Fish House Community Center (FHCC): An all you can eat Sunday breakfast will be held on 6 September, at the FHCC. Blueberries pancakes will be cooked on the griddle, bacon, sausage, french toast, fresh eggs, hash brown potatoes, multiple juices and coffee will be served as well. Fish House Community Center located at 1624 County Highway 110, Broadalbin, from 8 to 11 a.m. Prices for the all you can eat breakfast are adults \$9, seniors \$8, and children ages 5 to 12 are \$5.

<http://www.northamptonnyhistory.com/> or
<http://fhcc.weebly.com/>

Mayfield Historical Society Loom Dressing and Sundaes Offered

The Rice Homestead will host a free "Loom Dressing" demo on Saturday, August 29th, from 9 am - 4 pm. Many people have wondered how all those threads get on the loom at the correct length, in the correct position for the job ahead, and without tangling. Loom dressing, or warping or loading the loom, only happens once at year at The Rice Homestead's Loom Room. The 1779 hand built loom will be dressed by Libby VanNostrand and Arlene Rambush. People are encouraged to drop by for a visit to view the warping and take a free tour of the Homestead and grounds. A "Make Your Own Sundae" will be offered for \$2.50 each.

The Rice Homestead is located at 328 Riceville Road in Mayfield.

For more information, call 332-0538.

Annual Juried Art Show – 2015

The Arkell Museum and Canajoharie Library are accepting applications for the Annual Juried Art Show from artists working in any media living in NY State. Work will be on exhibit from 12/4/2015 to 1/24/2016 in the Regional Art Galleries. Juried by Jeanne Flanagan, Gallery Director for The College of Saint Rose. Limit of 50" for 2D, 24" for 3D work. Application deadline 10/16. For a prospectus, download the link here: <http://www.canajoharielibrary.org/community-art-galleries.html> For more information, contact mbvought@mvlis.info or call 518-673-2314 x110, Tues.-Fri. 8-1 pm.



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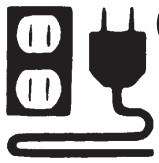
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a 6 week workshop series at Shenedehowa Village located at 300 Soloman Ave. Clifton Park on Wednesday from 1:30p.m. to 4:00 : October 7,14,21,28 and November 4,18.

The Saratoga County Office for the Aging and Center for Excellence are teaming together to offer these workshops.

*Sandra M. Cross
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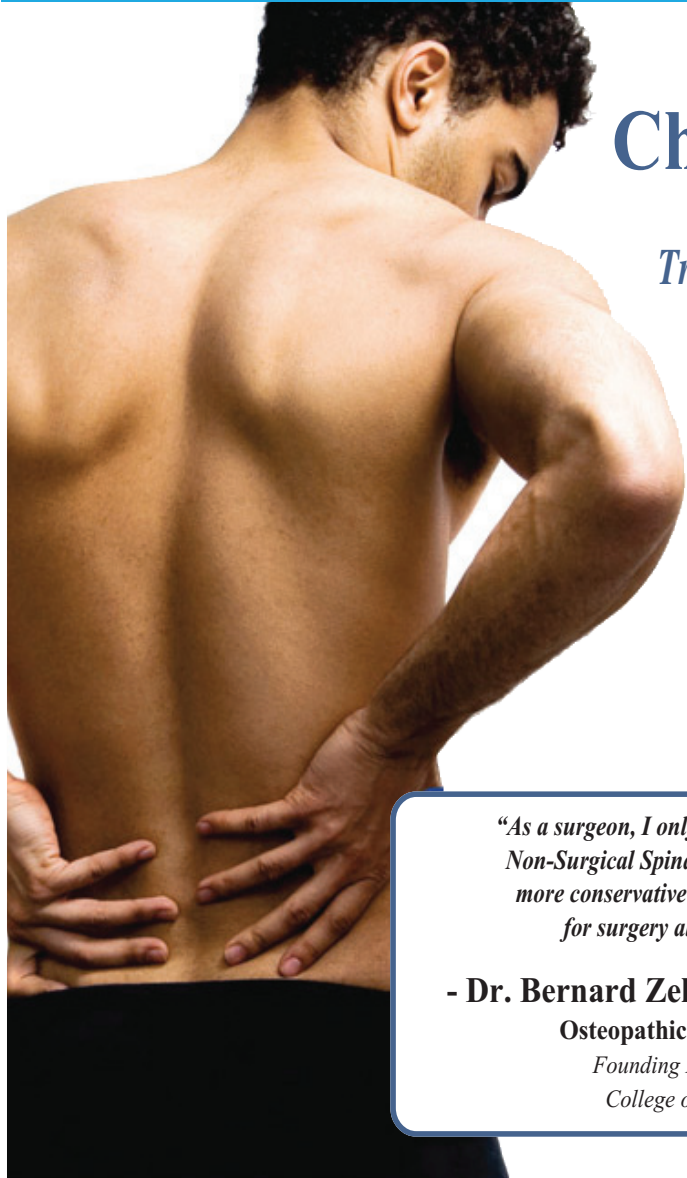
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SVAN Turn up the Heat Again Fundraiser

“Turn up the Heat, Again”, a fundraiser for the Sacandaga Valley Arts Network Arts Center will be held on Saturday, September 19th at 6:00 at the Inn at the Bridge. The purpose is to provide for the heating of the Arts Center during the winter months. The event will feature entertainment from popular area pianist and singer, Frank Manning. Some of the Inn’s wonderful appetizers and sweet treats will be served along with coffee, tea and lemonade. A cash bar will be available.

Plan to come, have a good time, and support the arts. Tickets are \$40/person and are available at the Arts Center, The Inn at the Bridge and from SVAN Board Members. For further information call Barb Spaeth (863-8047).

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Northville Rotary Grows "Service Above Self"

Northville Rotary Sponsors Labor Day Weekend Pig Roast

The Northville Rotary Club has scheduled a pig roast "with all the fixings" for Saturday, Sept. 5 from 12:30 to 6 p.m. at the American Legion Pavilion, located adjacent to their facility at 105 Seven Hills Rd. in Northville. Adult tickets are \$25, children 5 to 10 are \$10, and children under 5 are free of charge. Tickets are limited, so call Chas Owens (883-3338) to reserve yours soon. Take-out orders are available. A special thank you is extended to Rotarians Debbie and Don Hoffman for their work planning and directing this event.

The Northville Rotary Club fund raisers have provided money for a the Northville-Edinburg Little League concession stand and backstop, annual scholarship awards to graduating Northville Central School seniors, Northville Central School PTO projects, a boat-building project with Boy Scout Troop 55, and support of the Northville Winterfest and National Trail Day celebrations. By partnering with the Fulmont Community Action Agency, the club provides holiday gifts to children through the Rotary Wreath Project and donates each year to their food pantry.

Regionally Northville Rotary supports Make-A-Wish of Northeast

New York, and internationally they support ShelterBox USA bringing disaster relief to people around the world.

