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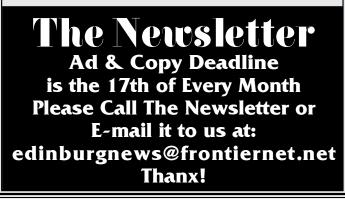
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## Birthdays -Anniversaries & Other



If you have a birthday that you would like to put in the Edinburg Newsletter e-Mail it to: edinburgnews@frontiernet.net

Happy Birthday Deborah R. Kayla M. Butch D. Laurie D. Ann B.

> Katie B. Lorna Mc. From the Four Corners Diner Gang Happy Holidays

Birthdays in Heaven Elwyn I. Ferguson December 8th

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Edinburg Tree Lighting 2017 @ the Edinburg Fire House December 2, 2017

Horse and wagon rides – 2:00 - 4:00 p.m.

Santa arrives - 3:00 p.m. Tree Lighting – 4:30 p.m.

There will be face painting and raffles (must be present to win). We hope to see you there.



## Thank You Northampton Voters

Thank you Town of Northampton voters for your support in the November election.

Ken Cramer, Town of Northampton Highway Superintendent Elect.





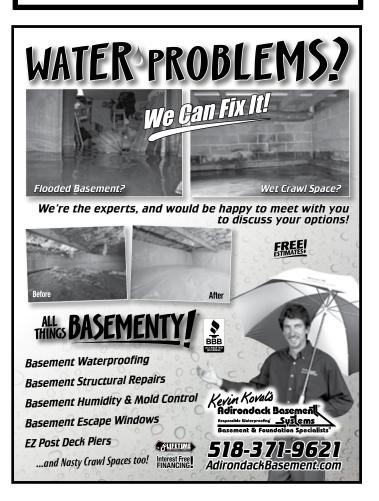




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**EDINBURG TOWN** REPORT www.edinburgny.com by Jean Raymond



MERRY CHRISTMAS AND HAPPY HOLIDAYS

#### **Community Center Smoke/ Electrical Problem**

There was a major problem with a potential fire risk at the Community Center/Highway Garage last week. There were several instances of smoke and the smoke alarms being triggered but no fire and no apparent cause. Thank you to Wayne Seelow, the Highway department employees, the Edinburg Fire Company and surrounding fire departments for their help and assistance in determining the cause of the problem. It was decided that there were some major electrical problems with the wiring in the Community Center above the ceiling. A decision was made to replace the old wiring with all new wiring that meets current code requirements. This is being done now and should be completed by the end of November. The meal site will then reopen.

#### **Open Space Institute Purchase of** Former Sweet Land

There was a meeting on October 31st Katy Petronis from the Open Space Institute (OSI), Jason Kemper from the Saratoga County Planning Department, Tom Martin from DEC, Jean Raymond, Supervisor and Janet Johansson, Deputy Supervisor. Currently OSI has a contract with Voyager Advisors LLC, the owners of the former Sweet property. to purchase the 4200+acres of land. They are looking to make a deal with a conservation buyer and would then sell a conservation easement to DEC and the land to



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#### December 2017



the conservation buyer. They have an interested buyer but not a contract. They want to know that DEC will purchase the land from them if they are unable to finalize an agreement with a conservation purchaser. The town has 90 days from September 8th to oppose the use of Environmental Protection funds by the state for the purchase (approximately the 5th of December). The OSI has offered the town a 50 foot recreation/snowmobile trail through the property which would probably be withdrawn if we object to the DEC purchase. There is no guarantee the state would not use other funds if we deny the purchase. The Board has not yet made any decision.

#### Great Sacandag Lake Advisory Council

The documentary film sponsored by the Great Sacandaga Lake Advisory Council has been completed. The first public showing of "Harnessing Nature: Building the Great Sacandaga will be on Saturday, November 25th at Northville School. Due to space constraints, pre-registration will be required to attend. There is no charge. To get event information go to www.eventbrite.com and do a search for harnessing nature. DVD's will also be available by the end of November.

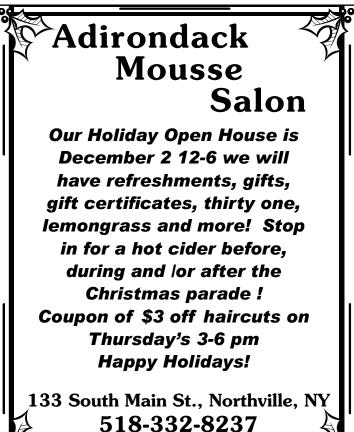
#### Drug Take Back Day at Recycling Center

The Saratoga County Sheriff's Department Drug Take Back Day was held on November 4th at the Recycling and Reuse Center. It was taken advantage of by a number of people. We thank the Sheriff's Department.

#### **Edinburg Tree Lighting**

The annual tree lighting will be on Dec. 2nd beginning at 2:00 pm at the Edinburg Fire House. The town is again providing the horse and wagon rides from 2:00 to 4:00 and there will be face painting. Thanks to the wonderful volunteers led by Jackie and Sandy who put this day together for





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### From Previous Page

the children and their families and the entire community.

#### **Cemeteries Close December 1st**

The Edinburg cemeteries close December 1st for the winter. A notice will be placed in the paper of the closure and at the end of November highway workers will be cleaning up the cemeteries for the winter.

Winter Refuse and Recycling Collection Schedule

The Center is now on winter hours of Friday 12:00-3:00 and Saturday 9:00-3:00.

In the event of bad weather and road conditions there may be a change in the roadside collection schedule by postponing collections to the following day. We will make every effort to let residents know if there is a change. Residents are reminded to move their garbage bins back so they will not be damaged by the snowplows.

There will be no recycling collection on Thanksgiving Day, November 23rd. The Recycling Center will be closed on November 24th and refuse collection will be on Tuesday and Wednesday the week of Christmas and the week of New Year's.

#### Town Hall Holiday Schedule

The Town Hall will be closed on December 22nd for Christmas and will reopen Tuesday, January 2nd. Town officials may be reached at their homes if necessary.



Northville Rotary Grows "Service Above Self"

## Northville Rotary Announces December 9th Community Christmas Party

The Annual Northville Rotary Community Christmas Party will be held on Sat., Dec. 9th at the Sport Island Pub in Northville. The party will begin at 6:00 with a social hour and offer a buffet dinner for \$35 per person which includes tax and gratuity. Food choices include: Top Round Beef, Apple Stuffed Pork Loin, Tortellini Alfredo, Rolled Stuffed Eggplant, Roasted Potatoes, Green Bean Almondine, Tossed Salad, Dinner Rolls, Red Velvet Cake, Holiday Cookies, and Coffee and Tea. A complimentary drink will be included in the ticket price at the upstairs event bar.

The evening will include entertainment by Northville resident and Rotarian Don Hoffman. There will also be raffles of items donated by local businesses and the raffle of a large "Basket of Spirits". Raffle tickets for the Spirits Basket are presently on sale at the Pub. The winners of these raffles will be drawn that evening.

Proceeds will go to local community organizations as well as Rotary International projects. To purchase

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dinner tickets contact Chas Owens at 883-3338 or email chasowens86@gmail.com. Pre-sale tickets only. Space is limited. The Northville Rotary Club invites all community members to join this festive holiday celebration!

The Northville Rotary Club meets at 5:30PM on most Thursdays at the Sport Island Pub,108 Riverside Drive, Northville, and the second Thursday of the month at the Timeless Tavern, 162 S. Main Street in Northville. New members are welcome to join the Club in service to the community.







## NORTHVILLE PUBLIC LIBRARY



Director 863-6922

Michael Burneti

The library continues its annual holiday tradition, marking the month of December as a

fine free month! During this period, no fines will be charged. This is a GREAT opportunity for patrons with outstanding fines and long overdue materials to come in and clear their records with NO PENALTY!!!!!

The Sacandaga Book Group will meet on Tuesday, Dec 12 at 10 am in the library's program room.

Jean Ludlum will lead a discussion of "Art of Hearing Heartbeats", an inspiration love story set in Burma by Jan-Philipp Sendker. Set in the 1950s, a daughter traces her father with one mysterious love letter he wrote many years ago to a Burmese woman. She travels to the village where the woman lives and there she uncovers a unimaginable passionate tale.



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On Thursday, Dec 14, the Friends of the Library will hold the drawing for their Annual Holiday Raffle. Three baskets will be awarded: "Holiday Cheer"- wine, liquor, cheese, treats; "Kid's Fun" – books, snacks, games & crafts; and "Pamper Yourself" – body lotions, candles, afghan. Get tickets at the library.

The "1000 Books Before Kindergarten" bags are available for borrowing. Each bag contains 10 books that are appropriate for most 3-5 year olds.

The Baby Bags contain board books for toddlers. Track what is read by using the app from [http://1000booksbeforeki ndergarten.org/resources].

Story Time will be held on Sat, Dec 16 at 10 am, coordinated by Hadley Jacobs. Bring your pre-school children for stories, snack, and craft.

There will be an informal Pokémon card game hour on the 2nd and 4th Tuesdays from 4-5 pm. Players must bring their own cards. Other tabletop games welcome, just bring them along. Come to play, come to learn, come to help out some new players.

Many holiday reads and DVDs are on display. Enjoy a quiet moment or share a story with the kids.





