

# The Edinburg Newsletter

SERVING THE SACANDAGA VALLEY & BEYOND

January 2020

REACHING OVER 30,000 READERS

VOLUME 39 # 5

Our **39<sup>th</sup>** Year of Service To The Sacandaga Valley



[edinburgnewsletter.com](http://edinburgnewsletter.com)



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# JANUARY 2020 COMMUNITY CALENDAR

## DECEMBER

Wed 25 MERRY CHRISTMAS

## JANUARY

Wed 1 Happy New Year

THURS 9 Edinburg ZONING BOARD 7:00pm

TUES 14 Edinburg School BOARD 6:00pm

Fri 10 SACANDAGA SENIORS 1:00 Edinburg COMMUNITY CENTER

Wed 15 Edinburg HISTORIC SOCIETY

THURS 17 Edinburg TOWN BOARD MEETING 6:30pm

THURS 23 Edinburg PLANNING BOARD 7:00pm

Fri 24 SACANDAGA SENIORS 1:00 Edinburg COMMUNITY CENTER

## FEBRUARY

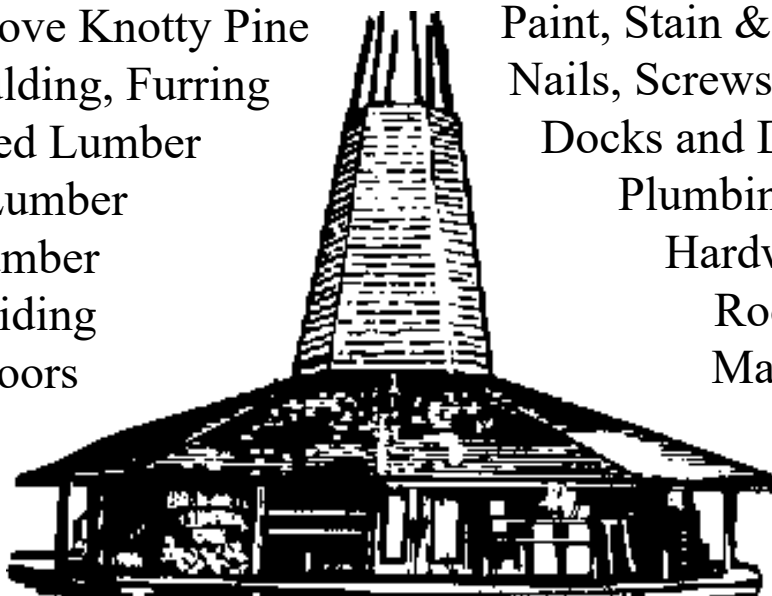
SAT 15 GSLFF Fishing CONTEST - SEE Pg. 33



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### Hours

Memorial Day  
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Mon-Sat 7:30-4:00  
Sunday 9-2



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**Birthdays -  
 Anniversaries  
 & Other**



*If you have a birthday that you would like to put in the Edinburg Newsletter e-Mail it to: [edinburgnews@frontiernet.net](mailto:edinburgnews@frontiernet.net)*

Happy Birthday

Wendy F.

Kelly F.

Wayne S.

Butch R.

Todd F.

Gracie M.

Brendan T.

Christine P.

Lena B.

Jacquo B.

Jiles W.

Paul F.

From the Four Corners Diner Gang

HAPPY NEW YEAR'S!

Thinking of you Cathy Ferguson on Jan. 2nd.  
 Love and miss you. Your family



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## STFSL Red Rooster Programs

You may attend Red Rooster Programs without attending the meal. Feel free to come for the program, or bring a bag lunch and join us! Programs are held Thursdays at the Red Rooster Café (Pink Chicken) at 99 N. Main St. (the corner of Bridge and Main) Northville.

Call Fulton County OFA at 736-5650 to make lunch reservations. If you are unable to attend the lunch, please call OFA by 9 am to cancel your meal! If the OFA meal site is closed, there will be no program that day. Chair Yoga taught by Ony Antonucci is held each Thurs. from 10:30 to 11:30. Cost of classes is \$5 per week or 6 sessions for \$25. You may join at any time. Note: Ony is taking Jan. Feb. and March off. In her absence, Marlene Guiffre will be teaching the class. Call 518 774-4634 to join.

Additional information about STFSL can be found online at STFSL.org. To request volunteer

*Continued Next Page* ➡ ➡



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## Sacandaga Snowmobile Club Winter Party February 16, 2020 Noon-Dusk

“Party in the Pines”

Outside between Placid Pines and Ponderosa Pines

Food will be served from 1-4

The club will supply hamburgers, hotdogs, and chips.  
Please bring an appetizer, side, salad, or dessert to share.

*All are welcome to attend!! Come by sled or car and join us for  
a day of fun!! Make this one of your stops on the poker benefit run!*

- Lots of club apparel for sale -T shirts / sweatshirts / hats and more.
- [www.sacandagasnowmobileclub.net](http://www.sacandagasnowmobileclub.net)





### From Previous Page

medical transportation or for information about bus trips, call 752-8737

Jan. 2nd OFA Congregate Meal 11:30-12:30  
Broccoli Cheddar Soup, Chicken Patty on a Bun, Pudding Square with Topping . We will also celebrate all January Birthdays with a Birthday Cake provided by Pat Paton.

Red Rooster Program at 12:30  
There will be no program this date. .

Jan. 9th OFA Congregate Meal 11:30-12:30  
Macaroni and Cheese, Green Beans, Stewed Tomatoes, Frosted Cake

Red Rooster Program at 12:30  
Dorothy Edwards will talk about Old Time Farming.

Jan. 16th OFA Congregate Meal 11:30-12:30  
Breaded Pork Chop, Sweet Potatoes, Sonoma Blend Vegetables, Lemon Lush  
Red Rooster Program at 12:30  
Peter Betz will talk about the History of the Fulton County Sheriff's Office.

Jan. 23rd OFA Congregate Meal 11:30-12:30  
BBQ Baked Chicken, Baked Beans, Cauliflower, Mousse



Red Rooster Program at 12:30  
Becky White, Fulton County OFA will discuss Supplemental Insurance for Original Medicare. Becky will be on hand from 11:30 to assist seniors with any issues. Also, Home Care Partners will hold their monthly blood pressure clinic.

Jan. 30th OFA Congregate Meal 11:30-12:30  
Hamburger Cabbage Casserole, Green Beans, Corn, Chef's Choice Pie

Red Rooster Program at 12:30  
David Brooks, Education Director at Schoharie Crossing will talk about the Sacandaga Canal.



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# EDINBURG TOWN REPORT

[www.edinburgny.com](http://www.edinburgny.com)

*by Jean Raymond*



**Happy New Year & Best Wishes For 2020**

## Four Corners Tree Lighting

The annual tree lighting was held on December 7th. Once again the event was a complete success thanks to the efforts of Jackie Nichols and Sandy Moore and the many dedicated volunteers. The face painting and horse and wagon rides were supplied by the town and enjoyed by everyone. Thank you to everyone who volunteered, participated and attended.

## Clean Energy Community Grant

The town has received the paperwork and contract for the \$50,000.00 grant we have been awarded as part of the Clean Energy Designation of the town. The award is through the New York State Energy Research and Development Authority. The money will be used for spray foam and blown in insulation for the highway garage and the addition being added to the garage to improve the thermal properties of the building. We also plan to install a 10-12 kW solar array to provide power for the Recycle and Reuse Center.

The project should begin next summer and be completed by 2021.

## STAR and Enhanced STAR

Any homeowner who has not signed up for the STAR program to receive a reduction in their home's assessment and a reduced school tax bill should do so before the end of February. You do not have to sign up annually for regular STAR. Seniors who are eligible for Enhanced STAR will receive a larger assessment reduction but MUST sign up each year before the end of February. If you are signing up for the first time you must apply directly to New York State. The town assessor's office can give you the information on how to apply.

## REMINDER

The Week of January 20th garbage collection will be on Tuesday and Wednesday because Monday is the Martin Luther King Holiday. If you have a garbage bid be sure it is shoveled out and the top is cleared so your garbage and recycling can be collected.

**The Newsletter Ad & Copy Deadline is the 17th of Every Month**





# NORTHVILLE PUBLIC LIBRARY



*Michael Burnett*  
**Director 863-6922**

Did you receive some new device for the holidays...a smart phone, an Ipad, a tablet, an E-reader???

The library's provides E-resources for our patrons. Go to our website: <http://northville.mvls.info> and click the button for OVERDRIVE or add the OVERDRIVE app or the LIBBY app to your reader. This will take you to the site where you may borrow E-books for Kindles, Nooks, tablets and similar devices, or E-audiobooks for your listen pleasure. You may search by author, title, or subject. If you have a problem with your device, come see us.

As the price of magazine subscriptions increases, the library is the most cost-effective way to get your magazines. Current ones are on

display and back issues may be borrowed. Also, the library has access to digital magazines. Go to: <https://mvls.overdrive.com/library/magazines>

The Sacandaga Book Group will meet on Tuesday, Jan 14 at 10 am in the library's program room. The group will discuss Jane Austen's "Sense and Sensibility". Within the insular world of the English countryside, among struggling clerical families, husband-hunting mothers and daughters, country fools and snobs, Austen found the raw material she needed to write brilliant novels widely admired for their satiric wit, subtlety and perfection of style. Sense and Sensibility is one

Hours:	
September to March	
Monday	9am - Noon
Tuesday	9am - 8pm
Wednesday	9am - 4pm
Thursday	9am - 4pm
Friday	9am - Noon
Saturday	9am - Noon

of the best of these. It is the story of two sisters, Elinor and Marianne Dashwood, who represent sense and sensibility, respectively. When both appear to be deserted by the young men they had intended to marry, the stage is set for a delicious comedy of manners that not only showcases Austen's perception, humor and incomparable prose, but offers a splendid glimpse of upper and middle-class English society of the early 18th century.

"Story Time" will be held on Sat, Jan 18 at 10 am, coordinated by Ondrea Filkins. Bring your pre-school children for stories, snack, and craft.

SVAN's Artist Exhibit will feature the works of Vartan Bonjukian. These will be available from Jan 6 – Feb 27. A reception will be held on Jan 14 from 6 to 8 pm.

A reduced amount of tax forms will be available in paper form. Most forms can be located on-line and printed.