The Northville Club meets Thursdays, 5:30 p.m. in Northville at Sport Island Pub, 108 Riverside Dr. and on the second Thursday of the month at The Timeless Tavern, 162 S. Main St. More information on Rotary activities can be found on northvillerotary.com. New members are always welcome.

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Northville Girls 62nd Annual Luncheon: "Out of the Frying Pan!" September 26, 2015

The 62nd Northville Girls Luncheon will be held on September 26, 2015 (the last Saturday in September)! This event is open to any female alumni, teacher or employee of Northville Central School and is great opportunity to see old friends, reminisce, laugh, eat good food and raise money for a worthy cause.

Our theme this year is: "Out of the Frying Pan!" and will feature prizes and raffles with a culinary focus. We are also going to create our first **Northville Girls Cookbook**, so bring your favorite recipes for inclusion (type or print clearly)! Many Northville Girls are incredible cooks and bakers...this is your chance to shine. We also need baked goods for the raffles (contact Daphne or Jinx). Even if you avoid the kitchen, don't worry! We have prizes to suite all tastes!

All proceeds from this event feed the **Northville Girls Reunion Scholarship** fund, which is given to three graduating senior girls for their active involvement in community service. A committee of NCS teachers chooses the recipients annually. Our 2015 winners are: Sarah Dickey, Rachael LaPoint and Katharine Robare. Congratulations, and keep up the good work!

At the deadline for this newsletter, we did not have final confirmation for the location, so please stayed tuned for the place and time (sorry for any inconvenience...we usually start at noon!). To make reservations or raffle donations, please contact: Daphne Burton Zucker (922-7093) or Jennifer "Jinx" Burton (842-5657 or email jennburton@verizon.net or on Facebook). This is a wonderful tradition, but we need your support! What class/decade will have the most representatives this year? That's up to you. See you all at the Luncheon! Go, Falcons!

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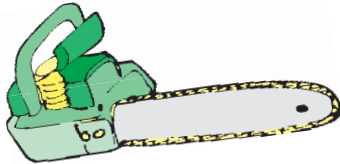
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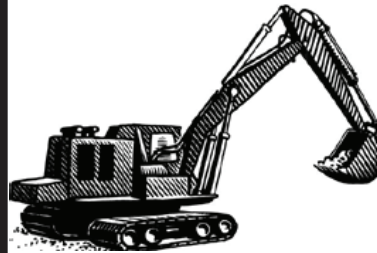


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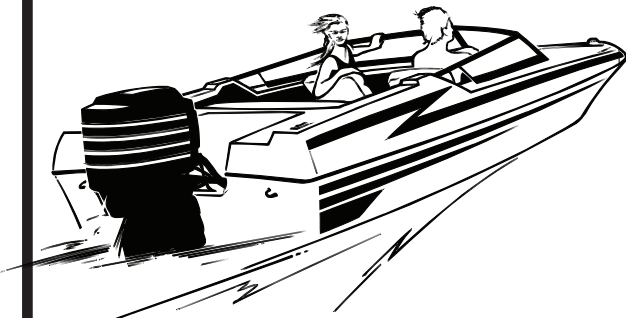
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First Baptist in Amsterdam Will Hold School Supply Sunday August 30th

The First Baptist Church of Amsterdam, New York at 479 Guy Park Avenue will hold School Supply Sunday on August 30th to help local students kick off a successful 2015-16 school year. Families with elementary-aged children, grandchildren, nieces and nephews who attend school in the Greater Amsterdam School District are invited to participate in worship at 10:00 a.m. and then enjoy complimentary refreshments and a special distribution of free school supplies donated by church members and friends. The church is located on a hill at the west end of Guy Park Avenue near the City of Amsterdam/Town of Fort Johnson line and kitty-corner across from the Amtrak train station.

For more information, individuals may call the First Baptist Church at 518-843- 3517 or e-mail the church coordinator at fbccordinator@albany.twcbc.com.



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Diners Guide

Page 1 of 4

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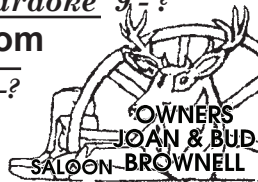
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Beginning Handweaving — Part 1
Arlène Rambush, Fiber artist 518-863-8647
Deerhaven Studio, 130 North Road, Benson
5 sessions, 1-4 pm; maximum 3 students

This entry level class will cover such weaving basics as types of looms and their parts, yarn sizes and types, and function and design of weave structures. Emphasis is on winding the warp correctly and dressing the loom. Students will plan and complete at least 2 projects using table looms.

Tuition: \$155, SVAN member \$150
Loom use and supplies are included.

September 23, 30, Oct. 7, 14, 21, 28 (Wednesdays)
Drawing with Dramatic Contrast
Constance Dodge
Dodge House Lakeside Gallery 518-863-2201
6 sessions: 6 pm-9 pm; maximum 12 participants, age 16-adult
Edinburg Community Center, 47 Military Road, Edinburg

Learn to create a strong composition and draw with dramatic contrast. By observing everyday life, students will explore the use of negative space and perspective. Also, students will use the Renaissance tradition of a grid to enlarge a smaller image as a drawing method. Overall, they will be introduced to line, value, textural mark making and spatial relationships. Dry, wet, and mixed media will be used during this session. Class is suitable for beginners as well as those with experience in drawing.

Call Constance Dodge at 863-2201 to enroll in class and request a materials list.

Tuition: \$70, SVAN member \$65

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Diners Guide

Page 3 of 4

Why We Wave

By Patricia A. Nugent

I've clocked over 5000 hours walking my various dogs on the beautiful North and South Shore roads. That's given me a lot of time to think about how we share public roadways.

I used to think it was quaint when walkers along the GSL waved to cars, something unique to small, friendly, mountain towns. I now realize that it's a survival strategy when you're up against a powerful machine careening in your direction.

And so, I myself have become a waver. One of those people who waves at people they don't know as they pass by in their vehicles. Because now I understand

that we wave to make sure that drivers see us.

I don't want to cause a distraction, but I do look to see if drivers wave back. That indicates they're not checking emails or talking on their phone or whatever. The road and, hence, my dog and I have their attention.

The shoulder is narrow, less than thirty inches wide, with as much as a three-inch drop from the pavement to the narrow strip of sandy dirt. As we try to stay clear of the roadway, we often teeter on the edge of that precipice. I've turned my ankle more than once by slipping off the pavement to get out of the way of oncoming traffic.

I've made an informal study as to what type of driver best shares the road with walkers. At the risk of grossly over generalizing, very young and very old drivers tend to stand their ground and hug their lane. My hypothesis is that the former doesn't think anything bad can happen; the latter is anxious about crossing over the yellow line. Middle-aged drivers are more likely to move over a few inches for the walker. Motorcyclists are considerate, although for their own safety they often nod rather than return the wave; they know the perils of sharing the road. Big rigs, pick-up trucks, and those hauling something almost always give us a wide berth. They know that by doing so, they're also protecting themselves.