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Hours: September to March Monday 9am - Noon Tuesday 9am - 8pm Wednesday 9am - 4pm Thursday 9am - 4pm Friday 9am - Noon Saturday 9am - Noon



## SVAN Gallery at Northville Library to Feature Lexington and Transitions Artisis

Artists from Lexington's Creative Expressions program and the Transitions program will be featured in a Sacandaga Valley Arts Network (SVAN) exhibit at the Northville Library Gallery, located at 341 S. Third Street, Northville. The show will run from October 31 to December 28, 2017.

The exhibit features collaborative splatter paintings based on the work of Jackson Pollock, a 20th century American painter who helped pioneer the abstract expressionism movement of spontaneous, emotional, abstracted art. The Transitions students were inspired to research and study the movement and Pollock's technique after a docent-led tour of the Munson-Williams-Proctor Arts Institute in Utica, where they saw original pieces by Pollock and many of his peers.

The artists who collaborated on the Creative Expressions piece include Bobby Carr, Richard Freeman, Dennis Hoyer, Caroline Pendlebury, Adrienne Phillips, Thelma Senecal, Taylor Skinner, Debbie Woodruff and Mikyle Woodward. The artists who collaborated on the Transitions piece include Zen Anderson, Lacy Brower, Maria Bucholtz, Greg Clicquennoi, Josh Corbett, Olivia Esposito, Joe Magliocca, Eric Noonan, Noah Pappas, Maggie Roarke, Marybeth Sefcovic, Bethany Sweet and Kristen Troy.

The Northville Library Gallery is open to the public Monday, Friday and Saturday 9 a.m. to noon;

Tuesday 9 a.m. to 8 p.m.; and Wednesday and Thursday 9 a.m. to 4 p.m. The gallery is free of admission. Visit www.svanarts. org or call the gallery at (518) 863-6922 for more information about this exhibit.

Lexington's Creative Expressions program is committed to creating inspired living through the arts. The program promotes independence and choice through outcome-based programs and involvement in the community. Goals focus on social activity, creativity, talent, choice, exercise, self-worth, skill-building, and health and wellness awareness. Creative Expressions artists have participated in many local exhibitions, won several prestigious awards and sold more than 100 pieces of art. For more information about Creative Expressions, call Lexington at (518) 773-7931 or visit www. lexingtoncenter.org.

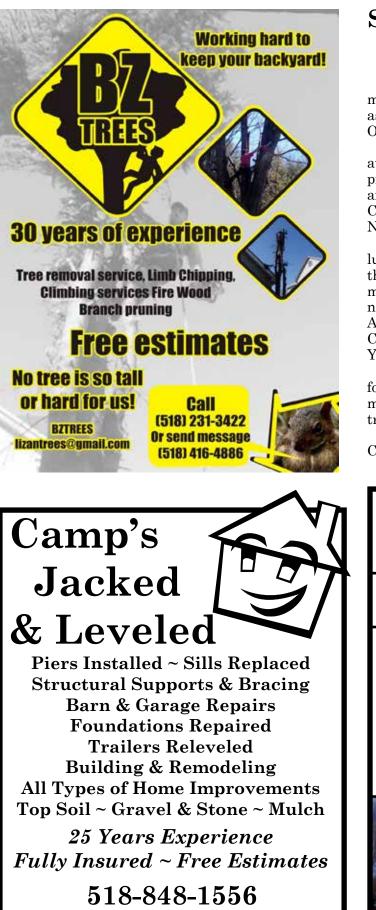
Transitions is an apprenticeship program that supports young adults with learning differences ages 18-27 as they attend college, get their first jobs and live independently for the first time. Its innovative curriculum covers social skills, health and wellness, independent life, self-management, and self-advocacy and leadership. The program also offers career success and exploration classes, coordinates internships in local businesses and provides job coaching and mentorship opportunities. For more information about this unique program, visit www.transitionsusa.org or call (518) 775-5384.

The Sacandaga Valley Arts Network is a not-for-profit organization and is committed to promoting the arts in the Sacandaga Valley region. It exhibits members' creative works at three gallery locations: The Arts Center in Northville, NY, the Tourist Information Center at the Rt. 29 & Rt. 30 roundabout and at the Northville Library Gallery in Northville, NY. SVAN also sponsors music concerts throughout the year (weekly in July and August) and their theater group, Sacandaga Musical Theater (SMT) performs plays, music revues and dinner mystery theater performances throughout the year.

Lexington, Fulton County Chapter, NYSARC, Inc., is a private, not-for-profit agency providing a wide range of services to adults and children who are disabled in Fulton and Albany Counties. Created in 1953 by a group of concerned parents, Lexington is recognized as one of the leading agencies of its kind in New York State.







Craig

### SACANDAGA TASK FORCE FOR SENIOR LIVING

Please note, Fulton County OFA is now serving meals at the Red Rooster Cafe on Tuesdays as well as on Thursdays. To make a reservation, please call OFA at 736-5650.

You may attend Red Rooster Programs without attending the meal. Feel free to come for the program, or bring a bag lunch and join us! Programs are held Thursdays at the Red Rooster Café (Pink Chicken) at the corner of Bridge and Main Sts. Northville.

Call Fulton County OFA at 736-5650 to make lunch reservations. If you are unable to attend the lunch, please call OFA by 9 am to cancel your meal! If the OFA meal site is closed, there will be no program that day. Chair Yoga taught by Ony Antonucci is held each Thurs. from 10:30 to 11:30. Cost of classes is \$5 per week or 6 sessions for \$25. You may join at any time.

Additional information about STFSL can be found online at STFSL.org. To request volunteer medical transportation or for information about bus trips, call 752-8737

December 7th OFA Congregate Meal 11:30-12:30 Chicken Parmesan, Rotini in Sauce, Italian Blend





Fully Insured Free Estimates References

#### December 2017



Vegetables, Italian Bread, Jello. We will also celebrate all December birthdays with a cake provided by Georgia Red Rooster Program at 12:30 Speaker will be Becky White of Fulton County OFA and she will talk about Medicare Special Enrollment Periods. Thanks Marion Balch, 725 5154

December14th OFA Congregate Meal 11:30-12:30 Ham with Plum sauce, Scalloped Potatoes, Squash, Rye Bread. Red Rooster Program at 12:30 Joe Franco, Director, Resource Center for Independent Living will discuss his agency's services and Statewide System of Advocates.

December 21st OFA Congregate Meal 11:30-12:30 Pizza Burger, Potato Puffs, Succotash, Hamburger Roll, Lemon Lush Red Rooster Program at 12:30 The Northville Central School Choir under the direction of Kristy Matthews will present a Holiday Concert. Becky White from Fulton County OFA will be on hand from 11:30 to assist seniors with any issues.

December 28th OFA Congregate Meal 11:30-12:30 Swedish Meatballs, Egg Noodles, Red Cabbage, White Bread, Cookie Red Rooster Program at 12:30 A Holiday Party! Refreshments and a grab bag gift exchange. Also, Home Health Care Partners will hold a Blood Pressure Clinic.

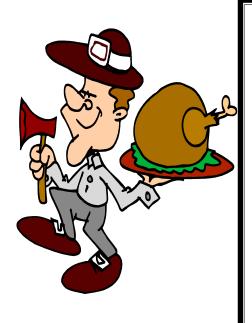


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### **Feeling Stressed?** Visit the Sacandaga Body & Soul Wellness

Visit the Sacandaga Body & Soul Wellness Corner on Wednesdays for Wellness with Wendy Health Chats Overall wellness with different Tips for Stress Management Weekly through Nov. 29th 7:00-8:00 P.M. (There is no fee!) 105 Seven Hills Road, Northville, NY 12134 RSVP's appreciated: WendyB4health@gmail.com Or find us on Facebook





315 Old Corinth Rd. Hadley, NY 12835

Holiday Hours M-F 10-5pm, Fri till 7pm Sat 10-4pm, Sun 11-3pm Closed Dec 24 & Dec 25

518-696-9950 Like us on Facebook We have every pleasure in announcing that the holiday shopping season at Some Favorite Things GALLERY ... begins Nov. 25, Shop Small Business Saturday & continues throughout the holiday season. We wish it to be understood that our invitation is to the whole greater Hadley area and to visitors from around the world to experience the handcrafted art and gifts of over 50 local, talented artisans ... and that the pleasures of shopping for unique, one-ofa-kind art and gifts begin from the opening hour of 10am

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#### Fresh Trees & Wreaths, Gift wrapping, too!

Dec.15 6-8pm Men's Shopping Night, gift wrapping \* Lynn Benevento & Cate Mandigo prints, Upper Hudson Coffee, etched wine glasses, pottery, carved fish, silver & gemstone jewelry, lake inlay trays, Adirondack decor, fine art, honey & maple syrup, Hadley tees & Sweatshirts



#### WWW.EDINBURGNEWSLETTER.COM



## Tedisco Makes Major Infrastructure Announcement

New Fulton County Economic Development Project

Senator Tedisco joined Fulton County Supervisors to announce new state funding for Vail Mills Development Area to bring residential, retail & commercial development.

On November 13th Senator Jim Tedisco (R,C,I,REF-Glenville) announced new infrastructure funding he has secured for Fulton County for the Vail Mills Development Area to bring residential, retail and commercial development to Fulton County.

Located around the intersection of NYS Routes 29 and 30 in the Town of Mayfield at the gateway to the Great Sacandaga Lake and Adirondack State Park, the Vail Mills Development Area will offer 50,000 square feet of retail space, 132,000 square feet of commercial office space, single family homes and apartments as well as a potential 72-room hotel along with greenspace and parkland.

Tedisco has secured a grant to support the proposed new development by bringing in municipal sewer service which is not currently available in the area.