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# DID YOU KNOW THAT—

by *Town of Edinburg Historian,  
Priscilla L. Edwards*

John Walthart Latcher was born July 30, 1836 in his native land of Switzerland, the son of David and Susanna Walthart Latcher. On April 10, 1840-at the age of three- John set sail with his parents and four brothers and sisters for America on board the ship “Iowa”. Their ship docked in New York City and the Latcher family made their way north to the Edinburg-Northville area. John’s uncle Jacob Latcher was already settled in our vicinity having come from Switzerland several years earlier.

Jacob, an excellent carpenter, was one of the workers to hew the framework for Arad Copeland’s brick house in Beecher Hollow opposite our current Copeland Covered Bridge.

David-also a carpenter-and Susanna first settled their family on a farm on Fairchild’s Corner on the present Edinburg-Northville Road in the Town of Northampton. After a few years the Latcher family moved on down the road toward Northville settling on a 70-acre farm on Ridge Road near Carpenter’s Corners. Jacob lived nearby on a 20-acre farm.

In 1866 John married Rosena Copeland, daughter of Arad Copeland.

John Latcher had a tremendous love and talent for anything in the field of machines, mechanics and believe it or not herbal medicine. We don’t know all of Latcher’s occupations in his lifetime but we do know that at some point-possibly before or shortly after his marriage-he worked at railroad

*Continued Next Page* ➡ ➡



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Merry Christmas  
&  
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## From Previous Page

shops in Albany and as a printer for the NY Herald Tribune in New York City. The training received in these jobs would serve John well in later years.

Latcher had at least 15 patents on file at the U.S. Patent office in Albany. Some of his first inventions were improvements for railroad cars, probably inspired by his days of working in the railroad shops. The railroad patents included railroad car brakes; car wheels and car axle improvement. Other patents included ones for a curry comb (for grooming horses); a washboard and a machine for cutting irregular shapes.

In a few cases Latcher worked with other men to develop an invention. He worked with a John Young to develop a clothes wringing machine; with Moses Dunham on a gauntlet glove; with Truman Smith of Johnstown on a fence post and with his brother-in-law George F. Copeland on a fishing reel.

He sold the patent rights for a wash board to C. N. Jenkins of Conklingville and a metal linoleum binder to Ray Hubbell of Northville. It is believed that Latcher designed and built at least seven

machines for Hubble. He also worked with talented Northville machinist Olaf Johnson in constructing a knitting machine.

John's remarkable talent as a machinist was known up and down the Sacandaga Valley and he often called upon to construct a special machine for one of the valley mills or to repair an existing one. The story is told of how John removed the headlights from his Metz automobile and rigged them into lighting for his machine shop.

An interesting story about one of John's inventions has circulated in Edinburg and the Latcher/Copeland families for many years. In 1865 Patent #46366 lists John Latcher as the inventor of a railroad air brake. In 1869 George Westinghouse received a RR brake patent and formed the Westinghouse Air Brake Co. shortly after. Was Westinghouse's brake the same one Latcher had patented four years earlier? Had they worked together in the Albany shops? Did Latcher sell his patent to Westinghouse? We'll never know but it does raise questions.

John and Rosena Latcher were the parents of Marshall, Frances C., Edith, Buel, Helen and Sarah Catherine. Frances C. died at 10 months and Sarah at 2 years. The rest of the children grew to adulthood. When Arad Copeland died in 1884 he willed the house on the east side of the brick house to John and Rosena. Arad's father David had once owned this house and it had always remained in the family. This is where John and Rosena raised their family and lived out the rest of their days.

Also included in Arad's will was the gift of the carriage shop being given to Latcher. John adapted the shop into a machine shop renaming it Latcher's Machine Shop. The operating turbine was replaced with a much larger one and the mill operated as a machine shop until Latcher's death in 1919.

More on the Latcher family next month

Help! Does anyone remember the small guard houses that were at the Conklingville Dam during World War II or have photos of them? Do you have anything about the Civilian Protection Council that was formed here in town? I'd really appreciate any help you might give. Priscilla

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• 2003 RS Warrior	Studded, 6k mi.	\$2,295

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## Sacandaga Seniors

Sacandaga Seniors meet every 2nd and 4th Friday of each month at 1:00 p.m. at the

Edinburg Senior Citizens Center. In case of inclement weather, we have a "phone tree" that will be activated by Marie to let everyone on our list know if we have to cancel a Meeting.

Hope to see you there.



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MLS 201932541 **\$334,000**

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#### 396 Hope Falls Rd, Hope

MLS 201925594 **\$279,900**

4BR, 2BA on 57.8 acres! Many upgrades, screened porch, fireplace, 2 sep garages.



#### 325 River Rd, Benson

MLS 201927281 **\$74,000**

1 room camp overlooking the Sacandaga River w/200' of riverfront across the road.



#### 689 State Hwy 30, Northampton

MLS 201931837 **\$49,000**

Build your dream home - approved building lot (55x100) w/views of the GSL.



#### 520 South Main St, Northville

MLS 201917080 **\$229,900**

3BR, 1.5BA lakeside home w/charm & character and 200' of direct waterfront.



#### River Rd, Benson

MLS 201927847 **\$18,000**

66x195 parcel w/gorgeous views of the Sacandaga River in a peaceful country setting.



#### Washburn Rd, Benson

MLS 201931072 **\$79,000**

Approx. 10 acres w/stream. APA approved for 2 structures. Existing unfinished cabin.



#### 232 South Main St, Northville

MLS 201934100 **\$310,000**

Yr-round lakeside 2BR, 2.5BA home w/loft & deck overlooking 70' on Northville Lake.



#### Elmer Brown Rd, Northville

MLS 201919858 **\$74,900**

Partially cleared +/- 5.02 acre parcel w/ lake access through Beach Assoc. Lot 7.



#### Elmer Brown Rd, Northville

MLS 201919860 **\$314,900**

Lot 5. Private 4.010 acre lot w/215' of lakefront w/lake rights on the GSL.



#### 151 Sunset Acres Rd, Broadalbin

MLS 201930463 **\$245,000**

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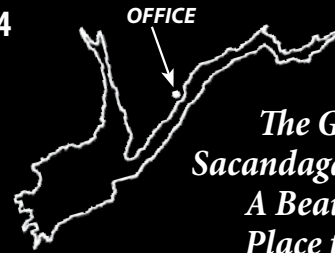
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Charming 4 BR, 2 BA home. Open floor plan: Living room with stone gas fireplace, knotty pine interior, screen porch & deck. First floor features 1 BR, 1 BA and newer family room. Upstairs offers 3 BR & 1BA, & private screen porch, Nice lake

views & 62' of sandy beach.  
 LF100

**MLS #201926149**

**NORTHVILLE**



**2042 Benson Rd. \$219,000.** 15.87 Acres: Borders State land, Private Setting w/ 2 BR furnished home w/ knotty pine interior & fireplace. Room to expand w/space for 2 bedrooms upstairs. 1-acre pond and stream., 2 car garage. RS103 **MLS #201713375**

**HADLEY**



**Yates Hill Rd. \$124,900.** 91.86 acres with road frontages on Yates Hill Rd. and Glasshouse Creek Rd. Nice terrain with creek, mixture of trees. Short drive to GSL and Saratoga County boat launch and picnic site. RS211 **MLS #201934097**

**HADLEY**



**Horse Hill Rd. \$35,000.** 10' lake access to GSL: 1.74 wooded acres with 260' road frontage. Great spot for camper, or home. LA201 **MLS#201931023**

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# REAL ESTATE




## Northampton Ambulance Service

*Kimberly Sadadolsky, Secretary*

Northampton Ambulance, December 10, 2019 meeting was held with 13 members attending.

In November the following calls were responded to: T/Northampton 4,  
V/Northville 6,  
T/Hope 2 and Mayfield 1.

Thank you to all our citizens for dropping off your refundable bottles and cans at our bin.

Merry Christmas and Happy New Year



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to attend programs or  
for more information.**