Dogs are unpredictable. A critter (dead or alive), an odor, a sound can drastically alter their course. The same is true of young children. Drivers who are afraid to hover over the yellow line or can't because there's an oncoming car could at least slow down. Better yet, do both. It's a frightening feeling to have a car whiz past you at 50mph when you're stuck between a gully and the road. Yet, there are many drivers whose behavior suggests they're annoyed that they have to share the road with walkers. Because there are no sidewalks along the shore roads, the road is the only walkway accessible us. The new Batchellerville Bridge with its wide sidewalk is a delight to walk, although most of us have to drive there to walk it. Until we have "complete streets," we're stuck sharing the same corridor.

On a (somewhat) related note, those who have invisible fences that (supposedly) restrain their dogs should make sure the system is foolproof – that the dog is fully trained to respect the boundary and that the shock is sufficient for the size of the dog. Twice, a Rottweiler broke free, challenging my dog and me, forcing us into oncoming traffic that luckily saw us and pulled into the other lane. It's terrifying enough to have a dog charge the property line but to have him escape into the road is potentially life-threatening to all concerned.

After toileting her on our own property, I walk my dog every day to exercise her. I also walk for my own cardiac health and overall fitness, exchanging



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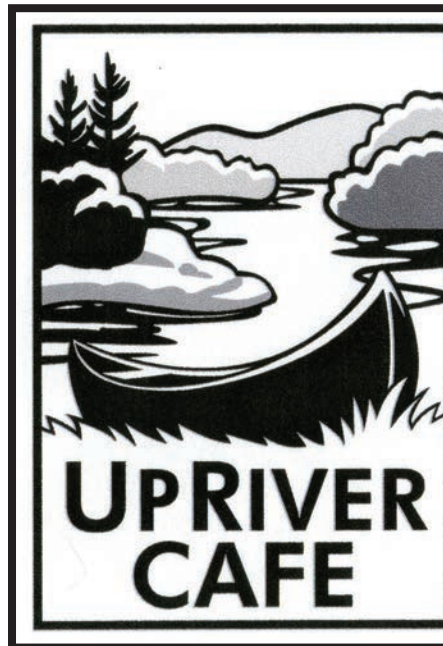
pleasantries with other walkers and bicyclists. We accommodate each other. We must hope that all vehicles will do the same.

It's dangerous out there. So please let us know we're in your line of vision.

And now I'm wondering why boaters don't wave to each other as much as they used to.

* * *

Patricia A. Nugent is the author of *They Live On: Saying Goodbye to Mom and Dad*, which can be found at the Adirondack Country Store and the SVAN Arts Center in Northville, as well as other selections of her writing. She is a resident of Edinburg. Follow her blog at www.journalartspress.com.



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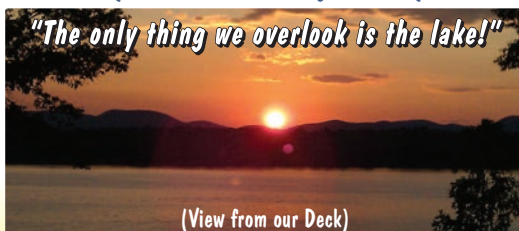
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Thank you for a Fantastic and Fabulous season at the I Go Inn! We sure did have a lot of fun filled memories of an amazing sunny summer! We are looking forward to our 34th season in 2015! Please email any suggestions to IGOINN@YAHOO.COM. We would like to give a special thank you to all of our staff for a Great Job well done this summer!

End Of Season Happenings August

- 28 Diz 5-9pm, Karaoke 9pm-1
- 29 Lucia & Levi 3-7pm,
JOE ROY JACKSON 9pm-1
- 30 Caribbean Steel Drums 3-7pm
- 31 Burger nite all Burgers 6.99

September 2015

- 1 \$3.00 Taco & Tequila Tuesday
- 2 All Day Happy hour, clams .50,
Beach blanket Bingo
- 3 Raw Bar & \$1.00 Oysters
Juke Box Jim 6-10
- 4 Lucia, Karaoke 9pm-1
- 5 Carr 3-7pm, *Lady Strange* 9pm-1
- 6 Caribbean Steel Drums 3-7pm,
P'LL FUNK DANCE BAND 9pm-1
- 7 To be Announced



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**Seventh Annual Walleye
Challenge Ice Fishing
Tournament Gives Back To
The Great Sacandaga Lake**

Representatives of the Seventh Annual Walleye Ice Fishing Tournament presented a \$1,500 check, as well as \$547 from a special raffle raised by Lou Stutzke, to the Great Sacandaga Lake Fisheries Federation for fish stocking this fall. The Walleye Challenge this year was held on January 31 on the Great Sacandaga Lake. Event co-coordinator Lou Stutzke (Owner of Fuel-N-Food of Mayfield), and Director of Tourism, Gina DaBiere-Gibbs, presented the check to Randy Gardinier of the Great Sacandaga Lake Fisheries Federation at a recent ceremony at the Fulton County Visitors Center in Vail Mills.

The tournament registered 1750 fishing enthusiasts with approximately 54% of participants from outside of Fulton County from eleven states and various parts of New York State. The event has sold out in each of the seven years it has been held. Besides cash prizes for the heaviest fish caught in each hour (between 7am and 3pm), there were several door prizes awarded

throughout the day, and two recreational vehicles and a snowmobile were given away to three of the participants.

The 2016 Walleye Ice Fishing Tournament is scheduled for Saturday, January 30, 2016. Anyone interested in adding their name to the event's mailing list is asked to call the Fulton County Tourism Department at (518) 725-0641 or to send a request via e-mail at events@fultonmontgomeryny.org.

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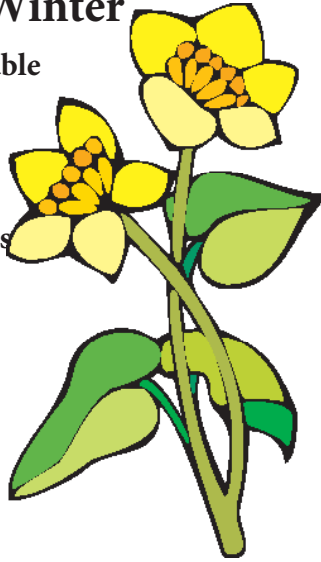
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Great Sacandaga Lake Business Association
P.O. Box 262, Northville, NY 12134

*by Janice Hawk-Baldwin
GSLBA Secretary*

**Sand Island Get Together is Saturday
September 12 from 1:00 to 5:00 .
THE RAIN DATE HAS BEEN**

CHANGED!