#### CMK & Associates Real Estate



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CMK & Associates Real Estate, 122 Bridge St, Northville, NY



#### 63 Sinclair Rd, Edinburg MLS 201722262 \$215,000

Move-in ready, renovated, 3BR, 3BA home in Saratoga County. Low taxes & a lot to offer!

**21 Roberts La, Edinburg** MLS 201714506 **\$287,000** 



PENDING!

PENDING!

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#### HRBRRD on the GSL a short walk away w/ no roads to cross!

4BR, 2BA home w/ 25'

Washburn Rd, Benson MLS 201720005 **\$89,000** 

Approx.10 acres, APAapproved for 2 structures. Sit by the stream & enjoy!

 Nine Mile Tree Rd, Mayfield

 MLS 201719171
 \$19,500

Lot #2. Build your dream home on 1.226 acres of vacant land w/ gravel driveway!

#### **210 State Hwy 30, Northampton** MLS 201707980 **\$229,000**

Charming chalet overlooking the GSL w/ 825' HRBRRD permit across the road!

**184 Water St, Northville** MLS 201718983 **\$194,500** 

Gorgeous, updated log home w/ 3BR, 2BA on 1.9 acres with privacy!





#### December 2017

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The Great



### 66 Northville Road, Edinburg, NY 12134 518-863-COLE (2653) cole@colerealestate.com

Many more listings! See our web site: www.colerealestate.com

\$170,000

412 South 1st St, Northville

Spacious center hall colonial: 3 BR, 2 BA:

LR w/fireplace, hardwood floors, large

screened porch, dining room, kitchen

w/access to back yard & thru breeze-

way to garage w/ attached shed, full

launch less than 5 min drive. RS104

#### Sacandaga Lake — A Beautiful Place to Be!

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NORTHVILLE VILLAGE

basement. Oversized village lot is 0.46 ac: nicely landscaped w/ flower

gardens & BBQ fireplace. New kitchen appliances, counters, & floor-

ing, new flooring in baths & mudroom. Northville beach & NYS boat

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#### **GREAT SACANDAGA LAKEFRONT**

#### \$259,000

2281 North Shore Rd, Hadley

Privacy, views, lovely woodsv setting, 250' of lakefrontage comewith this 3-season, 3 bedroom cottage. Ideal location on over 1 acre and short drive to Saratoga and Lake George. New

dock, great for boating, swimming and fishing. Relax in the screened porch and take in the lake and mountain views. Comes fully furnished. LF114 MLS #201618600



#### **NORTHVILLE VILLAGE** \$219,000

#### 231 North 1st St. Northville

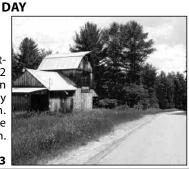
Great rental income with this 6-7 unit apartment property. Main building has 5 apartments: 3 w/2 BRs, 1 w/3 BRs, and 1 w/1 BR. Detached garage/barn has

2 apartments overhead w/2 BRs, one is rented, one is unfinished: plumbed, and sheetrock is up. New 30 year architectural shingled roof. Nice cash flow, tenants pay utilities. Great investment opportunity. MLS #201720506 RS102

#### \$137,500

#### 112 Yates Hill Rd, Day

107 Acres w/ 1880' road frontage. Subdivsion potential, 2 story barn, 1994 35' camper in good condition, shed. Partially cleared and wooded, 5 min. drive to Great Sacandaga Lake Saratoga County boat launch. Located on nice country road. RS207 MLS #201324853



#### NORTHVILLE



Commercial village property! Old Glove Shop + Garage/shop. >1/2 acre(2 lots), garage/workshop/ office building (984 sq ft). 30'x50' 3 story (4500 sq ft) old glove shop. Prime

location with many possibilities. Shown by appointment to qualified buyers only. CM102



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RS 203

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\$18,900 PROVIDENCE. 268 shared beach w/boat launch Drager Rd. 1.22 acres w/500' & parking. Possible owner road frontage plus 12' x 20' financing.

#### MLS #201318949

\$64,500 NORTHAMPTON. 7 Hills Rd, 16.53 acres, 547' road REDUCED \$38,500 EDINBURG. frontage, wooded mixture of Skytop Plateau Ker Rd. trees, hiking trails, stream, wild-Hilltop bui SOLP /- acre. life, potential for subdivision. Private settii V/views. Nearby RS221 MLS #201407212







#### \$99,900

1282 County Highway 110, Broadalbin

MLS #201714286

2 BR 1 BA ranch with open floor plan. Large liv rm w/ gas fireplace open to din area and kitchen. Large mstr BR. Short drive to GSL boat

launch & public beach. Level >1/2 acre lot, carport, enc porch, shed. MLS #201624692 RS100

BENSON

#### \$259,000

#### 1644 Benson Rd, Benson

"Get away from it all." 3–4 bedrm country home. Peaceful setting on approx. 23 acres. Rolling hills, views, cleared and wooded. Country kitchen, pantry, dining rm, living rm, den/fam rm w/fpl, encl porch + open porch. Lg 2 story barn with electric.

shed. Near Great Sacandaga LA210

MLS #201619481

Lake town beach and Route 29.



Cross country skiing and snowmobiling. Enjoy wildlife and serene country living. 500' on Stoney Creek trout stream. RS114 MLS #201327009

#### LAND & LOTS





## Sacandaga Garden Club

The Sacandaga Garden Club had our November meeting on Nov 2nd. We had a meeting and workshop to make table centerpieces for our annual luncheon and auction.

On November 9th, the garden club had our annual luncheon and auction at the Hales Mills Country Club. We honored Hazel Gloede ,our first treasurer and founding member of the Sacandaga Garden Club. Mrs Gloede's daughter Mrs Barbara Sperry attended the luncheon in her mother's honor. Everyone had a great time. The funds from the auction will help the gardens club send a child to the DEC camp this summer.

Our next meeting will be Thursday, December 7th at 10 00am at the Northville Presbyterian Church. We will be having wreath making and holiday gifts for the homebound workshop. You will be able to view our wreaths throughout Northville and Benson.

On December 14th, the garden club will be celebrating the holidays at our Christmas party at the Northville Public Library.

The next Sacandaga Garden Club meeting will be Thursday, March 1, 2018 at 1 00pm.

The Sacandaga Garden Club would like to wish everyone a Merry Christmas and a Happy and Healthy New Year.



518-863-3253

#### December 2017





## BROADALBIN YEAR ROUND LAKEFRONT

Beautiful year round Great Sacandaga Lake front 3 br home on over 5 Acres of mowed and landscaped property all leading to your deeded 87' of private sandy beach and docking. Awesome mountain views, Entertainment shelter and electric for your convenience when at the beach or boat.

Home has been completely renovated with new kitchen, bath, flooring, electrical, plumbing etc. Screened porch, new out building for garden storage. New paved driveway at house w/additional fabric and stone laydown off Lakeview rd for guest parking approx 8-10 car and season boat storage.

This 5+ ACRE property has been approved for subdivision with additional well in place for future dream home or lot sale.



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### HealthLink Littauer's WELLNESS WORDS

Submitted by Carol Tomlinson R.N. B.S., Community Health Educator

#### MANAGING DIABETES DURING THE HOLIDAYS

The holiday season is both a beautiful and stressful time of year for most of us. If you have been diagnosed with diabetes, it can be even more challenging to manage your diabetes and the holidays at the same time. However, according to the American Diabetes Association, with some minor changes you should be able to handle managing both with confidence.

First and foremost, remember to enjoy yourself. You certainly don't need another stressor. For example, in order to get in your exercise time, take a walk around the neighborhood to enjoy the decorations or try something new like snow shoeing or cross country skiing. These simple things can help to keep the holidays wonderful and simple.

Let's face it, everywhere you go there will be food. What do you do? First remember "Everything in Moderation!" Here are some other tips to help you manage successfully:



If you know ahead of time that you will be in a situation of temptation, plan your day accordingly. Eat healthy at home and consider filling up on good nutritious foods prior to going out, in order to minimize cravings.

#### Fill your plate with healthy foods.

Pick the one item you absolutely must splurge on and put a small amount of it on your plate, guilt free. But remember that it is on your plate & avoid the other things that you don't really need or like.

When going to a dinner party let your hostess know you have dietary restrictions in advance. Most people appreciate knowing any specific needs so they can make their guests more comfortable. It may be something as simple as setting out an artificial sweetener with coffee. It may also reduce the "hurt feelings syndrome" when you are selective and take small amounts of food.

Another important thing to remember is that alcohol does have calories and can interfere with medications. If you have specific questions on use of alcohol with your medical regime, talk to your doctor or pharmacist for the best advice.

Eating healthy is good for everyone, not just people with diabetes. If you are bringing food to a gathering, make it healthy. If you plan on baking use a diabetes friendly recipe. There are many great recipes available online, in magazines, and at your local library.

Check your blood sugar levels regularly especially during the holiday season. The feedback provided is invaluable and provides a lot of insight into what your personal limits are. Ideal goals, regardless of the season, are fasting values of 80-120 mg/dl and about 140 mg/dl 2 hours after eating. Higher values may indicate there is a little too much holiday cheer going on.

With a little bit of moderation, you can help to ensure the holidays can be enjoyed by everyone, regardless of diabetes. And with a little bit of moderation, you can help to ensure that there will be many more enjoyable holiday seasons to come!