Topic	Date-Time	Place	Details
<b>Chair Yoga</b>	1/3 – 1/31 10 – 11 am 1/6 – 1/27 4 – 5 pm	HealthLink Littauer Johnstown	5/4 sessions (Fridays/Mondays). <b>Experience gentle, peaceful yoga with the support of a chair.</b> For everyone...no matter what age you are, or what condition you are in! <b>\$7 fee/session. Attend 1 session or all</b>
<b>Wellness Walkers</b>	1/6 – 1/27 9 – 10 am	Johnstown Mall	4 sessions (Mondays). <b>Indoor walking group open to anyone wanting to get active and have some fun!</b> Walking is one of the best and easiest forms of physical activity to stay healthy. <b>FREE! Attend 1 session or all</b>
<b>Gentle Yoga</b>	1/6 – 1/27 5:30 – 6:30 pm	HealthLink Littauer Johnstown	4 sessions (Mondays). <b>For anyone interested in relaxing, gentle yoga sessions.</b> Benefits include improved strength, flexibility and a positive effect on internal systems. <b>\$7 fee/session. Attend 1 session or all</b>
<b>The Butt Stops Here!</b>	1/7 – 2/18 6 – 7:30 pm	Nathan Littauer Gloversville	7 sessions (Tuesdays). <b>Award winning program helping thousands to QUIT smoking!</b> Get the tools and support you NEED to become nicotine-free. <b>\$25 fee...attend all sessions and receive a full refund!</b>
<b>Health Screenings</b>	1/8 9 am – 1 pm	HealthLink Littauer Johnstown	1 session (Wednesday). <b>Is YOUR number up?</b> Screenings include a Cholesterol+HDL+Glucose blood test \$18; diabetes risk assessment, blood pressure reading & BMI measurement at no charge. <b>No appointment needed</b>
<b>Alzheimer's: Know The 10 Signs</b>	1/9 10 – 11 am	HealthLink Littauer Johnstown	1 session (Thursday). <b>Interactive discussion on the 10 warning signs of Alzheimer's disease and why early detection matters!</b> We'll separate myth from reality and discuss commonly-held fears about dementia. <b>FREE!</b>
<b>NEW... My Plate On A Budget</b>	1/14 11 am – 12 noon	HealthLink Littauer Johnstown	1 session (Tuesday). <b>Learn how to save money and eat better!</b> Join us for this special session on stretching your food dollars and preparing nutritious meals. We'll cook and sample a low-cost healthy recipe! <b>FREE!</b>
<b>Seasonal Crafts</b>	1/16 6 – 8 pm	HealthLink Littauer Johnstown	1 session (Thursday). <b>Outside the snow is falling so come inside, the snowmen are calling!</b> RELAX and unwind as you create your own unique wine glass snowman to keep or give as a gift. <b>\$15 fee includes all materials</b>
<b>Childbirth Preparation Class</b>	1/18 8 am – 4 pm	Nathan Littauer Hospital	1 session (Saturday). <b>Prepares expectant parents mentally &amp; physically for the childbirth experience.</b> Includes options for managing pain during labor & delivery and infant choking/CPR. <b>\$45 fee (scholarships available)</b>
<b>Tai Chi For Arthritis</b>	1/20 – 3/12 11 am – 12 noon	HealthLink Littauer Johnstown	8 week series (Mondays & Thursdays). <b>For anyone with arthritis, joint or muscle problems.</b> Learn 6 gentle movements to improve flexibility, strength, balance, mental focus & performance of daily activities. <b>\$50 fee</b>
<b>Zumba Gold</b>	1/22 & 1/29 9 – 9:45 am	HealthLink Littauer Johnstown	2 sessions (Wednesdays). <b>Time to dance those calories away!</b> For active older adults with easy-to-follow choreography focusing on balance, range of motion and coordination. <b>\$5 fee/session. Attend 1 session or both</b>
<b>Infant Care &amp; Parenting</b>	1/23 6 – 8 pm	HealthLink Littauer Johnstown	1 session (Thursday). <b>Babies aren't delivered with instruction manuals!</b> Parenting basics including how to calm a fussy infant, sleep patterns, feeding, sick child care, keeping them safe, and infant choking/CPR. <b>FREE!</b>
<b>Snowshoe Hikes</b>	1/25 & 1/31 10 am – 12 noon	Scotch Bush Tree Farm Amsterdam	1 session each (Saturday/Friday). <b>Rated Easy-Beginners Welcome.</b> Join us as we snowshoe along a serene farm trail by a picturesque pasture to a peaceful creek. <b>\$10 fee/session (limited number of snowshoes available)</b>
<b>NEW... Healthy Winter Skin</b>	1/25 & 1/31 1 – 2:30 pm	Willow Tree Wisdom Amsterdam	1 session each (Saturday/Friday). <b>Protect your skin from winter's effects!</b> Make your own peppermint body butter to keep your skin healthy & moisturized throughout the season! <b>\$15 fee/session includes materials</b>
<b>Chronic Disease Self Management</b>	1/28 – 3/3 10 am – 12:30 pm	HealthLink Littauer Johnstown	6 sessions (Tuesdays). <b>Evidence-based series of classes for anyone with an ongoing health condition.</b> Learn to manage and cope with the symptoms of your condition. <b>FREE...complimentary refreshments included!</b>
<b>ViP Luncheon: What's New At Littauer?</b>	1/29 11:30 am – 1 pm	Nathan Littauer Hospital	1 session (Wednesday). <b>Especially For Adults 50+...</b> Enjoy a buffet-style luncheon followed by a presentation on Littauer's new services and vision for the future. <b>Lunch: \$5 ViP members, \$6 general public. RSVP by 1/27</b>

**JANUARY SUPPORT GROUP MEETINGS: For details, visit [www.nlh.org](http://www.nlh.org) or call 518-736-1120**





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by Brian DeFeo

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- 11/22 Power Lines Down
- 12/8 Mutual-Aid to Broadalbin, Mutual-Aid from  
Northville

Also, in recent months The Fire Company  
welcomed two new members; Carl Quagliano and  
Thomas Murphy. This brings our total active  
membership up to twenty-four. Thanks to all of our  
members as we embark on 2020.

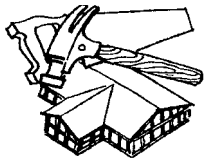
As January arrives and we are once again  
firmly in Winter’s grip. Many find ourselves  
thinking of one thing – getting out of the house  
and back on the Lake. Whether it be ice fishing,  
snowmobiling, or a simply hike to the other side  
and back on a bright sunny day. But with this  
comes some inherent risks. With the exceptions  
of Jesus of Nazareth and the Apostle Peter (who  
didn’t do so well) none of us can walk on water.

Knowing the true depth of the ice under your  
feet needs to be a real preoccupation of anyone out  
on the Lake. There are many factors that go into  
when the Lake might be safe enough to traverse.  
Yet, where it might be safe in one area it could be  
deadly in another. The one universal rule if there  
is such a thing, is to err on the side of over caution.

The Great Sacandaga is unique among  
Adirondack lakes in that while it has been called  
a lake for many years now, it remains a reservoir  
and before that it was a river. As such the  
Sacandaga has some interesting characteristics.

First is the constant current below the surface  
of the ice. The Sacandaga continues to take in

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water run off at times over the Winter from its numerous tributaries. Conversely, the HRBRRD authorities may for various reasons opt to release water thus lowering the Lake over course the Winter. In either case stress is created over the ice sheet and dangerous ridges may form.

Local folks have a pretty good sense where these formations will appear and in the case of snowmobiling drive accordingly. However it is not that unusual for people to be driving their sleds well in excess of sixty plus miles per hour (as I see them passing cars driving parallel to South Shore Road). The fact that it might be well into the night has little effect on poor judgment.

Yet ice ridges are not the only possible dangers. As I write this piece in mid - December a twenty foot section of somebody's really nice dock is floating about one hundred feet off shore and heading south. Odds are that when you read this in January that dock is frozen somewhere out in the Lake. Its not going to move when you hit it - you will.

Lastly let's briefly review some of the typically acceptable standards of what should be safe ice depth. Keeping in mind however that surprisingly, not all ice is created equal. Clear or blue ice is said to be the strongest, gray or white ice less so, and slushy or slightly brown ice often found in late winter / early spring the weakest.

Experts seem to each have their specific version of what might be safe ice thickness, but keep in mind when referring this chart that ice thickness is only one of several factors these include: characteristics of a body of water, recent

day / night temperatures, wind conditions and very importantly snow coverage as the latter tends to prohibit ice formation.

4" of ice: individual fishing, hiking

6" of ice: snowmobiling, ATV, total wt/ 800 lbs.

8' - 12" of ice: group ice fishing / shanties, total wt./ 2,000 lbs.

12" - 15" of ice: light pickup truck

Keep in mind these are approximations, not absolutes. Personally, I would add two inches to each of these depths. Always travel with a buddy and have an emergency plan in place and remember, no ice is truly safe.



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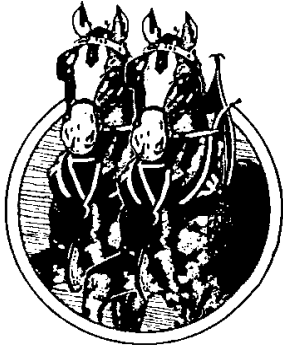
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## DON BOWMAN REMEMBERS

*Tales of the Sacandaga Valley*

*Many years ago we had a column titled Don Bowman Remembers. It was written by a gentleman who lived in this area for many years, and worked on the dam and bridge. He lived in a bygone era of simpler times and strong resourceful people. We have access to many stories of the time and have decided to start printing them in our publication again.*

*I hope you enjoy them as much as we do.*

### Some Prices in the Past

Corn was ten cents a bushel. Butter was fifteen to twenty cents a pound, eggs were five to eight cents a dozen. Prime hogs sold for \$2.55 a hundred weight. Billy D. sold a thousand pound bull for \$16.00 minus a dollar to Harry Eno for hauling it.

Some chopped meat, later called hamburger, was three pounds for a quarter. Good steak was twenty-five cents a pound. Jello was three cents a box, which was just being sold. Before that, it was Gellatin. Four was seventy-five cents for a forty pound sack. Sugar was five cents a pound. Coffee was twenty-five cents a pound for beans. You ground it yourself in a little grinder you held between your knees as you sat in a kitchen chair. Then the stores put in coffee grinders with a big wheel to turn to grind the beans. Then it was sold, ground in a pound bag in the grocery stores.

Many folks churned their own butter and also made homemade soap. Clothes were washed by hand in a tub with a wash board. Many families had their own milk, eggs, a garden, berries, an apple tree, and a potato patch. Fresh wild dandelion leaves were tasty in the spring. Also fiddle head ferns.

Some single men worked as hired hands on farms for room and board and \$20.00 a month. Up on the mountain in the lumber camp with a bunk, blanket, and beans with salt pork at \$30.00 a month with pay day at the end of winter season.

A ring of bologna was two bits. Bacon was twenty cents a pound, salt pork fifteen cents a pound. Kerosene – coal oil was twelve cents a gallon. But sometimes with the men of the family up on the mountain mama and the kids did not

have the price of a gallon. So they ate the supper – what there was – in the early dark of the winter days, with the fire door of the stove open in order to see to eat and do school lessons.

If papa worked at the sawmill or tannery, pay night was Saturday and if he did not squander it in the grog shop, they could go to the store.

Ladies clothes, shoes of real leather were two to three dollars a pair. A simple dress was one to three dollars, dress up dress five dollars and up. A fifteen dollar coat was real nice with a hat to go with it for \$1.25.

Many women made theirs and children's clothes from the cloth of feed sacks. Yeah, cracked corn, scratch feed and such came in cloth bags with printed, colored patterns in the cloth, various flowered patterns. So the ladies would swap feed sacks with neighbors, at home, in the store. Even take a swatch of what was needed to church. That way they got enough matched material to make a full dress. Some women folk lived on the route that the glove man took. He came from Gloversville, brought material and patterns, picked up completed gloves and paid cash.

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## Flower Talk

*by Sally Peck of The Flower Barn*

### Baby's Breath

Baby's Breath got its namesake from being used as a gift for baby showers long ago. In the 1990's Baby's Breath was put into everything. Its presence has backed off a bit and now found its proper place in the floral industry with purpose, accenting flowers (known as filler flower), and meaning. It's true name is Gypsophila. The name refers to the fact that the plant loves calcium rich soils and can often be found growing wild in the areas where there are gypsum deposits. It is from the family Caryophyllaceae, the family of carnations.

Baby's Breath was introduced into the United States in 1828 when many plants admired by the Victorian gardeners of Great Britain made their way into the gardens of the USA. Gardeners immediately fell in love with the plant. It was described as a "...plant of great daintiness, both in foliage and flowers..." Baby's Breath attracts many varieties of butterflies and bees.

The baby's breath flower is also known for

its healing properties and is usually used for the production of medications that can treat leukemia. It has been proved recently that this flower can be used in anti-cancer drugs to improve their efficiency.