**It is Sunday September 13! Music will
be provided by Joe Roy Jackson.**

**Chowderfest is Saturday October 10 at
Sport Island Pub from 12:00 to 4:00.**

**Redneck Cocktail Party is October 22
at Sport Island Pub.**



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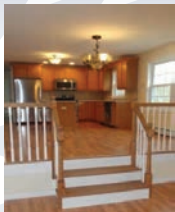
**Thank you to Jeff Gray
and Brian Phillips for
coordinating and working
at the Dam Tie Up. It was
a great day!**

**Our next meeting is
September 16 at The
Edinburg Community
Center
at 6:00 p.m.**

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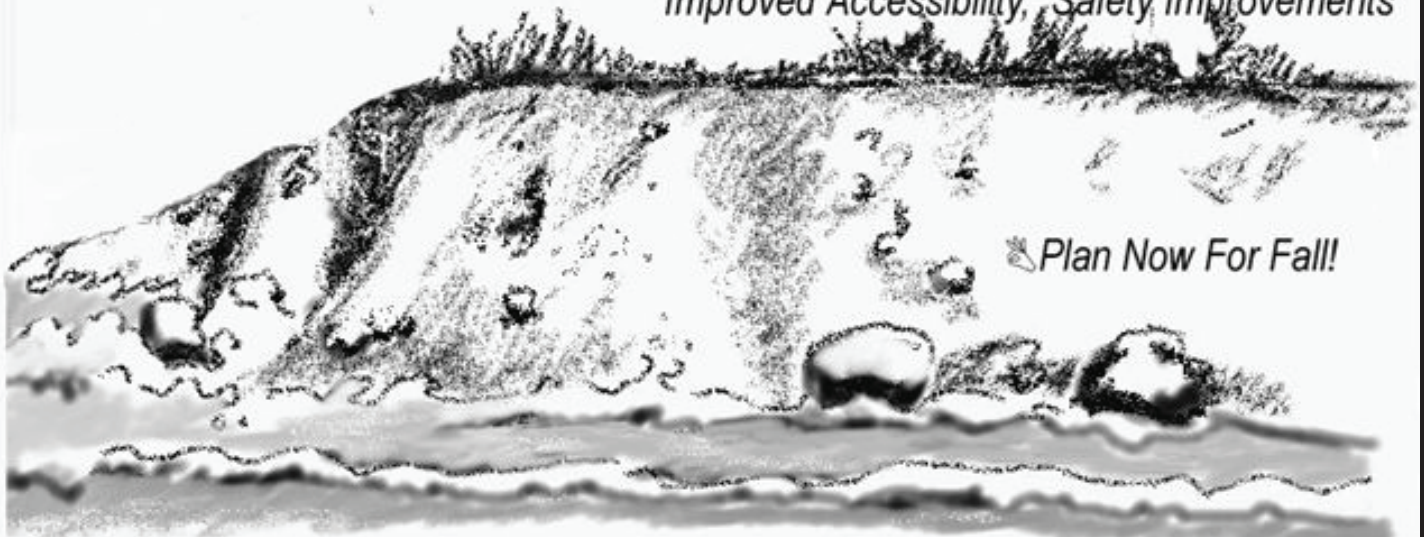
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What a great summer this has been! As of this writing, there's only been one rainy Thursday. Pastor Judy, "The People's Pastor" simply moved to the covered porch that day to talk and pray with anyone who happened by. She hopes to do this again next summer.

Thank you to all who supported our Thursday Night Live concerts. Again, good weather helped us to keep these concerts outside.

Finally, thank you for coming to the Corn Harvest Supper. We nearly ran out of food!

As summer ends and things quiet down don't forget that we're here year-round. Our Sunday worship service is at 8:45AM, followed by breakfast at the diner.

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Northville United Presbyterian Church

Pastor: Rebecca Putman

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9:00 am Morning worship and Sunday School

10:00 Refreshments

Sunday Evening – at Northville Church – Reed St.

7:00 pm Evening worship

Tuesdays

4:00 choir practice

Thursday

9:30 Women’s Bible study

12:30 Bridge club

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Northville Baptist Church

by Barbara Klueg

Take Delight in the Lord!

Today I took my granddaughter, Genevieve, on a Grandma Date to celebrate her 16th birthday. Our Grandma Dates started a few years ago when I couldn't decide what birthday gift to purchase. Here is how a Grandma Date works. We go shopping and the birthday girl picks out her own birthday gift (within a certain dollar amount, of course) and we enjoy dinner out at a place of her choice. The eateries over the years have included a Happy Meal at McDonald's to a seafood dinner at The Raindancer! This last spring I added our grandsons to the Grandma Date tradition (at their request). I must say the boys shop much faster than the girls, making their dates only about 1-2 hours long.

My first Grandma Date (back a few years ago) was a memorable one. I asked my sweet granddaughter, "Where would you like to go?" She asked, "Can we go to Walmart?" My answer was, "Of course we can. It's your birthday!" So off we drove to Walmart. Later, pulling out of the Walmart parking lot I asked her, "Where now?" And she asked, "Can

we go to Target" to which I said, "Of course we can. It's your birthday!" Well, as you can imagine this went on the entire day. Everyplace she wanted to go, my answer was, "Of course we can. It's your birthday!" To the very end of that special day, when the birthday girl asked if we could get some ice cream, my answer was, "Of course we can. It's your birthday!" Later, I took my tired, but happy birthday girl home. I drove back to my house with a smile on my face, knowing that I had made my granddaughter feel loved, just by giving her the desires of her heart.

God does that for us too. He longs to give his dear children the desires of their hearts (within reason of course) and when they are not selfish desires. One of my favorite Bible verses is "Take delight in the Lord, and He will give you the desires of your heart." I have prayed that prayer a few times over the years, asking the Lord to give me my heart's desire.

One of those prayers was to have a son. My husband and I were so blessed with four wonderful little girls. I loved my daughters but had a longing for a son. I prayed and asked the Lord to take away my desire for a son or to please just give me one. I told God that I wanted to have a son who would serve Him his whole life. I prayed that God would grant my desires to have a son, if this was His will. He graciously answered that prayer and 34 years ago God gave us a son.

God does not always answer our prayers with a

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yes. He answers our prayers three different ways – yes, wait, or no. We all like to hear yes, and quickly, but waiting is hard! And none of us like to hear no. Many times we do not understand why God says no. In the Bible it says that Paul prayed that God would take away his affliction. But God showed Paul that His grace was sufficient and He did not take his affliction away. (2nd Corinthians 12 tells about this.) Like Paul, we just need to trust God and know that He is Sovereign. Sometimes the no answer is because we are asking for something that is a sinful desire. Even as parents, we say no to our kids many times (not to be mean) but because we love them. We want to protect them and want what is best for them. God is the same way. But, often we disobey God and push to get our own way (like children) and just go ahead to do what we desire even when it is sinful. (Check out David’s major mess up in 2nd Samuel 11). We might make a bad choice or mess up, like David even. Thankfully, it only takes one step (one repentant prayer) to make things right with God. And boy, am I ever thankful for that!

Another big prayer that I had for many years was for my father. Dad thought that whatever a person believed or however they lived was fine, just as long as that person was happy. He did not believe in the Bible or God. When I became a born

again Christian at age sixteen, I started praying for my Dad to trust Jesus, too. Thirty-eight years later, two months before my Dad’s death, he asked God to forgive him. He called on the name of the Lord to save him and to make him His child. That was 10 years ago. I am so grateful that God gave me the assurance that I will see my Dad in Heaven someday. We have a loving God who knows our deepest desires!