If you would like to learn more about managing your diabetes, HealthLink Littauer will begin a sixweek series of free educational classes on "Diabetes Self-Management" beginning January 25, 2018. For more information, call HealthLink Littauer at 518-736-1120. You can e-mail us at healthlink@ nlh.org, see our website at nlh.org, or visit our new wellness center at 2 Colonial Court in downtown Johnstown, Monday - Friday, 9 a.m. - 5 p.m. We're your community health & wellness service of Nathan Littauer Hospital and Nursing Home.

**1st Annual** Christmas **Open House Great Gift Ideas Refreshments** Open Daily 9am - 5pm 107 Central Ave. (off Water St.) Northville, NY 12134 518-696-3530

Δ

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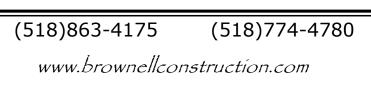
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## Edinburg Historical Society

PO Box 801, Northville, NY 12134

#### EdinburgHistoricalSociety.org

#### WWI VETERANS

George Blackwood, newly elected President of EHS, has a winter project of gathering the names of Edinburg WWI veterans to be put on a sign at the Nellie Tyrrell Museum. Please contact George at 518 863-6772 if you had any Edinburg WWI Veterans in your family. There are lists of WWI veterans but they are not broken down by cities and towns. Town Historian, Priscilla Edwards, has the list of WWI veterans that are buried in our cemeteries.

The Edinburg Historical Society is working on plans for the renovation and addition of the Rural Museum. Suggestions are welcome and volunteers appreciated. The first meeting of EHS in 2018 will be held on March 20. EHS welcomes new members – dues are \$5 per person and \$10 for families.

#### UNIQUE HOLIDAY GIFT

Looking for a unique and lasting Holiday gift for a friend or relative (especially a history buff relative) on your list. Make a tax deductible donation of \$25 and their names will be posted at the Copeland Covered Bridge Site in





their honor and they will receive a Copeland Site Certificate. You can also request that the certificate be mailed to you to present to the recipient. Remember that shares may also be purchased for yourself, as a gift, in honor of a loved one, in celebration of someone's birthday, anniversary or as a memorial for a loved one. The Copeland Covered Bridge now attracts 1,000 visitors a year. Donations are used for the preservation of the Copeland Site.

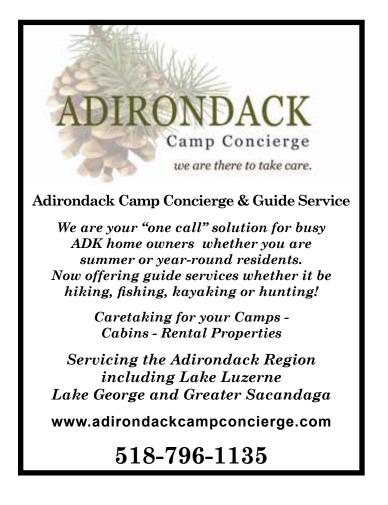
For further information and a form visit the Society's website: www.EdinbugHistoricalSociety. com. Please be aware that the shareholder's sign at the Copeland Site is in the process of being replaced and will not be finished until late spring.

Another special gift for the Holidays is a DVD with old photographs of Edinburg. The John Bennis DVDs second printing has arrived. John Bennis was a photographer and author of "A Town Divided" a book on Edinburg. The DVD is narrated by Denise Ferguson, Edinburg Town Clerk, and contains music by Edinburg local, Robin Gaiser, singer in the Mill Run Dulcimer Band. The DVD sells for \$15 and is available for purchase at the Historian's office from 9 a.m. to 12 noon at Edinburg Town Hall 518 863-2034 ext. 22.

## **Mayfield Historical Society**

#### 26th Annual Christmas Open House December 2 & 3, 2017

The Mayfield Historical Society's 26th annual Christmas Open House will be on Saturday and Sunday, December 2 and 3 at The Rice Homestead, 328 Riceville Rd., Mayfield. The free event will be held from 11 a.m. to 4 p.m. both days. The Homestead will be decorated inside and out in the spirit of Christmas. There will be tours of the home, weaving demonstrations by Eileen Wrightsman in The Loom Room, and musical entertainment on both days from 1 to 3 pm with the "Harry, Larry & Norm" trio performing on Saturday and "Fleur de Lys" on Sunday. Hot mulled cider and cookies will be served. Home made pies will be sold. Admission is free. Donations are welcome. Call 518-332-0538 for additional information.









We have had a few touches of cold weather and predictions of something white coming from the sky! I hope everyone had an opportunity to prepare for the winter because our warm days are numbered!

## Harnessing Nature: Building the Great Sacandaga

The Great Sacandaga Lake Advisory Council (GSLAC) of which the GSLA is a member has scheduled a series of viewings of the newly developed DVD. The project which is the result of a multi-year effort of a group of very dedicated and talented individuals has been received with applause from the initial viewers. The GSLAC plans to offer the DVD for sale but has not announced the process to date. Keep your eyes on this column for the latest news! The product provides a story of the Great Sacandaga with documentary treasures from many in the lake community.

#### SAFE LAKE Initiative



Lake community members of the SAFE LAKE Initiative held a second meeting to discuss safety on the lake during the summer and winter seasons. The May meeting included elected town officials, Fulton and Saratoga Sheriff Departments, the New York State Department of Environmental Conservation, the Hudson River-Black River Regulating District, the Sean Craig Memorial Fund, Inc., the Adirondack Jetski Club and the GSLA. Our November meeting updated members on group accomplishments and discussed Winter activities. We welcomed the Great Sacandaga Lake Advisory Council, the Great Sacandaga Protection Committee, the Watercraft Network and Maria Ross who lost her son Henry in a snowmobile accident on the lake and has contributed to the community to upgrade equipment for winter season first responders.

Meeting participants began discussions by highlighting work activities to prepare for the 2018 boating season. Among these, the group highlighted the need to emphasize anti-littering by continuing efforts to publicize the summer theme of 'Carry In – Carry Out' including the possible positioning of garbage bags. A new activity was proposed to remind the lake community if they 'See something – Say something' when they observe unsafe boat practices. It was noted that 'early enforcement education' would be undertaken in the Spring to remind boaters of safe boating practices.

The committee brainstormed about information which must be shared on winter activity safety particularly focusing on educating first-time winter 'guests' to the lake who may not understand the specific ice terrain issues. The group also recommended a closer coordination of the group's electronic messaging outreach and expanding the list of groups/individuals who should be invited to join the steering group. The invitation would be extended to the business community as they often are first to welcome visitors to the lake!

#### A Call to Dialogue

The Great Sacandaga Lake Association plays a role on the lake providing information and inviting the lake community to meet and develop solutions. Hopefully, more lake users will join the dialogue!

The Great Sacandaga Lake Association is a member supported organization which actively seeks member recommendations. The lake as a community is only as strong as we make it. Member comments are important to our Association. Please take the time to send us an email (sloffice@gsla.org) with your thoughts. If you like what we do ... why not join?

Keep thinking SAFE LAKE thoughts both in the summer and the WINTER!

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#### Notable Women of Edinburgh

2017 marks the 100th Anniversary of Women's Suffrage giving women the right to vote in New York State. The suffrage movement was very active throughout the state but I suspect more so in cities than rural areas. Groups of activists did in some cases send women to small towns to hold suffrage meetings. Northville historian, Gail Cramer found a newspaper clipping dated October 16, 1916 where two women-touring the state-held a meeting in Northville trying to "drum up" reinforcements. It's possible some Edinburgh ladies attended this meeting but I've found nothing else.

This got me to thinking about notable women I have known or known of and their accomplishments—paving the way for others to follow.

Emily Person, a wife and mother of three young children; being unhappy with what the local oneroom school was teaching, formed a private school of her own. Organized in the early 1870's Emily taught boys and girls alike for 25 years. Her work and dedication produced teachers, doctors, ministers, and lawyers, among others from her little "Select" school in Batchellerville.

Addie Allen was post mistress and store keeper in Edinburgh for many years in the latter part of the 1800's. A maiden lady, much of her spare time was spent with photography, taking photos of Beecher Hollow buildings and places. Most of the Beecher Hollow photos in the historian's office exist due to Addie's talent. probably shaped the most by their teachers. The old Edinburg Common School on Sinclaire road at the time I started school had three classrooms and three teachers; no kindergarten. 1st and 2nd grades in one room; 3rd and 4th in another and 5th grade in the room at the end of the hall.

Some bad experiences with the 1st and 2nd grade teacher left me rather discouraged to enter 3rd grade. These negative feelings soon disappeared when I met the new teacher, Marion Weaver Edwards Eddy. She was fun, positive and good natured. Having our names on posters for various subjects with stars added as our grades improved gave everyone the incentive to do better. Mrs. Eddy could read kids like a book and knew what to do to encourage them to do their best. My love for learning started with Mrs. Eddy and has continued my entire life.

In the 5th grade I was fortunate to get another wonderful teacher, Anna Stead. Mrs. Stead was quieter than Mrs. Eddy but could handle any situation. One time one of the larger boys would not behave nor listen to her. She promptly called his home; a family member came to pick him up. He was allowed to return the next day but he never disrupted her class again! That was the year I was introduced to "Robin Hood and his Merry Men". Every day the entire class read from a book with the students taking turns reading out loud. This was clever on Mrs. Stead's part. We each paid attention as one never knew when they would be called upon and the teacher could sort out which student needed extra help with reading.