Every flower has its own symbolism and can help us express emotions without saying anything (Flower Etymology (language of flowers), gained popularity in the Victorian Age). Baby's breath is a symbol of eternal love. That's why this flower is usually used in wedding ceremonies, bridal bouquets and as well as adoring wearable flowers (in the hair, corsage and boutonniere). Another symbolic meaning is related to freedom, as well as innocence and purity, so it is associated with newborn babies. A tradition in many countries all over the world is to give this flower (usually in form of a bouquet) to a woman who has recently become a mother and at baby showers. The baby's breath flower also means that we should be focused on love and other good things that are happening to us, striving to be self-disciplined and focused on our goals in life. Even though there may be a lot of problems in your life, you should think positively

*Continued Next Page* ➡ ➡

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## From Previous Page

and go on. You should never give up from your goals and aspirations. This flower also symbolizes the Holy Spirit, so it is usually a part of Christian ceremonies. In the past, religious ceremonies could not be conducted without this flower.

If you know something about flower symbolism, then you know that the colors of flowers are important. There are many different colors of Baby's Breath (some are colored by florist) White: purity and everlasting love, used for weddings and baby showers Pink: love and respect, used for anyone meant for that meaning and baby girls. Yellow: joy, happiness and friendship. Purple: royalty and nobility, usually gifted to someone who is special to you. Red: love & romance (as with most red flowers). Orange: optimism & joy, great for friends or family. Blue: respect & trust and of course baby boys.

This little flower has such a great purpose in vases, gardens, medicine and life. Next time you see it in an arrangement, or by itself I hope you will appreciate the big meaning behind the little flower.

Trust & contact your Local Florist directly. Avoid the impersonal Order Gatherers and e-Commerce 'flower' dealers with their middleman and added fees.

## People Over 25 Should Be Dead

### A note to the survivors:

According to today's regulators and bureaucrats, those of us who were kids in the 40's, 50's, 60's, 70's probably shouldn't have survived. Our baby crib's were covered with bright-colored lead-based paint. We had no childproof lids or medicine bottles, doors or cabinets, and when we rode our bikes, we had no helmets. (Not to mention the risks we took hitchhiking.)

As children, we would ride in cars with no seat belts or air bags. Riding in the back of a pickup truck on a warm day was always a special treat.

We drank water from the garden hose and not from a bottle. Horrors! We shared one soft drink with four friends, from one bottle, and no one actually died from this.

We ate cupcakes, bread and butter, and drank soda pop with sugar in it, but we were never overweight because we were always outside playing. We would leave home in the morning and play all day, as long as we were back when the street lights came on. No one was able to reach us all day. No cell phones. Unthinkable!!

We would spend hours building our go-carts out of scraps and then rode down the hill only to find out we forgot the brakes. After running into the bushes a few times, we learned to solve the problem.

We did not have Play stations, Nintendo"64, X-Boxes, video games, 99 channels on cable, videotaped movies, surround



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sound, personal cell phones, personal computers, or internet chat rooms. We had friends! We went outside and found them!

We feel out of trees, got cut, and broke bones and teeth; and there were no lawsuits from these accidents. We made up games with sticks and tennis balls and ate worms and although we were told it would happen, we did not put out very many eyes, nor did the worms live inside us forever. We rode bikes or walked to a friends home and knocked on the door, or rang the bell, or just walked in and talked to them.

Little League had tryouts and not everyone made the team. Those who didn't had to learn to deal with disappointment.

The idea of a parent bailing us out if we broke a law was unheard of. They actually sided with the law. Imagine that!

This generation has produced some of the best risk-takers and problem solvers and inventors, ever. This past 50 years have been an explosion of innovation and new ideas. We had freedom, failure, success and responsibility, and we learned how to deal with it all.

Here's to us over 25's!!!!

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## Lake Safety: Snowmobiles

*Captain  
Peter M. Byron,*

NAV-ED SERVICES  
GROUP

Surprise, surprise .... winter is here! The great outdoors are still the great outdoors and we have a beautiful playground.

Last month we started a series of articles on snowmobiles by a quick look at the New York State sources for an overview of the operator requirements, registration and safety pointers. Please access the State website for complete information.

New York State has many resources available for both new and experienced snowmobilers. Access to these resources provides the reader with useful information on New York State requirements as well as safety. A recommended source of information is the New York State Snowmobilers Guide found at: <https://parks.ny.gov/recreation/snowmobiles/documents.aspx>

In this second installment let's review some of the State-provided information on snowmobile pre-ride planning, personal preparation, apparel, helmets, and eye protection.

Pre-ride planning is similar to the float plan which boaters use during the summer months but it has some very important additional features. In boating, we always want to leave information on our expected departure, arrival time and our planned route. This is also true for snowmobiling, however NYS reminds us to identify gas, food and emergency providers. However, the State particularly emphasizes: "it gets cold quickly when night falls, and many businesses close in the evening. Riders should always check the weather for the area they plan to ride. This is particularly important when temperatures hover near freezing". A major suggestion is to always ride in groups!

A pre-ride checklist is also recommended which looks at snowmobile fuel and fluids; registration, insurance card and safety certificate; maps, compass and other navigation equipment but most importantly as was stated earlier: **TELL SOMEONE RESPONSIBLE ABOUT YOUR DESTINATION AND RETURN TIME!** Personal Preparation is essential for a great day! The State has captured the critical nature of personal preparation in the following: "Snowmobiling requires physical and mental preparation. Good general physical condition allows riders to deal with the exertion & muscular demands that are peculiar to snowmobiling. Long all-day trips or multiple day touring require physical stamina beyond that required for shorter rides. Getting plenty of sleep, and eating hearty and nourishing meals before and during a ride is good preparation to insure the necessary stamina. Drink plenty of water. Body fluids are diminished by sweating in even the coldest weather.

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Snowmobilers should ride only when physically fit, well rested, and sober. Make it a personal point not to ride when ill, over-tired or over-excited. Mental fatigue or inattention can lead to poor judgment and unpleasant consequences. Never ride under the influence of medications that may create drowsiness or nervousness. Never, ever ride under the influence of alcohol or illegal drugs.”

Snowmobile Apparel such as boots and gloves are essential but personal to each rider. The safety features are also personal to the rider and specific to the conditions of the ride. The State offers extended suggestions in the New York State Snowmobilers Guide but can best be summarized in: “Lack of attention to snowmobile clothing and equipment is an invitation to disaster.” Individuals are different and there is “no one correct combination of clothing for all snowmobiling.”

Safety Helmets A Snell or DOT approved safety helmet “are required for all snowmobile drivers and passengers to wear except when operating on private property owned by the driver or passenger.... Helmets provide warmth, impact protection, and a platform for eye protection.” Of course a major caution is that snowmobile and motorcycle helmets are different and not interchangeable because of the need for fogging resistance. The State emphasizes that most snowmobile helmets “also have double lens face shields because they resist fogging better than the single lens types found on motorcycle helmets. Most importantly, buckle up. If your helmet comes off your head, it won’t protect you when you need it most. More useful information about helmets, including an explanation of helmet performance ratings, is covered in the NYS Snowmobile Safety Education Course.”

Eye Protection Snowmobile riding is conducted in an open environment which contains many of the beauties of nature such as ice crystals, snow and not so beautiful objects projected from your fellow riders along with overhanging branches! Protect yourself! Take a look at helmet-mounted flip shields or goggles either with our without prescription lenses. Information on sunglass features, tint selection and their time of use are available in more detail in the NYS Snowmobile Safety Education Course.

The outdoors are great. Regardless of the activity, it is important that you be prepared and safe. Whatever the activity DON'T FORGET THE BASIC SAFETY RULES!

Share our message with a friend.  
Be SAFE in the winter!

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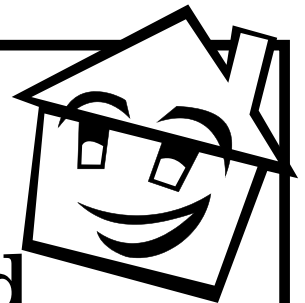
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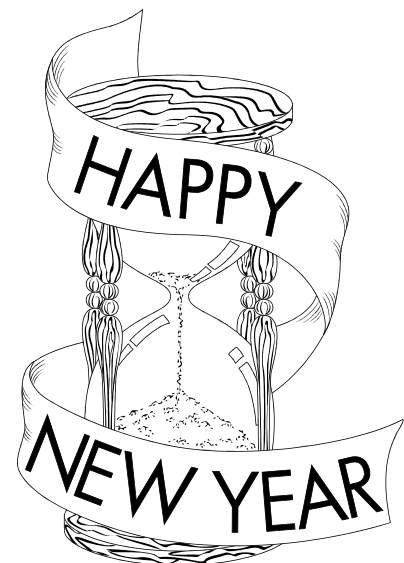
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## SARATOGA COUNTY OFFICE FOR THE AGING

Saratoga County Office for the Aging Celebrates Selection as a Hannaford Helps Reusable Bag Program Beneficiary (Ballston Spa, NY)

Saratoga County Office for the Aging has been selected as a beneficiary of the Hannaford Helps Reusable Bag Program for the month of January. The Hannaford Helps Reusable Bag Program, which launched in April 2014, is a reusable bag program that facilitates community support with the goal to make a difference in the communities where shoppers live and work. Saratoga County Office for the Aging was selected as the January beneficiary of the program by store leadership at the Hannaford located at 3 Via Rossi Way, Ballston Spa NY. Saratoga County Office for the Aging will receive a \$1 donation every time the \$2.50 reusable Fight Hunger Bag is purchased at this location during January. For more information on the Hannaford Helps Reusable Bag Program, visit [hannaford.bags4mycause.com](http://hannaford.bags4mycause.com)

For additional information, please call The Office for the Aging, (518) 884-4996.



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**Northville  
United  
Presbyterian  
Church News**

How is it that each year, our New Year's Resolutions often melt away quicker than our blessed North Country's winter snow? And are there any ways we can improve both the quality and determination of our "Resolutions" as well as improve how long we keep them throughout the New Year?

As usual, I have some thoughts that I hope will reach out to my Northville, Edinburg and greater Sacandaga friends: thoughts that have worked for me. First, here are some definitions that I have shared in past years and which, I believe, are worth remembering when we make our resolutions:

- "Resolution" (def.): "A FIRM decision to do or NOT to do something." (Derived from the root word "resolute.")
- "Resolute" (def.): Admirably purposeful, determined AND unwavering."