Continued Next Page ➡ ➡

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He also knows us so much better than we know ourselves. I want to add – that I am so very thankful that over the years God has not said yes to my silly or selfish prayers, of which I have had my share! And that He has forgiven me when I went ahead and made bad choices. My main prayer today is: “Search me, O God and know my heart. Try me and know my thoughts.” Psalm 139:23

In the Bible we are commanded to pray. At Northville Baptist we believe in prayer and so we hold a weekly prayer meeting. We gather together to thank and praise God for His goodness to us, besides asking God to answer our prayers regarding health issues, our families, our church family, our missionaries, our country, and other requests. You do not have to pray out loud if you feel uncomfortable with that or are shy. God hears your prayers whether they are silent or are spoken out loud. If you have a special prayer request, you can call our church and we will put your request on our prayer sheet. We will pray for your special need. As that old song goes, “It’s Me, O Lord, Standing in the Need of Prayer!” Every September we hold

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our Annual Church Picnic at the lake. We have such a great time and appreciate the great hospitality of Mike and Judy Alter and Rob and Molly Whittaker for hosting us at their beautiful, sandy beach. The guys grill hotdogs and everyone brings a dish to pass. We Baptists are known for our good cooks! We often have baptisms at the lake too, and that day we will also have a baptism after the picnic.

School begins this month, along with our Youth Groups, Bible Club and some Bible Studies. October is coming up fast. That is our Missions Month when we have guest missionaries coming to speak Sunday mornings, Sunday nights and prayer meeting nights. Our own daughter, Sarah and her husband Will, who are starting a church in Philly, will be with us the end of October.

Join us some Sunday as we worship our Mighty God together. You will be blessed to hear what God has to say to you. If you come during our Mission's Month you will be challenged and updated on what is happening around the world – near and far! We would love to meet you! We are just like you, by no means perfect. We are simply sinners saved by God's grace, striving to please God. Our main goals are to share the Good News of God's free gift of salvation to all who will believe, and to encourage and love others as Jesus loves us.

Church Schedule:

Sunday (Staffed Nursery Provided)

8:45 AM (Sunday School for all ages)

10:00 AM (Worship)

11:30 AM (Sunday School for adults only)

7:00 PM (1st Sun: Video) (2nd Sun: Question & Answer Time)

(3rd Sun: Something Special) (4th Sun: Bible Institute) (5th Sun: Potluck Dinner)

Monday (Check the church website)

Bible Club (after school till 4 PM for K-5th Grades)

Girls Bible Study (HS girls at Philos)

Man Up (Bible Study for HS boys at Pink Chicken)

Wednesday (Check the church website)

6:00-7:30 Jr High Youth (6th - 8th grade) at BCON Corner

8:00-9:30 Sr. High Youth (9th – 12th grade) at BCON Corner

Thursday

10:00 AM (FREE Baked Goods at BCON Corner)

10:30 AM (3rd Thurs. only: Nursing Home Service at Nathan Littauer)

7:00 PM (Prayer/Praise at Church, Staffed Nursery Provided)

Friday (Check the church website)

7:00 – 10:00 PM Pink Chicken (8th-12th grade)

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GREAT SACANDAGA LAKE FISHERIES FEDERATION INC.



On Saturday July 11, the GSLFF in conjunction with the Fulton County Baseball and Sports Hall Of Fame unveiled a new historical marker recognizing a previous North American record Northern Pike. The famous DuBuc pike

was caught on September 15th 1940 in the Great Sacandaga Lake. The pike measured 52 ½" long and had a girth of 25". The weight was 46 lbs. 2oz.. This fish is 6 ounces heavier than a pike caught in Minnesota in 2002. The world record now recognized by the International Game Fish Association is 55 pounds caught in Germany in 1986. The marker is slated to be placed roadside in a September ceremony around the 75th anniversary date the fish was caught.

This year we are having a raffle for a kayak that has been donated by the Sport Island Pub. The raffle will be held at the conclusion of our fishing contest on September 12, 2015 at the Sport Island Pub. Winner need not to be present to win.

Tickets are available at the Pub, Ross Bait Shop – Hagaman, Dave's Bait and Tackle – Mayfield, Jim's Bait Shop – Mayfield, FRANK'S Bait Shop – Vail Mills, and Fuel & Food – Mayfield.

Our last fishing contest for this year will be held September 12, 2015 between 6:00AM and 4:00PM. Measuring of fish and awards will be held at the Sport Island Pub, Riverside Blvd. Sacandaga Park.

\$2,600 in prize money will be awarded for bass, walleye, pike and trout. In addition to this there are 20 tagged trout worth \$750 each if caught on the day of the contest and you have entered the contest. The tag color is green and must be attached to the fish.

Mailed entries must be received by Friday September 11, 2015.

Stocking of walleye will be done this fall. The federation always welcomes new

members. The next meeting will be held at 7PM on September 15th at the Fish House Fish and Game Club, 478 Fayville Road, Broadalbin, NY.

Additional information can be obtained at our website www.gslff.com or by contacting: Randy Gardiner at 843-6329 or Jack Smith at 863-1062.

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Great Sacandaga Lake Fisheries Federation Inc.
14th ANNUAL FALL FISHING CONTEST
\$17,600.00 CASH PRIZES
(\$2,600 payback + \$15,000 tagged fish)

Saturday September 12, 2015 6:00am-4:00pm

Measuring Station & Awards Presentations at the Sport Island Pub

Sport Island Pub is located on Riverside Blvd. in the Sacandaga Park, Northampton

FISH ANYWHERE ON THE GREAT SACANDAGA - NYS GAME LAWS APPLY

ENTRY FEE - \$30.00 - PRE-REGISTRATION ONLY- Includes Contest, and 2016 GSLFF Membership

\$50.00 BONUS PAYBACK INCLUDED BY EACH OF THE FOLLOWING SPONSORS:

- Sport Island Pub** - 108 Riverside Blvd., Northville; **Kenney's Marine** - 1499 St. Rt. 29A, Gloversville;
- Frank & Sons Body Works** - 272 North Ballston Ave., Scotia; **Lanzi's On the Lake** - St. Hwy. 30 Mayfield;
- St. Charles & St. Francis Motels** - 188 South Broadway, Saratoga Springs;
- Fullers Corner Store** - Northville Rd., Edinburg 4 Corners

Cash Payback Each Species:

Bass, Walleye, Northern Pike, Trout (rainbow or brown)

1st place - \$300 2nd place - \$200 3rd place - \$100 4th place - \$50

There are 20 trout tagged with an green tag, each worth \$750
(FOR CONTESTANTS 9/12/2015 ONLY - TAG MUST BE ATTACHED TO FISH)