My mom Charlotte Edwards Olmstead had only an 8th grade education. Her family could not afford the tuition to send her to high school in Northville. She sewed on gloves for a time for the extra income and was only 18 when her mom died

Aside from their parents young people's lives are

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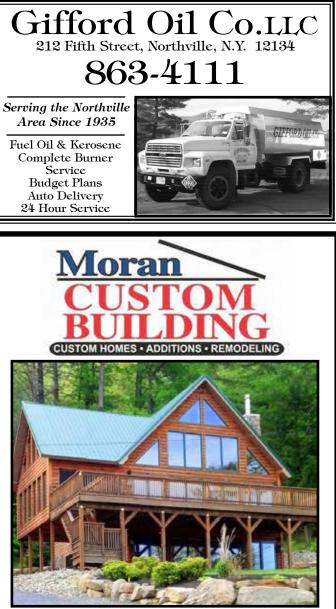
#### December 2017

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### From Previous Page

of breast cancer. Her step-father died the following year. She worked for a time for a very nice family in Gloversville as a nanny and housekeeper. When she married our dad she was already an expert at many household duties. She canned veggies, fruit and meat every year. (Canned chicken and pork are delicious). She was a super cook, seamstress and homemaker. She crocheted beautiful things including earrings and flower corsages. She loved music, especially country and western, and had a nice singing voice. She could play several instruments; piano, guitar, accordion and jew's harp—all by "ear"as she couldn't read music.(I can barely play the radio!) She never seemed to let her disadvantages get her down.

Ethel Wilbur Edwards born in 1898, was raised with her two sisters in Osborn Bridge, a beautiful little community situated between Edinburgh, Fish House, Mayfield and Northville where Ethel's dad ran the general store and post office. Ethel attended the local one-room school; graduating from Northville High School in 1916. She then completed her schooling at the Teacher Training School in Johnstown. She married in 1920 and during the early years of her marriage her girlhood home, her father's store, in fact the entire community of Osborn Bridge was lost to the waters of the Sacandaga Reservoir. I don't think she ever totally recovered from that loss but she persevered and like many families in the 1930's she worked beside her husband to feed her family of seven children and survived the Great Depression on their hard-scrabble farm in Edinburgh. She was a good neighbor-always lending a helping hand to whom ever needed one. A busy farm wife and mother she still kept a daily diary for over 70 years. Her diaries were like a local history book. I learned many valuable things from Ethel during the 36 years that she was my mother-in-law until her passing in 1994.





Madamie "Damie" Copeland Fuller was born in 1845 in the brick house in Beecher Hollow across from our current covered bridge. The daughter of Anna Eliza and Arad Copeland, Damie led a comfortable life growing up and married Seymore Fuller in 1875. The couple lived on the current Ridge road outside of Northville where Seymore owned and operated a grist mill on Hunter Creek. The young couple lost two infant sons and as time went on Seymore's health deteriorated from serious injuries he had received in the Civil War. Finally reaching a point where he could no longer work Damie and Seymore returned to Edinburgh and the Copeland homestead to live with Damie's father. After Seymore's death in 1883 Damie eventually drew his military pension which wasn't a great deal. A hard worker and to make ends meet Damie turned the brick house into a 19th century bed and breakfast or tourist home. Many of the same visitors came year after year to enjoy the sounds of Beecher Falls or to go boating and fishing on the Sacandaga River. She remained active in her church and the community her entire life.

Women have always been strong and industrious, from the ones who boarded ships in the old country to cross the ocean and land in America. The women who climbed aboard a wagon or ox cart to travel to "York" State and settle communities such as Edinburgh or the ones who climbed on a horse or aboard another wagon to head west settling the western states. Rural women had their own ways of getting things accomplished without always marching in parades or holding demonstrations.

At this time of year we think especially of the world's most notable and remarkable woman of all, Mary, the mother of Jesus. She traveled for miles and miles on the back of a donkey before giving birth to her son in a barn surrounded by cows, donkeys and sheep but was watched over by angels.

Merry Christmas and a Peaceful New Year to all my readers!





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Say the word Christmas and you get all kinds of responses, from pure delight to groans! For most people, Christmas is a time of happiness ... a time for carols, decorating, baking, shopping; a time for family and friends, Advent and Christmas church services: special music by choirs and musicians, sharing old traditions and making new ones. For some people it's a time of stress because they HAVE to sing carols, decorate, bake, shop, etc.; and holidays tend to provoke family arguments. And, for some people it's a time of sadness because they don't have any money for anything beyond the essentials and they don't have family nearby. Christmas shouldn't be a time of stress or sadness because Christmas is not just carols, decorating, baking, shopping ... it's a time to celebrate the birth of Christ, to celebrate God's Son come to earth for us. It costs nothing to celebrate that and it costs nothing to sit in church with others who are celebrating the same thing,





people who will embrace your presence and invite you to share the Christmas spirit with them .. a Christmas family. The people of First United Methodist Church greet you this Christmas season with open hearts and arms. Come, celebrate the season with us.

There will be a five week Advent Bible study for adults the five Sundays of December at 9:30 am in the youth room of the Sunday school extension. All are welcome to join the study. Contact Rev. Reese so she can order adequate study books for those attending.

A Christmas Eve candlelight service for young and young-at-heart will be held on December 24 at 7 pm. Share this beautiful evening with us.

This year's Christmas outreach projects will benefit the Brennan Humane Society by providing food, blankets, toys, cat litter, treats, etc. for the cats and dogs sheltered there. We also will have a Mitten Tree that will benefit Neighborhood Center, Inc. in Utica, a United Methodist Women founded mission program.

All children are invited to enjoy our Sunday school program - F.R.O.G.S. (Forever Relying On God's Son). We meet at 11 am on Sunday mornings in the sanctuary and are dismissed for time together following a moment with the pastor during worship. Our Sunday School is currently raising funds to purchase a pig through Heifer Project International's "Animal Crackers" program. Call the church if you have any questions about our Sunday School program.

Thrift Shop Hours are: Tuesdays, 3:30-6:30 pm; Fridays and Saturdays, 9 am-12:30 pm. We accept CLEAN gently worn clothing, free of animal hair, stains, tears, and cigarette smoke. We appreciate donations from the community but respectfully request that these guidelines be followed. If you are interested in volunteering for this mission outreach project, please let us know. New workers are always welcome.

TOPS (take off pounds sensibly) meets on Wednesdays at 5:30 pm. Cub Scouts and Boy Scouts meet on Thursdays between 6 pm and 9 pm. Choir rehearsals are Thursdays at 6:30 pm.

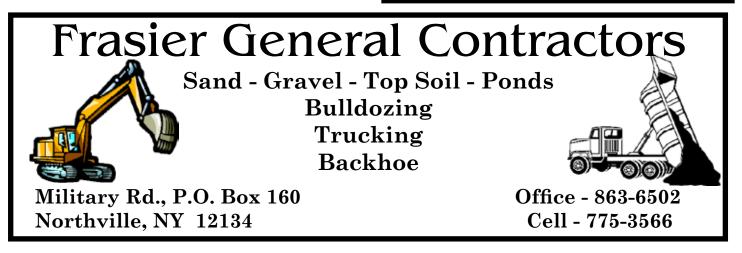
For more information about the church and its programs, contact Rev. Reese at the church office. Merry Christmas!

Nov 18 – Christmas Boutique and Chili Lunch Nov 21 – Ecumenical Community Thanksgiving Service at First UMC, 7 pm Dec 24 – Christmas Eve Candlelight Service, 7 pm

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## Edinburg Emergency **Squad News**



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ARE YOUR HOUSE **NUMBERS** VISIBLE TO EMERGENCY **CREWS FROM** THE ROAD?

Occasionally there are times when emergency response teams loose valuable seconds searching for house numbers

while responding to a call,

and believe it or not, many are not visible from the street.

Please take the time to make sure that your numbers are CLEARLY visible (both day and it's much worse at night).

In an emergency, SECONDS can make the difference between life and death.

#### **STATS** August

17 calls, all in Edinburg

93 man-hours 576 miles September 16 calls, 10 in Edinburg 104 man-hours 543 miles October 7 calls, 4 in Edinburg 39 man-hours 230 miles

#### **MEMORABILIA**

Do you have any pictures, stories or history you can share as it relates to our Emergency Squad? We'd love to hear from you - please call Jay at 863-267

#### SPECIAL BINGO DECEMBER 6TH

Come join the fun! This will be our last bingo for 2017, total payout "this night only" will be \$1,000.

Edinburg Fire Department, 7 North Shore Road, doors open at 6pm.

Bingo begins at 7pm SHARP, \$4 admission, refreshments available, cards start at \$4 A special thank you goes out to the anonymous winner of the Christmas Raffle who generously donated half of the \$1,000 back to the Squad. VOLUNTEER

We're always looking for more members, no experience necessary. Please contact Paula Blackwell at 863-6969 or inquire on our 'Edinburg-Emergency Squad' Facebook page.

#### MONTHLY MEETING

Our next monthly meeting will be held on Monday December 4th, 7:00pm at the Emergency Squad building, 30 North Shore Road, come check us out.