Pretty tough words, huh? Got It? But for now, so much for definitions and linguistics. Let us take some time to reflect on the history of the New Year, that is, the month of JANUARY. This is, coincidentally,

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the month of MY birth. In ancient Roman religion and myth, JANUS was the god of Beginnings, Gates, Transitions, Time, Duality, Doorways, Passages, and Endings. JANUS is usually depicted as having two faces, one facing forward and one facing backward, since JANUS represented looking both to the future and to the past.

My own thoughts this year (approaching my mid-seventies) ... and please join me in these reflections, are:

Looking backward to the past, "What have I done so far to follow God's words?"

And... "What have I neglected to do, or have not done enough of?"

And... "What am I going to do about this?"

It definitely helps to write down the answers to these reflections and then reflect upon them in prayer, and then act upon them as God's will moves you to. Please do it!

Finally, I must admit that I have Googled, Yelped and otherwise searched for some inspirational messages

that might close with this month's passage to y'all my sisters and brothers, whether Christian or not. Only two things that come to mind... neither from the internet, and not very complicated, but very memorable and worth being your daily goals for the year 2020:

No. 1: My advice to young ones whom ask me about life goals: I answer "Be Good and Do Good" It is not more complicated than that.

No. 2: "Why don't you do something, God, to stop this world's hatred, injustice and insanity?"  
God: "I did, I created YOU !"

So, I leave you some food for thought, "eh?" This New Year, Please do not just "TRY" but commit to DO what

OUR God, YOUR God has told you to do for us, our sisters and our brothers and the earth God has

We at Northville United Presbyterian Church Extend Prayers and Wishes for a Blessed, Joyful, and Happy 2020 Year to All, And Until Next Time, PEACE, LOVE, AND GOD'S BLESSINGS TO EVERYONE !

(Personal thoughts and views of Northville United Presbyterian Church Elder Frank Ralbovsky)

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## HealthLink Littauer's WELLNESS WORDS

*Submitted by Alicia DeRuscio B.S.,  
Community Education Assistant*

### PREVENTING ILLNESS DURING HOLIDAYS

The holidays provide us with a great opportunity to celebrate life, reflect on what's most important to us and spend time with family and friends. However, the holidays can also expose us to many germs, especially if we must travel or prepare meals for relatives, leaving our bodies susceptible to illness. This holiday season, be mindful of your health and take some extra steps to prevent spreading germs to both yourself and others.

According to the Centers for Disease Control and Prevention (CDC), one of the most important things we can do to prevent sickness both during the holidays and throughout the year is to properly wash our hands. In order to eliminate and prevent the spread of germs, the CDC recommends the following:

Wash hands with clean, running water.  
Lather your hands with soap and be sure to rub

the backs of your hands, in between your fingers and underneath your nails.  
Scrub your hands for at least 20 seconds.  
Rinse your hands thoroughly with clean, running water.

Dry your hands with a clean towel or let them air dry.

If you do not have clean, running water and soap, use an alcohol-based hand sanitizer. Apply the sanitizer to the palm of your hand and rub both hands together.

Make sure all parts of your hands are covered with sanitizer and continue rubbing them together until they are completely dry.

As many of us touch our face, mouth and eyes without even realizing it, following these handwashing steps will help minimize the spread of germs.

It's important that we utilize proper hand-washing during travel time, too. The American Automobile Association (AAA) estimates that over 100 million Americans travel during holiday time. With so many people entering airplanes, buses or trains, there's a vast amount of germs spread throughout these areas.

If you are planning to travel, make sure to carry an alcohol-based hand sanitizer with you for your hands as well as other surfaces. If you are traveling on an airplane, bus or train, sanitize areas such as tray tables, arms rests and bathroom door handles before touching them. If you use the bathroom, avoid touching bathroom surfaces; turn the sink off with a clean, dry paper towel and use the paper towel to open the bathroom door. Practicing these small hygiene habits will ensure fewer germs are spread to both you and those you're traveling to see.

While you may not necessarily have to travel on an airplane, bus or train, you will likely still enjoy a holiday meal with loved ones. Whether you are cooking for family or going to relative or friend's house, it's important to practice proper food safety. If you or a loved one plans to cook, follow the CDC's four steps to food safety:

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Step 1: Clean – Make sure to wash hands and all kitchen surfaces with warm, soapy water before preparing food.

Step 2: Separate – Keep raw meat, seafood, poultry and eggs separated from one another as well as from other foods. Make sure to use different cutting boards when preparing each item and keep them stored in separate containers.

Step 3: Temperature – Cooking foods to high temperatures will kill germs and prevent illness. Be sure to use a food thermometer to determine if foods such as whole cuts of meat, fish, poultry and ham are cooked properly. If you have to thaw foods, do so in the refrigerator, microwave, or in cold water. Avoid thawing foods on the counter because bacteria can grow more quickly at room temperature.

Step 4: Chill – After the meal, refrigerate all perishable food items within two hours. Refrigerators should be kept below 40 degrees Fahrenheit.

Handwashing, travel hygiene and food safety are all important in preventing illness in combination with practicing healthy habits. Don't forget to continue consuming a healthy, well-

balanced diet, drinking enough fluids and getting proper sleep over the holidays. While we may not always be able to avoid germs, following these guidelines will help decrease your risk of getting sick this holiday season.

For more information on preventing illness, contact your healthcare provide or call HealthLink Littauer at 518-736-1120. You can email us at healthlink@nlh.org or visit our wellness center at 2 Colonial Court in downtown Johnstown. We're your community health & wellness service of Nathan Littauer Hospital and Nursing Home.

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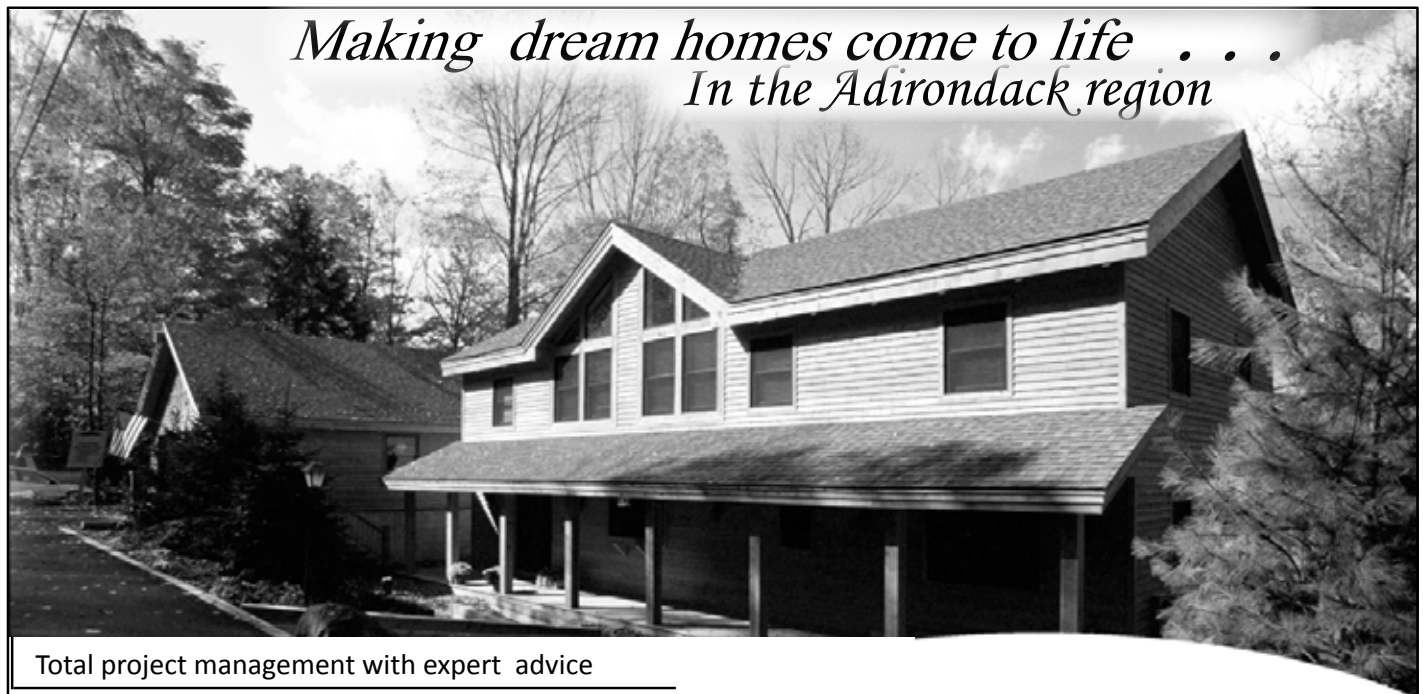
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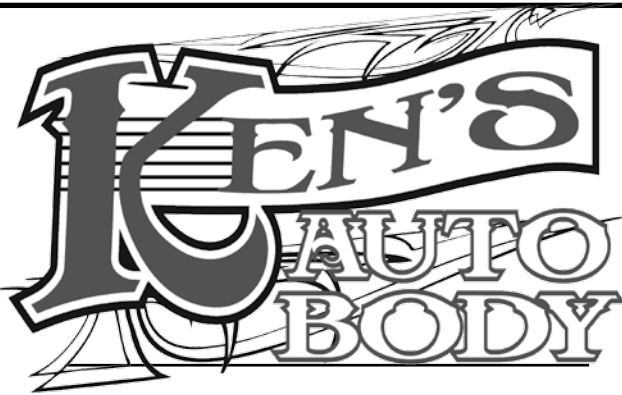
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## Northville Baptist Church

*by Barbara Klueg*

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Sr. Pastor: Rev. Richard C. Klueg  
Associate Pastor: Rev. George

**Hopper**

Associate Pastor: Pastor Andrew Larson

God Isn't Finished Yet!

We have an old-fashioned cross-stitch that says, "Please be Patient, God Isn't Finished with Me, Yet!" Maybe you need to remind yourself of the fact that God is NOT finished with you yet!

I love that we can make fresh starts every year . . . hey, sometimes every month, every week . . . even every morning! When you wake up – it's a new day! They say there are two kinds of people in the world. (Which one are you?) When you wake up, do you look out your window and smile saying, "Good Morning, Lord" or do you drag yourself out of bed and shuffle over to the window and with a grumpy voice and attitude say, "Good Lord, it's morning"?

I can't resist, I have to tell you one of my favorite jokes here. (Someone asked me, "Do you wake up grumpy in the morning?" I said, "No, I let him sleep!") . . . you have my permission to share my joke with others. Actually (thankfully) my husband never wakes up grumpy! I am so blessed.