For updated results on contest day call the contest hotline @ 518-227-8298
FISH MEASURING (by length) TO TAKE PLACE FROM 1PM TO 4PM ONLY

FOR INFORMATION CONTACT: Jack Smith - 863-4271 Randy Gardinier - 848-7248
Information and applications available online at www.gslff.com

Name _____

Address _____

Phone # _____

e-mail address (for contest info & newsletters) _____

Please check all that apply:

- Enclosed is my entry fee of \$30.00
- I have enclosed a donation of \$_____ to help stock and protect the fisheries of the GSL.
- I have enclosed a check made out to the GSLFF in the amount of \$_____

Entries also accepted at:

- Ross' Bait Shop** - Hagaman, **Dave's Bait & Tackle** - Mayfield, **Jim's Bait Shop** - Mayfield,
- Frank's Bait Shop** - Vail Mills, **Sport Island Pub** - Sacandaga Park, **Fuel & Food** - Mayfield
- Sportsman's Den** - Fort Plain

Mail completed form and entry fee to: GSLFF P.O. Box 991 Northville, NY 12134
**** Please mail early we must receive your entry by Friday September 11th ****



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Adirondack Folk School Schedule for September

www.adirondackfolkschool.org

All classes are held at the Adirondack Folk School unless otherwise noted.

Friday - Sunday, September 4-6
Traditional Chair Caning with Christine Ferris-Hubbard. #782-0904. 3 days, 9-4. Tuition \$285. Member Tuition \$255. Materials Fee \$60.
NOTE: Bring a water bucket, scissors and your chair. Extra chairs will be available for a nominal fee.

Saturday & Sunday, September 5&6
Introduction to Bladesmithing with Matthew Parkinson. #809-0905. 2 days, 9-4. Tuition \$230. Member Tuition \$210. Materials Fee \$45.
NOTE: Hard shoes and long pants are required for student safety.

Wednesday - Friday, September 9-11
Adirondack Woodshed with Sam Caldwell. #826-0909. 3 days, 9-4. Tuition \$285. Member Tuition \$255. Materials Fee \$400.

Saturday September 12
Creating Fly Tied Earrings and Other Accessories with Paul Sinicki. #798-0912. Half day, 9-12. Tuition \$50. Member Tuition \$45. Materials Fee \$10.

Saturday September 12
Braided-rim Basket for the Tabletop or Wall with Barbara Boughton. #760-0912. One day, 9-4. Tuition \$95. Member Tuition \$85. Materials Fee \$25.

NOTE: Students must be 12 years or older.

Saturday & Sunday, September 12&13
Blacksmithing - BBQ Utensils with Patrick Quinn. #844-0912. Two days, 9-4. Tuition \$230. Member Tuition \$210. Materials Fee \$50.

NOTE: Hard shoes and long pants are required for



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student safety.

Sunday September 13

Lampworking: Adding Depth and Encasing to Glass Beads with Renee Kingsley. # 749-0913. Half day, 9-1. Tuition \$70. Member Tuition \$60. Materials Fee \$10.

Sunday September 13

Let's Weave a Colorful Sock Rug with Caroline Dvorak. #762-0913. Half Day, 12pm-4pm. Tuition \$75. Member Tuition \$70.

NOTE: Tuition includes all materials.

Sunday September 13

Woodturning: Wearable Wood with John Kingsley. #744-0913. One Day, 9am-4pm. Tuition \$95. Member Tuition \$85. Materials Fee \$15.

NOTE: For your safety: no loose fitting clothes, hair tied back, comfortable shoes, and no jewelry. If sensitive to wood dust registration for turning classes is not recommended.

Mondays - Fridays, September 14-18 & 21-25

Build a Wee Lassie Canoe with Larry Benjamin. #841-0914. 10 Days, 9am-4pm. Tuition \$950.

Member Tuition \$850. Materials Fee \$900.

Saturday September 19

Backyard Plants-Simple Home Remedies with

Continued Next Page ➡ ➡

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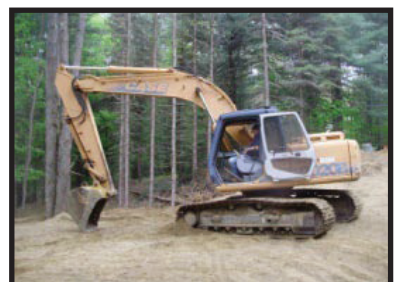
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From Previous Page

Susan Havens. #800-0919. Half Day, 9am-12pm.
Tuition \$50. Member Tuition \$45.

Saturday September 19

Gourd Art: Jack-o'-Lantern Candy Bowl with Carol Maher. #720-0919. One Day, 9am-4pm. Tuition \$95. Member Tuition \$85. Materials Fee \$25.

Saturday September 19

Felted Vase and Flower with Carol Ingram. #839-0919. One Day, 9am-4pm. Tuition \$95. Member Tuition \$85. Materials Fee \$25.

NOTE: Please bring a plastic bowl, olive oil bar or liquid dish detergent soap.

Sunday September 20

Beginning Bluegrass Banjo with Mac Petrequin.

#854-0920. Half day, 1pm-4pm. Tuition \$50.
Member Tuition \$45.

Sunday September 20

Blacksmithing: Create Your Own Marshmallow Roaster with Steve Gurzler. #834-0920. 1 Day, 9am-4pm. Tuition \$115. Member Tuition \$105. Materials Fee \$25.

NOTE: Hard shoes and long pants are required for student safety.

Sunday September 20

Felted Hat with Carol Ingram. #840-0920. 1 Day, 9am-4pm. Tuition \$95. Member Tuition \$85. Materials Fee \$25.

NOTE: Please bring to class: a plastic bowl, olive oil soap or liquid dish detergent.

Friday – Sunday, September 25-27

Rustic End Tables with Jim Schreiner. #774-0925. 2+1/2 Days, Friday 6pm-9pm. Saturday and Sunday 9am-4pm. Tuition \$240. Member Tuition \$215. Materials Fee \$50.

Friday – Tuesday, September 25-28

Introduction to Blacksmithing with Dick Sargent. #832-0925. 4 Days, 9am-4pm. Tuition \$460. Member Tuition \$420. Materials Fee \$50.

NOTE: Register early! The registration deadline is August 25th. Hard shoes and long pants are required for student safety.

Saturday September 26
Variations on a "Weed Basket" with Beverly Cornelius. #729-0926. 1 Day, 9am-5:30pm. Tuition \$95. Member Tuition \$85. Materials Fee \$50.

NOTE: Students to bring to class: Basin for water, sheetrock knife, old towel and washcloth, clip clothespins and a spray bottle.

Monday & Tuesday, September 28&29
Children's Pull Sled with Mark Ornstein. #824-0928. 2 Days, 9am-4pm. Tuition \$190. Member Tuition \$170. Materials Fee \$95. _

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Adirondack Folk School Event for September

www.adirondackfolkschool.org

Open Forge Night with Steve Gurzler
Wednesday September 16. 6:30
p.m. – 8:30 p.m.