#### CLOSING THOUGHTS

Winter weather is knocking on our door so please drive carefully and allow extra time. All of us at Edinburg Emergency Squad would like to wish you a happy and healthy holiday season. "GOD BLESS"

SAVE THE DATE! SATURDAY DECEMBER 16TH 9AM-12PM EDINBURG EMERGENCY SQUAD ANNUAL COOKIE SALE/CHINESE AUCTION **EES BUILDING 30 NORTH** SHORE RD





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ALL PROGRAMS ARE OPEN TO THE GENERAL PUBLIC

Торіс	Date-Time	Place	Details
Chair Yoga	12/1 – 12/29 10 – 11 a.m.	HealthLink Littauer Johnstown	5 sessions (Fridays). <i>Experience gentle, peaceful yoga with the support of a chair.</i> For everyoneno matter what age you are, or what condition you are in! <i>\$7 fee/week.</i> Attend 1 session or all 5
Gentle Yoga	12/4 – 12/18 5:30 – 6:30 p.m.	HealthLink Littauer Johnstown	4 sessions (Mondays). For anyone interested in relaxing, gentle yoga sessions. Benefits include improved strength, flexibility and a positive effect on internal systems. \$7 fee/week. Attend 1 session or all 4
Annual Holiday Celebration	12/5 2:15 – 3:30 p.m.	Littauer's Nursing Home	1 session (Tuesday). <i>Annual celebration and tree lighting with our neighbors in the Nursing Home.</i> Join us for bountiful holiday spirit, song and refreshments! <i>Freewill donation to purchase gifts for residents in need</i>
Zumba!	12/5 – 12/26 6 – 7 p.m.	HealthLink Littauer Johnstown	4 sessions (Tuesdays). <i>Exercise in disguise!</i> Join the fun with this high energy, calorie-burning dance party. Modern fitness program appropriate for all abilities. <i>\$7 fee/week.</i> Attend 1 session or all 4
Zumba Gold	12/6 – 12/27 4:15 – 5 p.m.	HealthLink Littauer Johnstown	4 sessions (Wednesdays). <i>Time to dance those calories away!</i> For active older adults with easy-to-follow choreography focusing on balance, range of motion and coordination. <i>\$7 fee/week.</i> Attend 1 session or all 4
Tabata	12/6 – 12/27 5:15 – 6 p.m.	HealthLink Littauer Johnstown	4 sessions (Wednesdays). <i>Add a new fitness program to your routine!</i> Japanese full-body workout utilizing high intensity interval training suitable for intermediate-advanced levels. <i>\$7 fee/week.</i> <b>Attend 1 session or all 4</b>
NEW Relax With Mosaics	12/7 10 – 11:30 a.m. or 6 – 7:30 p.m.	HealthLink Littauer Johnstown	1 session each (Thursday). <i>Experience the relaxing benefits of mindful- ness!</i> Create a unique framed sparkling glass mosaic or ornament perfect for display or gift-giving. <i>Ornament \$10, Framed Mosaic \$25</i>
Alzheimer's: Holiday Hints	12/7 1 – 2 p.m.	HealthLink Littauer Johnstown	1 session (Thursday). <i>Discussion on how to better manage the respon- sibilities during the busy holiday season.</i> Learn new ways to help make the experience as positive as possible for you and your loved one. <i>FREE</i> !
Managing Stress: Holiday Stress	12/12 10 – 11 a.m.	HealthLink Littauer Johnstown	1 session (Tuesday). You can't avoid stressful situations over the holidays, but you CAN respond to them in healthy ways! Learn simple, proven techniques to help you de-stress your holidays. FREE!
NEW Holiday Bottle Art	12/14 10 – 11 a.m. or 6 – 7 p.m.	HealthLink Littauer Johnstown	1 session each (Thursday). <i>'Tis the season!</i> Create your very own holiday bottle using paints, glitter and seasonal decorations while discovering and sampling healthy holiday beverages for you and your family. <i>\$10 fee</i>
Better Breathers Club	12/14 1 – 2:30 p.m.	HealthLink Littauer Johnstown	1 session (Thursday). <i>Monthly support group meeting</i> For anyone with a chronic breathing condition or lung disease. <i>Topic: "Bedside Spirometry"</i> followed by discussion & refreshments. <i>FREE! No enrollment necessary</i>
♥ Health Screenings	12/19 9 a.m. – 1 p.m.	HealthLink Littauer Johnstown	1 session (Tuesday). <i>Are YOU at risk for heart disease, diabetes or a stroke?</i> Screenings include a cholesterol+HDL+glucose blood test for \$18, diabetes risk assessment, blood pressure reading & body fat analysis/body mass index measurement at no charge. <i>No appointments necessary</i>
JANUARY Core 4 Adult Weight Management	1/4 – 3/22 3:30 – 4:30 p.m.	Nathan Littauer Hospital	12 sessions (Thursdays). <i>Want to lose weight and improve your overall health?</i> Led by a Registered Dietitian and approved by the Academy of Nutrition & Dietetics, this program includes nutrition education, physical activity and behavioral modification. <i>\$125 fee (\$100 if paid by 12/22).</i>
DECEMBER SUPPORT GROUPS: No enrollment necessary ~ For details, visit nlh.org or call 518-736-1120			

→ Breastfeeding 12/6

→ Beyond Moms 12/13

- → Better Breathers 12/14
- → Alzheimer's 12/14
- Nathan Littauer 12:30 p.m. HealthLink 6:30 p.m. HealthLink 1 p.m. HealthLink 4 p.m.

- → TOPS (Take Off Pounds Sensibly) Wednesdays
- → Diabetes 12/18 → Breastfeeding 12/18 → Parkinson's 12/21 → Breastfeeding 12/23 Nathan Littauer 5:30 p.m.

Nathan Littauer 10 a.m. HealthLink 6:30 p.m. Mayfield Presbyterian 2 p.m. Mohawk Harvest 3 p.m.





## Northville Baptist Church by Barbara Klueg

Sr. Pastor: Rev. Richard C. Klueg Associate Pastor: Rev. George Hopper

#### Who's Super-Creative?

Do you have a super creative friend? I do. In fact, I have several of them ... they WOW me with their creativity: staging a home that looks even better than HGTV, or converting an old beat-up piece of furniture into something spectacular, or making adorable doll clothes, or baking and frosting an originally-designed cake, or decorating a church for Christmas with their creative, well-planned ideas.

You must come see our church at Christmastime! Every year our church decorator out-does himself. If you asked him how he does it, he would humbly answer, "I'm just using the gifts that God gave me." In the meantime we sit back and 'oooh and ahhh' over these creative people and their God-given talents.

God is the master of creativity! He designed and made our breath-taking universe right down to the tiniest, most-intricate creature. And, unlike us – He made something out of nothing! Well, He is God, so He can do that.

One of God's greatest accomplishments is when our Heavenly Father, sent Jesus to earth to be born just like us. It blows our minds to even begin to think about how Jesus can be both God and man at the same time and be sinless, but tempted to sin like we all are (and we do). But, again, He is God and God does the impossible.

Giving usually involves sacrifice, and boy did God the Father give sacrificially that first Christmas! That was God's plan all along, to give us the first and GREATEST Christmas gift ever. Imagine yourself being in Jesus' shoes. You are living in Heaven – sinless, beautiful surroundings, no war, no injustice, no violence, and then boom . . . you are being formed into a tiny baby to be born in a smelly barn to some poor people. You don't have a new crib to sleep in, but instead you lay in a mound of prickly hay. Your destiny is to live on earth for 33 years where people do not realize that you are the King of Kings. In fact, you are treated horrible; spit on, beaten, ridiculed, and finally hung on a wooden cross to die. But – this death had a purpose!

Jesus did all this for us. He willingly shed his blood to save His people from their sins! He conquered death and rose again – so we may be forgiven for our sins. Then when we die we get to go to Heaven to live forever with Him where there will be no pain, no sorrow, and no sin. And best of all, we will be praising our Maker – the super-creator for eternity.

The most well-known words in the world are probably this verse. John 3:16 "For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life." It goes on to say in the following two verses, "For God sent the Son into the world, not to condemn the world, but that the world might be saved through him. He who believes in him is not condemned; he who does not believe is condemned already, because he has not believed in the name of the only Son of God."

If you have not already turned to Jesus to repent and believe, may this Christmas be the year you receive this super-creative gift from God ... forgiveness and eternal life.

We will be celebrating Christ's birth at church again this year with our annual Christmas Eve Service. Both choirs (adults and kids) will be singing, along with some drama, of course, to share the Christmas Story. It is one of my favorite church events of the year, besides going Christmas Caroling.

Our church secretly adopts several area families every Christmas. Folks at church purchase specific



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gifts to be given anonymously to help those who may be going through a rough time financially. These gifts are wrapped in love and our deaconesses deliver them to put under their Christmas trees. Why not come out to church and pick a Christmas gift tag off our little Christmas tree in the lobby. You will be blessed by giving. Thank God that He gave . . . sharing His super-creativity with us! (Have Yourself a Merry Little Christmas!) And hope to see you in church over this Christmas season!