OK . . . back to our topic.

Be encouraged folks, God is still working on you (and me)! You are HIS project. He often works in our lives in ways we cannot see. When certain situations unsettle you and just seem to keep your wheels spinning in the mud and you feel as if you are not moving forward, remember, God is still in control. The Almighty God, who daily establishes His purposes for us, has a plan for each of us. We should go to Him and ASK for His help, after all He is our Heavenly Father.



I love the ASK verses. Are you familiar with them? Matthew 7:7-11 "Ask, and it will be given to you; Seek, and you will find; Knock, and it will be opened to you. For everyone who ASKS receives, and the one who SEEKS finds, and to the one who KNOCKS it will be opened." Which one of you, if his son asks him for bread, will give him a stone? Or if he asks for a fish, will give him a serpent. If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him?"

Now, here is where a lot of patience can come in handy. You might possibly be asking God for a long time. You might be seeking for a long, long time. You might be knocking for what feels like an eternity. BUT – the good news is, we are God's children and He gives us good gifts, just like our earthly fathers like to give us gifts! I prayed for 38 years for my Dad to come to know the Lord, but after my Dad repented and turned to Jesus, it felt like I had asked and waited for a short time. God is so good!

In the meantime, while you are waiting, look around and thank God for the right-nows, for

the parts of your story where you've seen God's handiwork and experienced His faithfulness. Remember His goodness. Rely on His love. Trust that He is faithful. I don't know what you are asking God for in your life. Perhaps you are praying about a health issue, or maybe for a child or loved one, or finances, or a relationship. I don't know, but GOD KNOWS and HE CARES. It is a now the year 2020 (sounds so futuristic, doesn't it?) While you are asking God and trusting Him with your future and requests, remember to keep showing Him your love. God isn't finished yet! See ya' in church!

Sunday: Sunday School (8:45 a.m.) Worship (10 a.m.) Evening Service (6 p.m.)

Monday: Ladies Bible Study (11 a.m. & 6:30 p.m.) Bible Club after school 2:45 – 4:00 p.m. at church

Wednesday: BCON Corner: Food Pantry (10 a.m.) Youth Groups Jr. High 6 p.m. Sr. High 7:30 p.m.

Thursday: Bible Study/Prayer @ 7 p.m. 3rd Thurs: Nursing Home Service @ Nathan Littauer (10 a.m.)

Saturday: Men's Bible Doctrine Study & Coffee Hour (6 a.m.)

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# GREAT SACANDAGA LAKE FISHERIES FEDERATION INC.

*by Capt. Stephen George, Secretary*

## Greetings from the GSLFF!

The GSLFF raffle in 2019 was a big success and congratulations to the all the winners. The raffle will run again in 2020 and the tickets will be distributed throughout the spring at our local sport shops and through members. This year's raffle is a "shop local and support local business" theme and prizes will support only local businesses that help and support the GSLFF and the local economy. The prizes will be gift certificates for our local bait shops and restaurants. The winners choose between a bait shop, or a restaurant of their choice. The GSLFF is supported by all these businesses and it's our way of saying thank you to them. Without their support, and our membership support, the finances needed for fish stocking and keeping the Great Sacandaga Lake a top-notch fishery would not be there.

The flyer for the February 15th Ice Fishing Contest is available at local bait shops and via the GSLFF website. This contest will run at the same time as the Walleye Challenge and the weigh in will be at the Sacandaga Boat Club. The contest is for all species except walleye. So, when you get a big pike, a trout, or a huge perch, you're in the hunt for prize money. The raffle tickets will be available for purchase at the boat club and at the Walleye Challenge weigh in too.

With the cold weather and deer season ending, I know my attention is now focused on ice fishing. The weather has allowed for the development of some ice, 2-3" on small lakes and in the bays of our local larger lakes. Some hard-core anglers have ventured out and had some success, but when it comes to early season ice fishing, you got to think safety as the #1 priority. Always remember that

there are various strengths of ice no matter how thick it is. Clear ice is denser and stronger than ice that is white, or has bubbles in it. Ice may be thick over water that is not moving but it thins out over running or moving water so be extra careful where small streams enter a lake or where you'd expect current.

Basically, and under "normal" conditions, 2" of good ice will support a person walking with no gear, 4" is suitable for ice fishing and carrying gear, the ol saying "more is better" applies to ice thickness. It takes a good 5" to support a sled or ATV, which seems odd because they are heavy, it's because the weight of the machine is distributed more by the track of the sled and the tires of the

ATV. All the weight of the machine isn't in one spot, its spread out.

It's always a good idea to fish with a buddy in case something happens and you need help. Falling into ice cold water can turn tragic in a hurry. I always carry ice spikes so if I go through, the spikes can be used to grip the ice and pull

myself out. I also purchased, a number of years ago, an Ice Armor Gear suit that is buoyant, and I'll tell you it's the best investment I've made toward ice fishing. If I fall through, I won't sink; I'll get wet, but won't sink. Its waterproof and windproof and it help make staying out on the ice in bad weather, easy. There are other brands such as Striker that are good too. If your serious about ice fishing, it's a must have in my opinion.

How do you get involved in a great organization that promotes the overall health of the GSL fishery? How about come to a meeting, join as a member for \$10, help out with walleye and fish stocking, hang out with the coolest fishermen and woman in the state ... it's that easy! The GSLFF meetings are held every 3rd Tuesday of the month at 7pm at the Fish House Fish & Game Club located at 478 Fayville Rd, Broadalbin, NY. Additional Information can be obtained at our Website [www.gslff.com](http://www.gslff.com) or the Great Sacandaga Lake Fisheries Federation facebook page. Good luck and stay safe on the ice. Tight lines everyone!







**ANNUAL ICE FISHING CONTEST**

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**\*2020 ANNUAL ICE FISHING CONTEST APPLICATION\***

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Mailing Address \_\_\_\_\_

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Name of participating Child(ren) \_\_\_\_\_

Please check all that apply:

- Enclosed is my entry fee of \$20.00 (only current 2020 members are eligible for tagged fish prizes)
- I would like to become a 2020 GSLFF member for \$10.00 and be eligible for tagged fish prizes
- I have enclosed a donation of \$ \_\_\_\_\_ to help stock and protect the fisheries of the GSL.

**Mail completed form and entry fee to: GSLFF P.O. Box 991 Northville, NY 12134**

**\*\*We must receive mailed entries by Friday February 14th\*\***



## First United Methodist Church

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Church Phone: 518-863-4911  
website: firstumcnorthville.  
weebly.com  
Sunday Worship, 11:00 am  
Ron Talbott, Pastor

Sunday Worship, 11:00 am  
Ron Talbott, Pastor

Greetings from the members and friends of First UMC and Happy New Year 2020. A new year, a new decade, is upon us and we wonder how that happened so quickly. Now is the time to take stock of our lives, look at what we can leave behind – old hurts, old grudges, old angers that we hang onto much too tightly – and look forward to what we can do to make our lives lighter, happier. Now is the time to make our resolutions – or not! This writer makes resolutions with optimism and barely gets through the first week. If making resolutions is important to you and what you really want to do, make them realistic; don't resolve to lose 50 pounds in the first week, for example. If you want to make resolutions and you don't know what you can do, resolve to live a more joyful life; resolve to be kinder; resolve to be more helpful to friends and family and to the older person trying to get out of the store with a full cart and a cane. Resolve to love family and friends and tell them; tell them you love them; show that you love them however you can, whenever you can.

The final celebration of the Christmas season is Epiphany of the Lord – a remembrance of the

the wise men who followed a star in search of the Christ child. Epiphany Sunday is January 5 and we invite you to worship with us as we contemplate this amazing journey.

Our congregation has been in mission this past holiday season through our normal donations to the local food pantry, Lions glasses program, empty pill bottles program through the United Methodist churches, UMCOR disaster relief and our thrift store. In addition, United Methodist Women supported the "Bright Spot" program at the Northville Central School in memory of Eunice Croft. The congregation as a whole also supported our Christmas projects that benefited the wellness closet at Northville Central School, the Brennan Animal Shelter, and the "Many Mittens" program that is supported by other local churches and businesses. In addition, our Sunday School (through monetary donations from the congregation) was able to purchase two flocks of geese through Heifer Project International.

All children are invited to enjoy our Sunday school program - F.R.O.G.S. (Forever Relying On God's Son). They meet at 11 am on Sunday mornings in the sanctuary and are dismissed for time together following a moment with the pastor during worship. Call the church if you have any questions about our Sunday School program.

Thrift Shop Hours are: Tuesdays, 3:30-6:30 pm; Fridays and Saturdays, 9 am-12:30 pm. We only accept CLEAN gently worn clothing, free of animal hair, stains, tears, and cigarette smoke. We appreciate donations from the community but respectfully request that these guidelines be followed. Please do not leave bedding, toys, books or household items. If you are interested in volunteering for this mission outreach project, please let us know. New workers are always welcome.

Scouts meet weekly at First UMC on Thursdays starting at 6 pm; TOPS (take off pounds sensibly) meets on Wednesdays at 5:30 pm. Our choir meets on Thursday evenings at 5 pm for rehearsals.

We look forward to seeing you at worship on Sunday mornings at 11 am. The choir sings every Sunday and our Flute Ensemble provides additional music from time to time.

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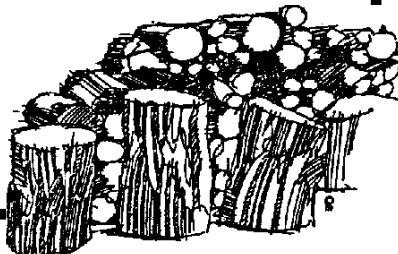
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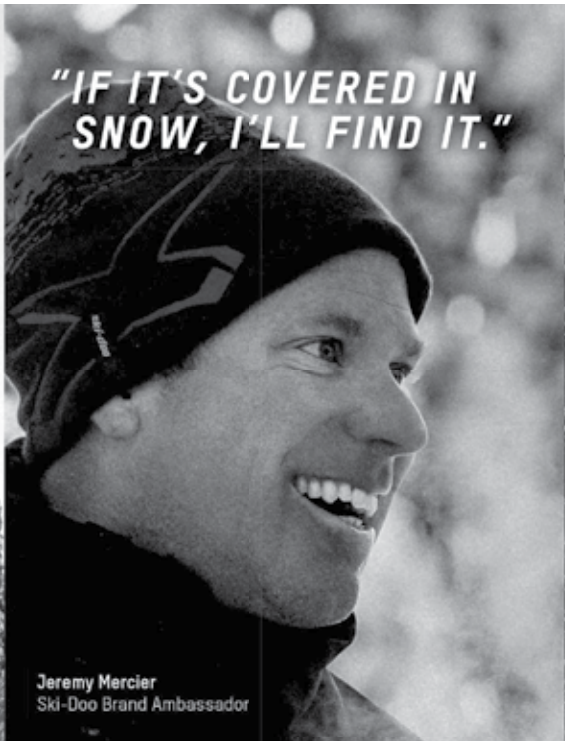
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**“ABUNDANT LOVE”**

This year 2020 will bring many changes to our lives. Some good and some bad. God of love fills us with peace and hope. God is with us in good times and in hard times, great is his faithfulness.