Steve Gurzler will fire up our forges to both demonstrate the art of blacksmithing and supervise others as they try their hand at the anvil to heat, bend, and create for the first time. This might be just the thing to prompt you to take one of the many blacksmithing classes offered at AFS. Open Forge Nights are May 20, June 17, July 15, August 19, September 16, and October 21.

Admission is free, but donations are welcome. Donations go towards the materials and expenses and are appreciated.

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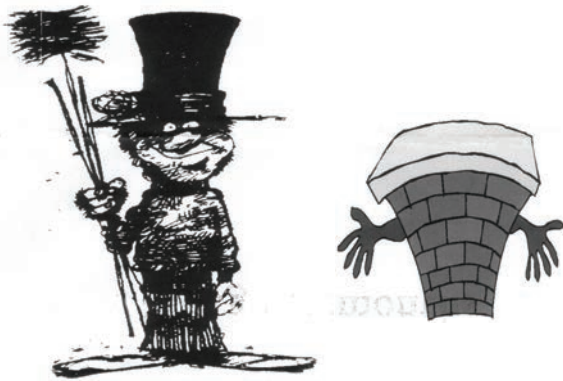
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Edinburg School News



Edinburg Eagles School News

by *Ms. Kimberly S. Hornada, Superintendent*



WELCOME BACK:

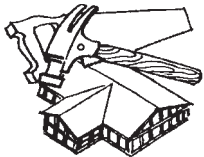
Soon our hallways will be filled with the joyful noises of children, staff and families. We at the Edinburg Common School are very excited for the return of fall days, smiling faces and eager

learners. We hope that your summer has been filled with family activities. We certainly had many beautiful and hot days this summer. How quickly summer goes by and our thoughts turn to preparing for the start of another exciting and fun filled learning experience for our students. We are always excited to meet new families and students and to catch up on summer stories with our returning students and their families.

MORNING PROGRAM:

Edinburg students will have a new routine this year coming off the school buses. All students K-6 will place their backpacks and coats along the wall outside of their classroom and proceed to the cafeteria for attendance. Student's not eating breakfast, will be going to the gymnasium at 8:00 after signing in. We will have: Music Monday, Time to Read Tuesday, Walking Wednesday, Think Art Thursday and Funky Friday. At 8:10 we will have our announcements, birthdays, the pledge

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and patriotic song. Students will then proceed to their classrooms at 8:20 when the bell to start school rings. Classroom teachers will be in staff development meetings from 7:45-8:20 each day.

BUS SAFETY:



Please remember to go over the following rules with your child prior to the first day of school: Always wait for the driver to motion you before crossing the road

Never walk behind or between buses as the drivers cannot always see you

Remember that the driver needs to concentrate on the road. So stay seated and use a quiet voice

Be at your bus stop five minutes prior to your arrival time

Keep the aisle cleared at all times (backpacks, feet etc...)

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The members of TOPS (Take off Pounds Sensibly) 1005 Northville remind each other every week what healthy living and weight management are really all about. The decisions we make every day make up a lifestyle!

We at TOPS, invite you attend our meetings! We meet on Tuesdays, downstairs at the Bradt Building on Main St. in Northville. Weigh in begins at 4:30 with the meeting to begin after 5:00pm.

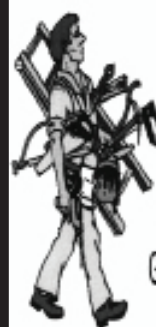
What exactly happens at meetings?? We begin with confidential weigh ins and then our program starts! These programs aim to help members achieve their weight loss goals. A meeting is a time to share one's weight loss successes and challenges without feeling uncomfortable! Fellow members are there for support and to keep your spirits high! We have informative meetings, one such being about eating out and the strategies to help you when you do! Thanks to Arden Detweiler, Arlene McQuirk and Diane Mack for sharing menus from different eateries and some of their entries that were under 600 calories!! Pat Wilcox and Barb Ille also shared what they have to eat before going out to eat...

Our chapter celebrated its 21st anniversary in July! Thanks to Helen Harrington who started our successful TOPS chapter twenty one years ago.

KOPS best loser was Cathe Bard and the TOPS best loser was Sherri Chamberlan

Members losing after a holiday were: Arden Detweiler, Bob McGurick, Diane Mack, Ellen Desharnais, Leslie Casey, Ronnie Flynn, Stacey Ward, Cathe Bard, Sherri Chamberlain, Judy Frasier, Pat Wilcox, and Terry Poulin.

Other members losing were Arlene McQuirk, Laurie Dimick, Hadley Jacobs, Joyce Callahan,



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Judy Frasier, and Pat Wilcox,

6 weeks with no gain were, Sherri Chamberlain and Cathe Bard.

Our KOPS (those that have reached their goal) attended their annual KOPS Honor Society luncheon at the Perthshire. Those attending were: Nancy Bassett, Cathe Bard, Terry Poulin, Judy Frasier, Kristen Williams, Barb Ille and Pat Wilcox and Helen Harrington.

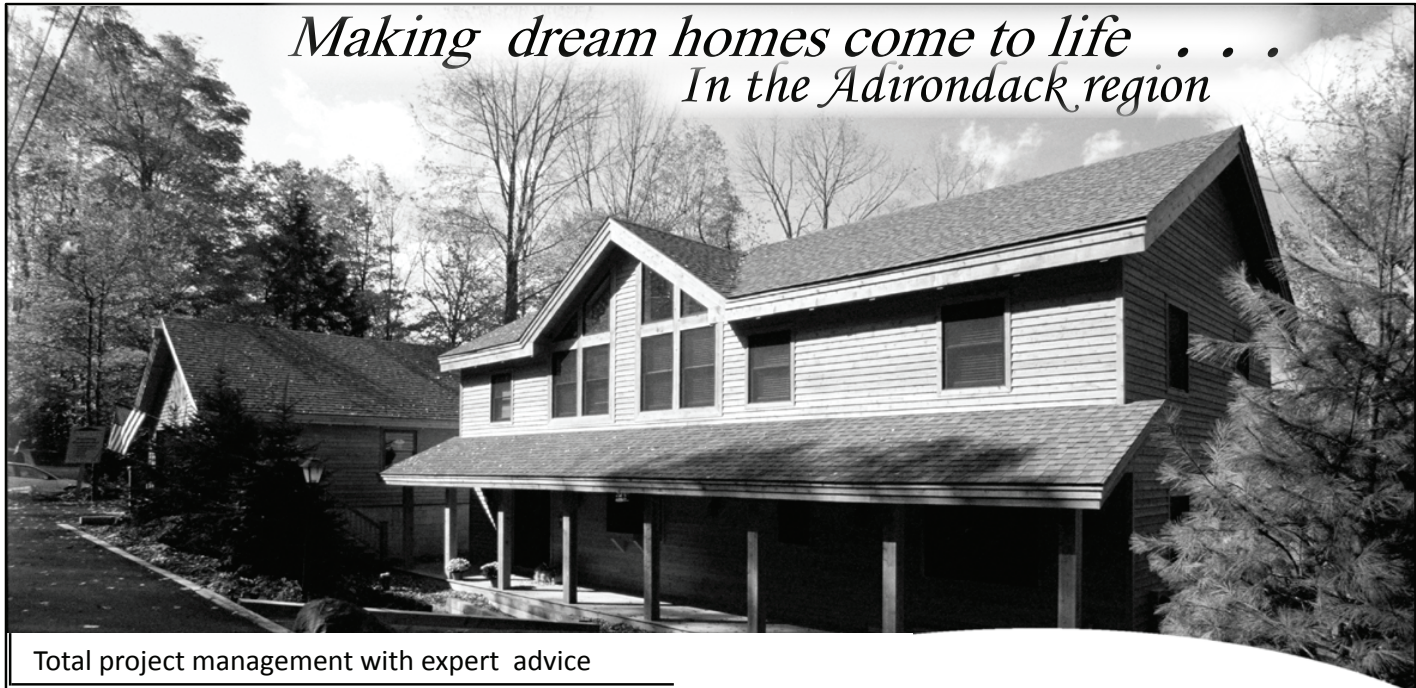
KOPS anniversaries were celebrated by Barb Ille with nine years and Terry Poulin with 12 years. Yellow roses were awarded to Kristen Williams, Terry Poulin, Cathe Bard, Pat Wilcox and Barb Ille for being at or below their goal weight! Our guest speaker was Helen St John from the Washington County Health Department who spoke about maintaining one's weight.