#### Church Schedule: Sunday: Staffed Nursery Provided Sunday School for all ages (8:45 AM)

Worship (10 AM) Youth Choir Rehearsal (11:15 at BCON Corner) 1st Sun: Video; 2nd Sun: Q & A Time; 3rd Sun: Something Special; 4th Sun: Bible Study 5th Sun: Potluck Dinner (7 PM) Monday Bible Club for grades K-5th (After school till 4 PM) Teen Girls & Guys Bible Study (8-9:30 PM) Girls at Philo's house, Guys at BCON Corner Tuesday 2nd Tues. of the month: **TBA** (Truly Blessed Adults) lunch at Sacandaga Bible Conf. (Potluck, call church for ride) Wednesday Jr. High Youth Group at BCON Corner (6-7:30 PM) Sr. High Youth Group at BCON Corner (8-9:30 PM) Thursday FREE Baked Goods at BCON Corner (10 AM) 3rd Thurs. of the month: Nursing Home Service at Nathan Littauer (10:30 AM) Prayer/Praise at Church (7 PM) Adult Choir Rehearsal (8 PM)

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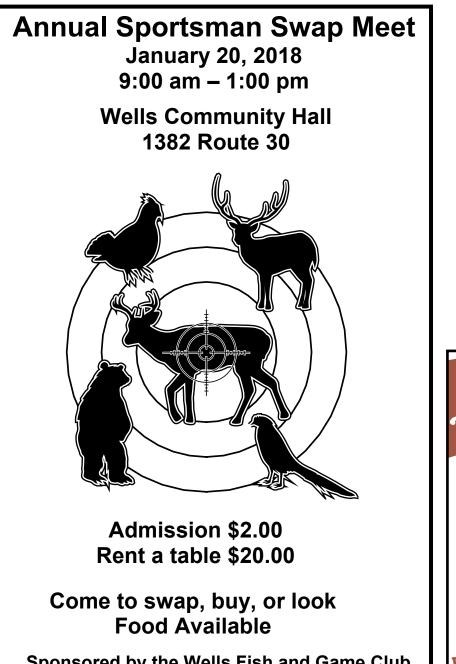
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## Wells Sportsman Swapmeet

The Wells Fish and Game Club will have their annual Sportsman Swap Meet on January 20, 2018 from 9 am-1 pm at the Wells Community Hall, 1382 Route 30. Rental for a table is \$20 or just come and browse. Shoppers will find an assortment of old and new sporting goods to purchase or trade as well as Adirondack items. Admission to the event is \$2.00 for adults and children get in free. Refreshment and baked goods will be available. For more information or to rent a table, please contact Nancy Lewis at 924-2110





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December 2017

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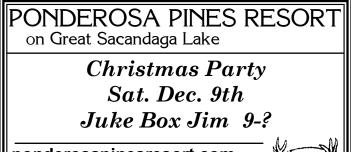
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Diners Guide



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## **Revival in Wells**

The Revival , Wells, NY is pleased to present a holiday concert on Saturday, December 16, 3pm, featuring "Liaisons Plaisantes"-an 18th century reenactment band presenting Christmas music originally recorded at the historical Johnson Hall. They are the house band at Johnson Hall in Johnstown, which was the baronial mansion originally built by Sir William Johnson and is now a state historical site.

Liaisons Plaisantes performs music mostly from before the American Revolution. Attired in period clothing they present as pure a presentation as possible as to how it might have been in the parlors of colonial America during the Christmas season. Take a break from the hectic hurriedness and gift yourself with their lovely carols and hymns in the candle lit and decorated hall. \$10.00/ under 12 half price. Refreshments.

### Merry Christmas Dinner Chicken and Biscuits

## Wednesday, Dec 6 4:00 pm-6:30 pm



Wells United Methodist Church Route 30

> Cost: By Donation Take-Outs Available

#### Menu:

Chicken in gravy, Biscuits by Bev Peters, Mashed potatoes, Green beans, Carrots, Pies, cake, and cookies, Beverage (Gluten-free option)

A night out, camaraderie, friendly conversation, a good meal (and no dishes to wash)!

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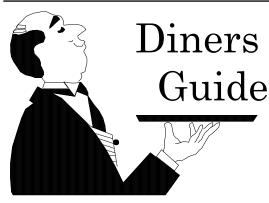
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December 2017





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The S

## Sacandaga Seniors

The Sacandaga Seniors are hosting Ms Hollis Hite with her keyboard at the

annual Christmas party on December 8th. The Seniors enjoyed getting into the spirit at the Halloween party held October 27th!



### Adirondack Folk School

51 Main Street, Lake Luzerne, NY 12846 (518) 696-2400 www. adirondackfolkschool.org info@adirondackfolkschool.org

DINE to DONATE – A great way to contribute to a wonderful non-profit just by eating lunch or dinner.

We are hosting a fundraising night at the Texas Roadhouse in Queensbury, NY, Sunday, December 3rd from 11:30AM to 9PM! This is a fun way to help the Adirondack Folk School while enjoying a fun time! AFS will receive 10% of your total ticket price, including drinks, but only if you present the printed flyer! If you are in the Greater Glens Falls Area that day, please stop by to support us! This offer DOES include take out orders! Just print this part of the newsletter if you plan on going. If you are having difficulties or you are unable to print the flyer, please email us and give us a call at 518-696-2400 and we will be happy to help you! Thank you for your support! We hope to see you there!

Date: December 3, 2017 Time: 11:30am – 9:00pm Place: The Texas Roadhouse 820 State Route 9, Queensbury, NY 12804











## Adirondack Folk School Schedule for Dec. 2017

51 Main Street, Lake Luzerne, NY 12846 (518) 696-2400 www.adirondackfolkschool.org

All classes are held at the Adirondack Folk School unless otherwise noted.

### DECEMBER

#### Saturday December 2

Woodturning-Holiday Ornaments with John Kingsley. #1129-1202. 1/2 Day. 9am-12pm. Tuition \$55. Member Tuition \$45. Materials Fee \$20. NOTE: For your safety: no loose-fitting clothes, hair tied back, comfortable shoes, and no jewelry. If sensitive to wood dust registration for turning classes is not recommended.

#### Saturday December 2

Needle Felted Winter Cardinal with Leslie Scarborough. #1004-1202. 1 Day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials Fee \$18.

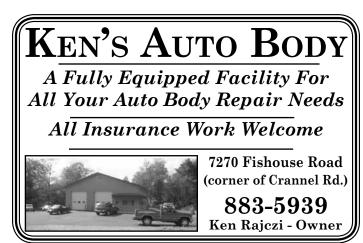
NOTE: If students have their own felting pad, the materials fee will be \$8.

#### Saturday & Sunday, December 2&3

Introduction to Floor Loom Weaving: Colorful Dish Towels with Lilly Marsh. #1040-1202. 1+1/2 days. 12/2 9am-4pm, 12/3 12pm-4pm. Tuition \$160. Member Tuition \$130. Materials fee \$15.

#### Sunday December 3

Survival Skills for the Hiker, Paddler and Backpacker with Brian Manning. #1049-1203. 1 day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials fee \$35.





#### Saturday & Sunday, December 9&10

Birch Bark Picture Frames and Mirrors with Jim Schreiner. #1013-1209. 2 Days. 9am-4pm. Tuition \$210. Member Tuition \$170. Materials fee \$30.

#### **Sunday December 10**

Rugs from Rags with Caroline Dvorak. #1061-1210. 1/2 day. 12pm-4pm. Tuition \$90. Member Tuition \$70.

#### **Thursday December 14**

Introduction to Inkle Loom Weaving with Caroline Dvorak. #1044-1214. 1/2 Day. 9am-12pm. Tuition \$55. Member Tuition \$45. Materials Fee \$5. NOTE: Parents should accompany a minor child.

#### **Saturday December 16**

Walk the Earth in Wonder with Margo Mullein. #1053-1216. 1/2 Day. 9am-12pm. Tuition \$55. Member Tuition \$45. Materials Fee \$10. NOTE: Children 5 years of age and older are welcome with an adult. Dress for the outdoors. A journal is helpful. You may also bring a basket for harvesting, if you would like.

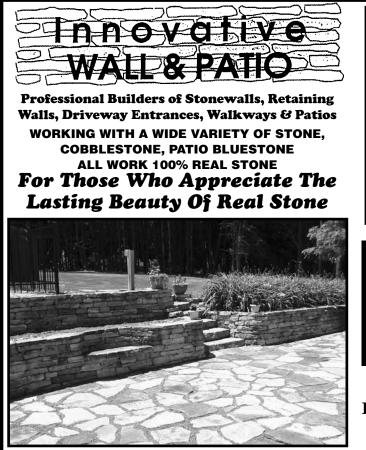
### **Adirondack Folk School**

51 Main Street, Lake Luzerne, NY 12846(518) 696-2400 www.adirondackfolkschool.org

#### **Gifting the Adirondacks Holiday Fair**

This is the day when the community is invited in to the Folk School to share some holiday goodies and a cup of something warm to ward off the Adirondack chill. It's your chance to shop for some of the amazing items made by our instructors and other local artisans. The "big room", as well as our gift shop, are brimming with decorations and gifts, snacks and good cheer. Please stop by on December 2 between 10:00 AM and 3:00PM and end our very fine 2017 season while we raise a toast to new things ahead for 2018!

Date: December 2, 2017 Time: 10:00 AM to 3:00PM Place: Adirondack Folk School 51 Main Street, Lake Luzerne, NY 12846 (518) 696-2400 www.adirondackfolkschool.org





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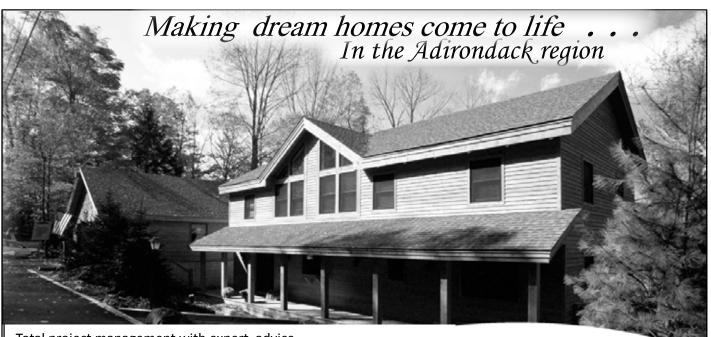
The Adirondack Folk School, is offering a scholarship opportunity for local seniors living in the Adirondack Park, thanks to the Adirondack Foundations, Generous Acts Grant.