So you remember the little rhyme with the clasped hand motion that go with it. “Here is the Church, there is the steeple, open the doors and see all the people”. When you wiggled your fingers you made all the “people” come to life.

It is God’s spirit that brings us to life. We are the finger of God, we are the hand of the Master, still ministering to the needs of the people with “Open Doors, Open Hearts and Open Minds”. We thank God who trusts us and pours abundant love on us. Our church is open every Sunday this winter. We will close only if the weather is bad. “Welcome” to our Church and hear our pastor Gary, remind us of God’s love, healing power and hope.

**Ad & Copy Deadline  
is the 17th of Every Month**



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One of the things that set the TOPS program apart from other weight loss groups is no matter what kind of weight loss program you follow, having the support of others who share your goals and challenges, makes all the difference!

We promote at our meetings, an atmosphere of safety, acceptance, openness, caring, concern and respect for each members feelings and opinions! We present a program each week to help on one’s weight loss journey!

We are down to our core winter group and are committed to losing weight and being healthy!

We had a great Christmas get together at the Timeless Tavern with 17 members in attendance... many thanks to Lisa and Tom Wood or a wonderful dinner and excellent service! Marsha Miller hosted our grab bag event and our Christmas wreath raffle (the winners were: Diane Mack and Marsha!) Cheryl Gregor was our biggest loser of the month.... other losers were: Terry Poulin, Marsha Miller and Barbara Klueg.

Join us at TOPS NY 1005 Northville on Tuesdays! Weigh in and meetings will vary during the Winter months... call the number below to check for times...

We meet downstairs at the Bradt building (South Main St. in Northville)

The first meeting is free.

For more information, call 518-848-6062, or visit us at [www.tops.org](http://www.tops.org) on the web.

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(518) 696-2400 www.adirondackfolkschool.org

**All classes are held at the Adirondack Folk School unless otherwise noted.**

Scroll Saw Ornamental Trivets with Walt Ulrich.  
#1621-0111. 1 day. 9am-4pm. Tuition \$105.  
Member Tuition \$85. Materials fee \$20.

Saturday & Sunday, January 11&12  
Introduction to Chip Carving with Dennis Wilson.  
#1622-0111. 2 days. 9am-4pm. Tuition \$210.  
Member Tuition \$170. Materials fee \$21.

NOTE: Chip carving knives will be supplied by the school. Students wishing to purchase a chip carving knife should do so from either mychipcarving.com or chipcarving.com. An Introductory Chip Carving book may be helpful, as well.

JANUARY

*Continued Next Page* ➡ ➡

Sunday January 5  
Introduction to Woodturning with John Kingsley. #1564-0105.  
1/2 day. 9am-12pm. Tuition \$55.  
Member Tuition \$45. Materials fee \$15.

NOTE: For your safety: no loose-fitting clothes, hair tied back, comfortable shoes and no jewelry. If sensitive to wood dust registration for turning classes is not recommended.

Thursday January 9  
AFS Sewing Circle with Various Instructors. #1694-0109. 1/2 day. 10am-2pm. Tuition \$0. Member Tuition \$0. Materials fee \$0.

NOTE: Registration is not required, and tuition is free for AFS Sewing Circle.

Saturday January 11  
Stained Glass Workshop with John Vaughn. #1692-0111. 1/2 day. 9am-12pm. Tuition \$55.  
Member Tuition \$45. Materials fee \$30.

NOTE: Closed toe shoes and long pants are required for student's safety.

Saturday January 11

**HYDE'S RV & BOATS**

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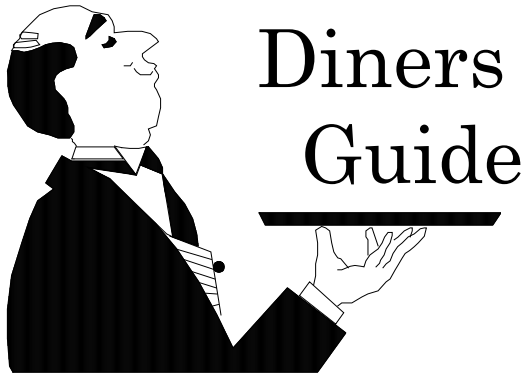
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# Diners Guide

## From Previous Page

Saturday January 18

Felted Accessories with Robin Blakney-Carlson. #1668-0118. 1 day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials fee \$20.

Saturday & Sunday, January 18-19

Birch Bark Picture Frames and Mirrors with Jim Schreiner. #1538-0118. 2 Days. 9am-4pm. Tuition \$210. Member Tuition \$170. Materials fee \$30.

Friday January 24

Introduction to Pyrography with Bret Collier. #1535-0124. 1 day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials fee \$30.

Saturday January 25

Introduction to Woodturning with John Kingsley. #1564-0125. 1/2 day. 9am-12pm. Tuition \$55. Member Tuition \$45. Materials fee \$15.

NOTE: For your safety: no loose-fitting clothes, hair tied back, comfortable shoes and no jewelry.

### Now Renting Camps For Spring & Summer Memorial Day Rentals Open

**PONDEROSA PINES RESORT**  
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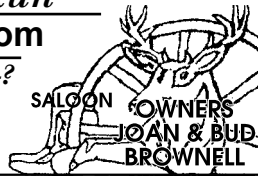
*Merry Christmas & Happy New Year*  
*2/1 Poker Run*

[ponderosapinesresort.com](http://ponderosapinesresort.com)

Open: Tue-Fri 3-? Sat-Sun 12-?

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863-4848



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**Happy New Year!**

**We will be Open Dec 31 for New Years Eve**  
(call 518-863-6989 or 518-863-6429 for your New Years Eve Dinner reservation)  
check our Facebook page for the New Years Eve Menu

### January Hours

Open Sunday, Monday and Thursday 3-9pm  
Friday and Saturday 2-10pm  
Pub Fare available during all open hours

Dinner Specials available Thursday-Sunday 4:30-8:30pm

*Monday Blues with Jess 3 to 9pm*  
*Sue's Thirsty Thursdays - Happy Hour 3-6*

Like our Facebook page for updates and specials!  
[facebook.com/placidpinespub](https://facebook.com/placidpinespub)

**-Ed and Barbara**

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If sensitive to wood dust registration for turning classes is not recommended.

Saturday January 25

Double-Bottomed Bushel Basket with Barbara Boughton. #1678-0125. 1 day. 9am-5pm. Tuition \$105. Member Tuition \$85. Materials fee \$35.

Sunday January 26

Easy Farmers' Market Tote with Elisa Schneider. #1628-0126. 1 day. 9am-4pm. Tuition \$105. Member Tuition \$85. Materials fee \$16.

NOTE: Students should bring 2 cuts of fabric - each 3/4 of a yard long (width can be 44-45" or wider). Fabrics can be solid or printed and should coordinate, as one will be used for the outside of the bag and the other for the lining. Heavier weight fabrics, such as cotton duck, denim, woven cotton or light weight quilted fabric, are best for the outside of the bag. Students should also bring a spool of thread in a coordinating color, scissors that will cut fabric, a ruler or soft tape measure and dressmaker straight pins. Instructor will have a single fabric choice on hand if needed.

## Chicken and Biscuit Dinner

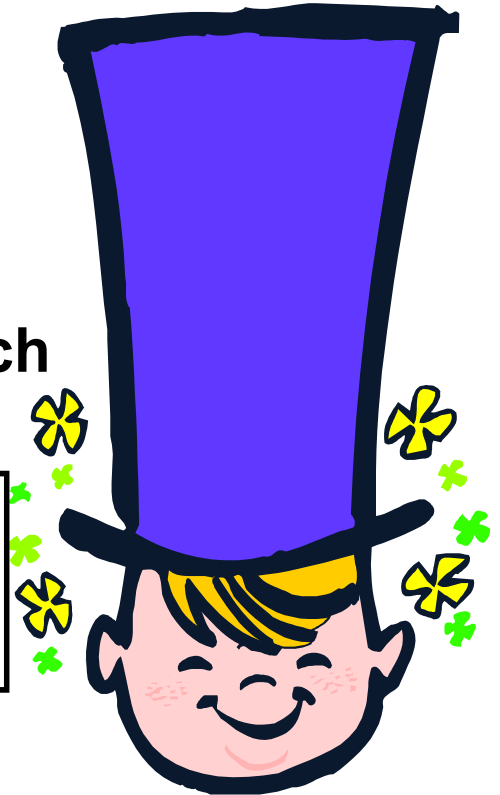
Wednesday, Jan 8, 2017

4:00 pm-6:30 pm

(Or until food runs out)

Wells United Methodist Church  
Route 30

**Cost: by donation**  
**(Take outs are available)**



### Menu:

Chicken in gravy, Bev's Fabulous Biscuits,  
Mashed potatoes, Green beans, Carrots,  
Desserts, Beverage

(Gluten-free option)

**Come out and celebrate the new year with us!**



# Edinburg School News



## Edinburg School Happenings

by *Michelle Ellis*  
*Superintendent*



On Tuesday, December 10th, families and community members listened to students in grades Pre-k through 6th participate in the annual holiday concert. Lead by Mrs. Jessie Jensen, students sang traditional and new aged holiday music that spread holiday cheer throughout the gymnasium. Our band and chorus students also shared the holiday pieces they had been practicing for months. We are so proud of our students and the musical talents they have. A special thank you to Mrs. Jessie Jensen for her hard work and dedication to the ECS music

program. Also, we would like to thank our teachers and staff for their help in making this holiday concert such a success!