Come join us, our first meeting is free! For more information, call 863-8389 or visit us at www.tops.org on the web.

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	Tues,Wed, Thur 12-7 Sat 8-1	DAY	696-3789
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NORTHAMPTON/N'VILLE	Mon, Tue 8-4,Sat 8-1	HADLEY	696-3112
		NORTHAMPTON	863-4040
		MAYFIELD	661-5414
TOWN CLERKS		DOG WARDENS: (HOME)	
DAY		BROADALBIN	
Carol Vaillancourt	696-2698	Joe Passino	762-6342
EDINBURG	Denise Ferguson 863-2034	DAY	
MAYFIELD	Dorothy Hart 661-5414	Francis Allen	696-3617
HADLEY	Pauline Smead 696-2055	EDINBURG	Bill VanNostrand 863-4880
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BROADALBIN	883-5433	Brian Sweet	673-5123
SARATOGA COUNTY	911	EDINBURG TAX COLLECTOR	Faye Frasier 863-2034
FOREST RANGER		EDINBURG ASSESSOR	Ron Beckering 863-2034
EDINBURG/DAY	383-1005	EDINBURG TOWN JUSTICE	Douglas Sterling 863-2409
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EDINBURG	Matthew Ginter Sr. 863-2034		
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For Sale Sunfish Sailboat with trailer. Asking \$600.00 Alagesh Guide Canoe. Asking \$250.00 Dock barrels, 2 for \$25.00 Call 315-765-0476 or 518-696-5988

For Sale - Adult and childrens XC skis with poles and boots, \$20.00 per set. Flexible flyer sleds, \$20.00. Toboggan, \$50.00. Camp stove including butane cartridges, \$25.00. Call 518-372-6728

For Sale - Napoleon 1100 cast iron wood stove. Painted black. Good condition, \$300.00 Call: 696-2828 (leave message)

Garage/Barn Sale

Saturday, September 12th, 9am to 4pm, 1 Military Road, Edinburg, NY. Lots of stuff that has accumulated for over 40 years. Larger items include: antique engine hoist, 10 ft. picnic table, cement mixer, pig fencing, 40 ft. extension ladder, drill press, antique hay cutter, brand new acrylic bathtub (72"X 36" X 20"), hand-made lawn cart, antique safe tap and die set and wood planer. Also, lots of smaller items including farm and garden tools, etc. Please see Craigslist (Albany) garage sales for photos.

From Hawk On Back Page

Everyone walked and drove around it. He picked it up three days later. When I started working I did whatever I could to get noticed. No one can walk in and know how to do a job. If you do not know anything, do the little things that you can do. Grab a broom, clean out a truck, empty garbage, ask if you can help someone in some way. Why don't people take any initiative? Why can't people start and finish, even a simple routine job? If your job is to wash a vehicle; wash all four wheels. A majority of business owners I have talked to are tired, of the endless battle, of dealing with people who appear not to care. We are all passionate about what we do. The job is in our blood; we live and breathe work 24 hours a day. We want to make our sure our customers get the best product possible and we want them to be happy with our service. Staff need to understand the mission and philosophy of the organization and understand how their behavior effects others. We are finally making some headway. We were very lucky to find some good people in the last 10 months. They did not have skills related to drilling but they had experience that they could transfer to this job. We have a very nice crew of workers and that certainly helps with my stress.

This summer Lucas and Acadia have been in the office three days a week. They have their own private sanctuary in a back office. The swing set is in the front yard and the pool is in back. They are very good about occupying themselves. They know when to lay low but they are also there when we need a boost. They are excited when we get deliveries in big boxes. They have made forts, space ships, boats, houses and robots. They have collected every bug they can find in the yard and bring them in to show us. They have picked flowers and made arrangement for our desks. They have decorated the walls with happy pictures. The wonder and delight I see in their eyes each day is what makes the stress go away. It is amazing what a hug and a kiss can do to make things better. I will miss them when they are not here. Acadia is starting kindergarten in the fall and Lucas will be going into first grade. Time has flown by and I am grateful for the time I got to spend with them here.

Labor Day is coming up quickly. This is the last weekend of summer for many of you. On behalf of all of us at Hawk Drilling, we hope you have a happy and a safe holiday weekend!

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Did You Know

I have worked in an administrative capacity for most of my life, in both, the public and private sector. I have supervised as many as 500 staff to as few as 8 staff. Staff recruitment, turn over and retention is a concern for most businesses. There are jobs available for those people who really want to work. There are advancement opportunities for those who want to learn a trade. I have sat through many interviews in my life and most people come in saying the same things. I am a good worker, I get along well with people, I am a team player. Blah, blah , blah ! It is very hard to find someone who means what they say. They say what they think you want to hear. Checking references, these days, is basically meaningless. Previous employers will not tell you anything other than John Doe worked here from this date until this date. They are worried about confidentiality and being sued. You pretty much have to go with your gut when hiring

someone. We have learned that within a month, we will know if a person is going to make it. Sandra sits with all new employees and goes through the policy manual on their first morning of employment. Sometimes I think it is a waste of time and breath. The most basic rules are broken immediately . We have all been new hires and it is difficult starting any new job. The younger people in the workforce, that we have seen, are having an especially difficult time. They do not understand that job requirements are not always finite and specific. There is overlap and redundancy. I answer phones, talk to customers, write proposals, do reports, empty the garbage and clean the toilet. Last week a tree branch came down in the parking lot. Bill left it there to see who would pick it up.

Continued Inside Back Page

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