We are offering area seniors a deep discount on 1 to 2 day classes, at least 66% off of the total membership price. If that price is out of reach, please give us a call and we will try and work something out! We have a few remaining classes in 2017 and we will soon be launching our 2018 course catalog.

Our goal is to reach as many seniors as possible with this scholarship. The value in our program is not in the crafts that are made, but the process our students go through when they complete their heirloom-quality item they were able to complete under the tutelage of expert craftspeople. The sense of accomplishment and confidence gained is truly the payoff for many of our students and instructors. Our classes are definitely beneficial to seniors. Our classes truly engage the hands, hearts and minds. Every student leaves with a great story, experience and an heirloom quality craft.

We recognize that the cost of the class can be prohibitive, especially for area seniors on a fixed income, which is why we have set up this scholarship being funded by the Adirondack Foundation.



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### **TOPS NY 1005 Northville**

What a wonderful group we have at TOPS NY 1005 Northville! Our TOPS meetings attack the problem of overweight on many fronts, not just with diet alone. It is unique in its warmth and human compassion not just at meeting time but all the week through. We have been talking about Carbohydrates, Sugars, Salt and Portion control...

Our chapter attended Fall Rally in Saratoga on November 4th.... We presented a KOPS/TOPS panel which had a huge impact on all!! Many thanks to Cathe Bard as our moderator and those have won this for many years!!

Our TOPS best loser for the month was Carmen Durkin and the KOPS best loser was Terry Poulin.

Come join us!We meet downstairs at the Bradt building (South Main Street) in Northville. Weigh in starts at 4:15 with the meeting starting soon after.

Feel free to stop in and visit our meeting (one is free) and for more information,

call Nancy Bassett @ 863-8389 or visit us at www. tops.org on the web.

"See you lighter".

on the panel (Tom Utting, Arden Detweiler, Carmen Durkin, Cookie Utting, Nancy Bassett and Terry Poulin)

KOPS alumni were recognized for their years at maintaining their goal weight (Marsha Miller-17 years, Pat Wilcox 10yrs, Cathe Bard-11yrs, Terry Poulin-14 years, Nancy Bassett-9 vrs, Ronnie Flynn-1 yr, Diane Mack-2 vrs. Janice Winney-9 months KOPS in Black award was given to Cathe and Nancy Bassett. Cathe Bard was awarded a ten year pin for **Keeping Pounds** off Sensibility ... Our Queen, Ronnie Flynn was honored as well as our reinstated KOPS... Janice Winney and Cookie Utting... Our chapter was the first to send in their registration and we had the first two tables in front!! We



#### The Northville-Sacandaga Lions Club members

would like to thank the sponsors and runners who helped to make our 19<sup>th</sup> Annual 10K Sacandaga Road Race held on October 21st a big success. The proceeds will be used towards our projects to help the visually and hearing impaired, community needs and disaster relief.

#### Please patronize these businesses – They are good neighbors

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Special thanks to the Lanzi's and the staff at The Sport Island Pub for hosting the event.



# **Edinburg School News**



Edinburg School Happenings by Ms. Kimberly S. Hromada, Superintendent

Dear Families,

I am so glad to be back at the Edinburg Common School after a very long month away. Working with the staff and families to ensure the education, health and safety of our students is what I love to do and why I chose this career. There are so many wonderful things happening in this District and I look forward to being able to share some of them with you in our monthly newsletter. This will be posted on the website and sent home hard copy as well.

I truly want to thank Mrs. Sandy Moore and Mrs. Michelle Ellis for all that they did in my absence. They worked countless hours and took on so many tasks to ensure that everything was able to continue. The entire staff are to be appreciated for working as a team to do what needed to be done. We are so lucky to have the adult team that we have here at Edinburg.

The holidays are all about togetherness and kindness toward others. We are so fortunate to live in this beautiful community and I hope that everyone has the opportunity to connect with friends and family over the holidays. It is our pleasure to share with you a couple of the wonderful things happening for/with our students/ staff as well as our upcoming events that are open to the public.

The Character Education theme for November was Gratitude, the December theme will be Respect. Please ask your child what they are learning about the Character Education word of the month and the Positive Behavioral Support word of the week.

Please remember if you have any questions, praises or concerns please contact the District at 518-863-8412 Ext. 20 or e-mail us at ecs1@ edinburgcs.org and it will be given to the appropriate personnel to address. Upcoming E.C.S. events: December 13: Board of Trustees Meeting - 5:00-6:00 Open House - 6:00-6:45 P.M. Concert - 7:00 P.M. Toys for Tots Collection - Bring a toy to

donate

December 25-January 2: Holiday Vacation Veteran's Day:



The Girl Scouts along with leaders Meaghan Cherry and Deborah Wilson did a wonderful job presenting and celebrating our area Veterans. Krissy Petruso and Grace Pastor are to be congratulated for planning this wonderful dedication that is so important to our hearts. Thank you to Constance Breda and Jenny Rockwell for the refreshments for the reception and to Mrs. Rebecca Monge for the thank you posters created and delivered by students.

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Veteran's Day and Memorial Day are two opportunities we have to honor our Veterans and we hope to continue to grow this recognition.



On October 30, 2017, Edinburg Common School kicked off their new Positive Behavior Intervention and Supports Program (PBIS). PBIS is a school wide program developed nation wide. This program creates proactive strategies for defining, teaching, and supporting appropriate student behaviors to create positive school environments. As a district we work together to recognize positive qualities such as kindness, honesty, cooperation, acceptance, etc. In order to recognize these positive behaviors, all teachers and staff (bus drivers, cafeteria, etc.) have tickets to give to students when they display one of our positive qualities throughout the day, from the moment they arrive on the bus to the moment they are released to go home. Starting once a month, students will be able to cash in their tickets at the school store to purchase items of their choosing. The students are excited and encouraged by this new program and they are really rising to the occasion! EAGLES SOAR!

## Ad & Copy Deadline is the 17th of Every Month





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Bob Call: 518-332-1514



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## Sacandaga Task Force for Senior Living Trip

The Sacandaga Task Force for Senior Living will be taking our minivan to Auriesville on Dec. 8th for a Christmas Light Show called "Light the Knight". Their Visitor Center will have cookies and cocoa, and the Gift Shop will be open. If passengers want to do some more extensive shopping first, we can stop at the Target Shopping Center in Amsterdam. If going shopping first, we would leave Northville at 4PM, stop in Mayfield at 4:10, and Vail Mills at 4:20. But if we are going straight to the Light Show, we will leave Northville at 5:30, and Mayfield at 5:40. If you are interested in this trip please call the STFSL line at 518-752-8737, and leave your name and number, and which trip you are calling about. Also mention if you want to stop at the Target Mall.

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### From Hawk On Back Page

I am heartbroken over recent events. While I believe we can work things out, life is going to be a little difficult for a while. I was depressed and upset yesterday because of the many things going on between us. After prayer, support from my family and friends, and a good nights sleep, today is a better day. I know how lucky I am that my father is alive and doing well. This week I have talked to and supported friends that are dealing with a recent diagnosis of cancer, a nasty custody battle where children are in real danger of harm, a father dying in hospice, a family seeking a caregiver for their disabled son, and a daughter who is a single mom raising her family and desperately seeking nursing home placement for her mom. What I find impressive is that these strong people reached out to me to provide comfort, when I needed it. They know that I will always be there for them, too.

We are moving to Florida in a few weeks. The timing of everything happening now is not optimal; it rarely is. I am working on keeping a positive attitude. I will be an hour plane ride from dad. That will make things easier for me. Jeremy, Sandra, the grandchildren, and my father are coming down to celebrate Christmas in the Keys. We are going to make new memories together (I plan on having lots of stories to repeat to my children and grandchildren). I will continue to focus on the good things. Our beautiful house is going on the market in the Spring. We do not know if it will sell, and if it does, we do not know where will we live this Summer.

We do know that if we trust God to lead the way, everything will work out. As you enter this holiday season, no matter what is going on in your life, keep looking forward. Look for the positives. Sadness, hurt, and loneliness may be hidden by a smile. Reach out in the simplest way to those around you. Remember that a smile, a hello, a hug, or a touch on the shoulder can change an attitude and make someone's day. You do not need an elf outfit or a Santa suit to be a steward of God. There is always an opportunity to spread some cheer. On behalf of everyone at Hawk Drilling, have a wonderful holiday!

## Ad & Copy Deadline is the 17th of Every Month







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## **Did You Know**

Fa la la la la....la la la la! The holiday season is upon us. For most people it brings out feelings of love and joy. For others it increases stress, unhappiness, and loneliness. I have been open and told you my dad moved to Assisted Living this year. He has adjusted well and has made many friends. He is active and very involved in the daily activities. Everything is taken care of for him; all he has to do is enjoy life. His dementia has robbed him of his short term memory and his ability to make appropriate decisions and handle day to day tasks. He can remember things from his youth like they happened yesterday. He repeats many stories on a regular basis, but some days I get lucky and hear something new. It is a great day when that happens. Dementia is a horrid disease that has affected the lives of so many friends. Sadly, it will continue to rise as the population gets older. The hard part is that

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the child becomes the decision maker and walks the thin line between being the parent and the child. Those of us in this role (past and present), know about making difficult decisions. We do not want to take away their independence. We do not want to have to say the word "no". When we were young, our parents told us they were making the hard decisions for us, because we were not capable of doing so. We were told they were doing it out of love. The shoe is on the other foot now, and we are saying the same things to them. Due to their dementia, they do not understand why certain things happen. Someone pointed out to me recently that they live in their own land, because of the disease.

### Continued Inside Back Page

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