On Friday, December 20th, students, teachers and staff enjoyed a special holiday themed day. The Student Council provided a movie in the morning, the Polar Express, and also supplied candy canes. The classrooms then broke out for their classroom holiday parties with a "special" visitor, Santa, who visited each classroom. In the afternoon, we had a holiday sing-along with Santa and honored our students of the month and students that received perfect attendance for the first trimester. We would like to thank Ken Adamczyk from the Northville/Northampton Joint Youth Commission for donating the big screen for our movie. We would also like to thank Santa for taking time from the North Pole to come and visit our students at ECS!

On Tuesday, January 28th, ECS will hold the second "Slice and a Story" event of the school year. If you would like to sign up to be a guest/special guest reader or to donate baked goods for the event, please call the office at 518-863-8412 for more information. We would love to have your participation in our reading events!

As always, we wish everyone a healthy and prosperous New Year and look forward to seeing everyone in 2020.

## D. Jensen Masonry

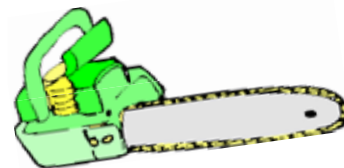
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## The Students of the Month for November Were:

**Kindergarten:**

Daniel - Respectful & Benjamin - Ambitious

**1st Grade:**

Cole - Perseverance

**2nd Grade:**

Brody - Persistent

**3rd Grade:**

Peter - Commitment & Michael - Positive

**4th - 6th -**

Autumn - Consistent & Elleah - Persistent

**Art & Music -**

Porter - Confidence and Aubrey - Confidence

## Students Honored for “Perfect Attendance” for the First Trimester Were:

Giuseppe Gentile

Katie Frasier

Brayden Shults

Jake Fountain

Brody Jensen

Jiles Wood

Kendra Finley

Michael Finley

Payton Wilson

Searria Edwards

Sophia Edwards

Erin Bradt

For more information please go to our school website at [www.edinburgcs.org](http://www.edinburgcs.org) and/or like our school Facebook page.

**Dates to remember:**

Dec. 23rd - January 3rd Holiday Break

Jan. 10th - Discovery Kids 1:45 pm-2:45 pm

Jan. 14th - ECS Board Meeting 6:00 PM

January 17th - Half Day Dismissal at 11:45 am

Jan. 20th - No school in honor of

Dr. Martin Luther King

Jan. 24th - Eagle Afternoon 2:00 PM

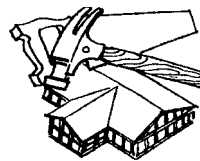
## Two Diabetes Classes

Dining with Diabetes, a program for people with diabetes or prediabetes and their family members is being offered by Cornell Cooperative Extension at the Clifton Park/Halfmoon Library, Mondays, January 13, 20 and 27, 1:00-2:30 pm, and at the Saratoga Springs Library, Thursdays, January 16, 23 and 30, 12:00-1:30 pm. Register at the library website: [cphlibrary.org](http://cphlibrary.org), or [sspl.org](http://sspl.org). These free programs are sponsored by the CPH Library and the Saratoga Springs Lions Club respectively.

Participants will learn how to fit carbohydrates into a healthy menu, effectively use food labels, choose meals at a restaurant and adopt other healthy habits to help manage diabetes through healthy eating. Recipe demonstration and samples provided. For program details call Diane Whitten at Cornell Cooperative Extension, 518-885-8995

**Ad & Copy Deadline is the 17th of Every Month**

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**MAGNETIC SIGNS**

**TRUCK LETTERING**

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**MANY COLORS & REFLECTIVE VINYLs**

by **George Bailey**  
Edinburg, NY  
By Appointment  
**863-8588**

### IMPORTANT PHONE NUMBERS

<b>LANDFILL</b>		<b>TOWN HALLS</b>	
<b>B'ALBIN</b>	Mon & Fri 8-3 Tues,Wed, Thur 12-7 Sat 8-1	<b>BROADALBIN</b>	883-4657
<b>EDINBURG</b>	Fri 12-3 & Sat 9-3	<b>DAY</b>	696-3789
<b>NORTHAMPTON/N'VILLE</b>	Mon, Tue 8-4,Sat 8-1	<b>EDINBURG</b>	863-2034
		<b>HADLEY</b>	696-3112
		<b>NORTHAMPTON</b>	863-4040
		<b>MAYFIELD</b>	661-5414
<b>TOWN CLERKS</b>		<b>DOG WARDENS: (HOME)</b>	
<b>DAY</b>		<b>BROADALBIN</b>	
Carol Vaillancourt	696-2698	Joe Passino	762-6342
<b>EDINBURG</b>		<b>DAY</b>	
Denise Ferguson	863-2034	Garrett Metzler	696-3937
<b>MAYFIELD</b>		<b>EDINBURG</b>	
Dorothy Hart	661-5414	Bill VanNostrand	774-1401
<b>HADLEY</b>		<b>HADLEY</b>	
Pauline Smead	696-2055	Jim Jenkins	696-3757
<b>NORTHAMPTON</b>		<b>NORTHAMPTON/N'VILLE</b>	
Elane Milhalik	863-4040	Vernon Duesler	863-6313
<b>STATE POLICE</b>		<b>ELECTRIC INSP.</b>	
<b>HADLEY</b>	696-2535	Mike Kratky	863-8800
<b>MAYFIELD</b>	725-3034	Ron Royal	924-7661
<b>FONDA</b>	853-3415	Joe Swanson	863-2020
<b>BROADALBIN</b>	883-5433	Brian Sweet	673-5123
<b>SARATOGA COUNTY</b>	911		
<b>FOREST RANGER</b>		<b>EDINBURG</b>	
<b>EDINBURG/DAY</b>	383-1005	<b>TAX COLLECTOR</b>	
		Faye Frasier	863-2034
<b>FIRE &amp; BLDG. INSP.:</b>		<b>EDINBURG ASSESSOR</b>	
<b>EDINBURG</b>		Ron Beckering	863-2034
Matthew Ginter Sr.	863-2034	<b>EDINBURG TOWN JUSTICE</b>	
<b>NORTHAMPTON</b>		Paula Blackwell	863-2034
Matthew Ginter Sr.	863-6580	<b>HIGHWAY SUPER</b>	
<b>NORTHVILLE</b>		Wayne Seelow	863-8126
Matthew Ginter Sr.	863-2419		
<b>DAY</b>			
Ken Metzler	696-5164		

# BINGO

**First Wednesday Of The Month Only December- April**

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## TRADING POST

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**Please send in only one month at a time. Thanks!**

Snow Tires  
 4 Michelin x-ice xi3  
 225/60 R 16 Mounted  
 on 16x7.5 rims Low  
 mileage Asking \$750  
 for all. 518-863-4452

Wanted: JD 430, 440  
 Dozer, Running or  
 repairable.518-654-6620

L.L. Bean Snowshoes  
 with poles and bag.  
 Ladies, \$75. Men's, \$75.  
 Like New.518-863-8649

Olive Green Bass Boat  
 missing- gone afloat-  
 just North of Saratoga  
 Boat Launch.  
 Steve Lankard 845-554-  
 2492



## From Hawk On Back Page

we can actually meet. It is important for us to see progress even if it is in baby steps.

My work schedule interfered with my exercising this year. It came down to a choice exercise or sleep.

I chose sleep but I really should have chosen to cut back on my work hours but that is another article. I started walking again when we got back home to Florida. Big Hoss is my walking partner and we were walking, at least, three days a week, five miles a day. Two weeks ago I fell and damaged my MCL.

A swollen aching knee has put a halt to my walking. I can't walk right now I hobble and yes I hate it. I have been so frustrated but know that my knee will not get better if I over do it. Now my goal is to get better so I can start walking again from the beginning. . . in baby steps. I can not control what happened to me but I can control how I handle it.

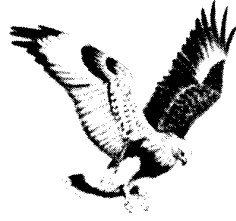
Life is never going to be perfect for any of us. We are a work in progress. When things go awry you are forced to slow down and take a look at what is happening to you or around you. I am thankful for my family and friends. When bad things happen you know who you can count on. Recently, I have realized that I only have a few close friends. I have a lot of friends but these people are different. They are the people I can always go to for anything. People like this will lift you up when you are down and set you straight when we are at our worst. Relationships with other people are important. If you are going to make a resolution, make more time to do things together with those you love. Take time for yourself. Make time for others. Cut back on extracurricular activities and take time for you. Put down your electronic devices and interact with the real world more. Many of us are guilty of this. Take a walk, call a friend, give more hugs. Explore life to the fullest. No matter what happens in life God will give you strength to get through it.

Set your goals and find your happy place in life. Life is never perfect but it can be a hell of a ride.

God will make you strong and you will find happiness. Enjoy winter lake life and be safe. Best wishes to you all for a great 2020. Happy New Year!!

**The Newsletter**  
**Ad & Copy Deadline is the**  
**17th of Every Month Please Call**  
**The Newsletter With Your Copy**  
**or Drop it Off At Our Mailbox at**  
**819 North Shore Rd. - Thanx!**





# Hawk DRILLING COMPANY, INC.

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## Did You Know

The Christmas lights are all on. The sun is shining and it is 74 degrees outside. I could not ask for a better day. I find myself, however, staring at my computer and trying to figure out what I should be writing about. I planned to write this article ten days ago and I had so many things to write about. Life interfered and all of my plans changed unexpectedly. I do not like to rush life but, I admit, I will be happy to see this month end. In my frustration over this writers block I stopped to browse through Facebook. I just read a post that made me smile and lifted me up. It said " God said: This year I made you strong. Next year I'm going to make you happy." It has been a tough year for so many people. I think, however, that God's definition of a year and our definition of a year may differ. Despite that I do believe those words. God will make us strong even when we are ready to give up. He will also make us happy even when we least

expect it.

January 1, 2020 will be here in a few days. In another week or so marketing campaigns will ramp up. We will be told how we should spend our money to succeed at our New Year resolutions. Let's face it these campaigns are about making money from us. I do not believe that on January first we are going to totally change the way we do things. We are so caught up in the day to day aspects of our life, that we sometimes forget to look at the big picture. I believe that setting goals for ourselves is important. These goals can be made at any time and they should be broken down into obtainable objectives that

## Continued Inside Back Page

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## EDINBURG

## NEWSLETTER

NORTH SHORE ROAD EDINBURG

Mail Address:

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Hadley, NY 12835



**GOD BLESS AMERICA**

September 11, 2001

We will never forget